**Table S2.** Outcomes of the self-report-questionnaires on psychological characteristics and baseline measures (*n =* 50).

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | Mean ± SD | | Actual range | Median (IQR) | Theoretical range | Cronbach’s α |
| **Attentional disengagement** | |  |  |  |  |  |
| Pain | 3.5 ± 1.1 | | 1.0 - 5.0 | 4.0 (1.0) | 1 - 5 | - |
| Itch | 4.0 ± 1.0 | | 1.0 - 5.0 | 4.0 (1.0) | 1 - 5 | - |
| Fatigue | 3.9 ± 0.8 | | 2.0 - 5.0 | 4.0 (1.0) | 1 - 5 | - |
| **Attentional focus on bodily sensations** |  | |  |  |  |  |
| Body vigilance general | 3.3 ± 1.2 | | 1.1 - 5.9 | 3.5 (1.6) | 0 - 10 | 0.56 |
| Body vigilance pain | 1.8 ± 2.0 | | 0.0 -7.1 | 1.1 (2.0) | 0 - 10 | - |
| Body vigilance itch | 1.5 ± 1.7 | | 0.0 - 6.7 | 0.9 (1.9) | 0 - 10 | - |
| Pain vigilance and awareness | 29.9 ± 12.3 | | 5.0 - 56.0 | 28.0 (19.0) | 0- 80 | 0.90 |
| Itch vigilance and awarenessa | 1.4 ± 0.8 | | 0.3 - 3.9 | 23.0 (20.0) | 0 - 80 | 0.90 |
| **Catastrophizing** |  | |  |  |  |  |
| Pain catastrophizing | 13.0 ± 7.5 | | 0.0 - 26.0 | 13.0 (12.5) | 0 - 52 | 0.87 |
| Itch catastrophizing | 8.6 ± 7.3 | | 0.0 - 35.0 | 8.0 (10.0) | 0 - 52 | 0.89 |
| **Cognitive intrusion** |  | |  |  |  |  |
| Cognitive intrusion of pain | 9.6 ± 7.3 | | 0.0 - 29.0 | 10.0 (10.0) | 0 - 60 | 0.93 |
| Cognitive intrusion of itch | 6.8 ± 7.2 | | 0.0 - 30.0 | 5.0 (10.5) | 0 - 60 | 0.95 |
| **Neuroticism** | 3.2 ± 2.6 | | 0.0 - 10.0 | 2.0 (3.0) | 0 - 12 | 0.75 |
| **Baseline** |  | |  |  |  |  |
| Pain | 0.0 ± 0.1 | | 0.0 - 1.0 | 0.0 (0.0) | 0 – 10 | - |
| Itch | 0.0 ± 0.0 | | 0.0 - 0.0 | 0.0 (0.0) | 0 – 10 | - |
| Fatigue | 2.2 ± 1.5 | | 0.0 - 6.0 | 0.0 (2.0) | 0 - 10 | - |

Note. a*n* = 49; IQR = Interquartile range