**Supplemental Digital Content 3.** Overview of approvals from central and local ethics committees and IRB.

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| **Institution** | **Reference** | **Date** |
| Ethics Committee of the Faculty of Medicine at Ludwig-Maximilians-University Munich, Germany  | 18-205 | 03.05.2018 |
| University of Cape Town, Faculty of Health Sciences, Human Research Ethics Committee, South Africa  | 429/2018 | 22.10.2018 |
| Mbeya Medical Research and Ethics Committee, Tanzania  | GB.152/377/01/196 | 20.02.2019 |
| Ministério da Saúde, Comité Nacional de Bioética para a Saúde, Mozambique  | 559/ CNBS/ 18 | 17.12.2018 |
| College of Medicine Research and Ethics Committee (COMREC), Malawi  | P.10/18/2495 | 28.01.2019 |
| Office of Research Institutional Review Board (IRB), Christian Medical College, Vellore, India  | 11638 (DIAGNO) | 21.09.2019 |