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DECISION SUPPORT STRATEGIES FOR HIP AND KNEE OSTEOARTHRITIS: LESS IS MORE http://dx.doi.org/10.2106/JBJS.19.00004

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TREATMENT DECISIONS FOR KNEE OSTEOARTHRITIS

1. What are three important activities that you want or need to do that you cannot do now due to your knee?
a. Activity1. walk normally
b. Activity 2. climb stairs with ease
c. Activity 3. play golf without limitations
2. At this time, what treatment do you feel will work best for your knee?
☐ Knee replacement surgery
□ Non-surgical treatment ✓ I am not sure
3. What do you hope will happen at your upcoming visit?
· Determine stage of knee osteoarthritis
· Determine if knee replacement surgery is the next step.