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Appendix

Definitions

The PROMIS Global – 10^{14,15} is a global health assessment tool that determines a patient's function, symptoms and healthcare related quality of life (HRQoL). This survey yields mental and physical component scores.

The BRS score¹⁶ is a six question survey utilized to assess the ability of a patient to navigate stressful situations and is an overall assessment of resilience. It is scored from 1 to 5 with 1 denoting low resilience and 5 denoting high resilience.

The PEG score is a validated three question survey that is adapted from the Brief Pain Inventory and can be utilized to assess a patients pain on a weekly basis.¹⁷ It is scored from 0 to 10 with a score of 0 indicative of the least pain and least interference of pain in the enjoyment of life and activities while 10 denotes maximal pain and interference.

The OBAS score²⁰ is a survey that assesses both pain intensity and opioid symptom distress (vomiting, itching, sweating, freezing, dizziness) while factoring in patient satisfaction with pain control. The OBAS score ranges from 0 to 28 and a lower score reflects a higher benefit of pain control.

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