APPENDIX 3

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| Appendix 3. National & Regional E Conferences |  |  |  |
|  | Attending | Trainees | p-value |
| Have you presented at a regional or national conference? | | | |
| Yes | 89 (89%) | 104 (64.2%) | < 0.0001 |
| No | 11 (11%) | 58 (35.8%) |
| How anxious do you feel when presenting at a regional or national conference? | 41.3 ± 27.7 | 61.4 ± 24.4 | < 0.0001 |

p = 0.57

p = 0.16

p = 0.78

p = 0.01

p = 0.009

p = 0.77