

# Project Survey

Please complete the survey below.

Thank you!

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|---|--|
| Are you a current resident, fellow, attending $\leq 10$ years, attending $>10$ years? | <input type="radio"/> Resident<br><input type="radio"/> Fellow<br><input type="radio"/> Attending ( $\leq 10$ years in practice)<br><input type="radio"/> Attending ( $>10$ years in practice)   |
| Were you a resident prior to the implementation of the 80 hour work week?             | <input type="radio"/> Yes, I was a resident prior to the implementation of the 80 hour work week<br><input type="radio"/> No, I was a resident after the 80 hour work week was implemented<br><input type="radio"/> The 80 hour work week was implemented during my residency training |
| Did you desire to have children during your residency training?                       | <input type="radio"/> yes<br><input type="radio"/> no<br><input type="radio"/> unsure<br><input type="radio"/> n/a   |
| During your residency, did you have a partner/significant other?                      | <input type="radio"/> Yes<br><input type="radio"/> No  |
| During your residency, did your partner/significant other desire to have children?    | <input type="radio"/> Yes<br><input type="radio"/> No  |
| If you have children, when did you have your first child (including adoption)?        | <input type="radio"/> medical student<br><input type="radio"/> resident<br><input type="radio"/> fellow<br><input type="radio"/> faculty<br><input type="radio"/> I do not have any children<br><input type="radio"/> none of the above  |
| How old were you when you had your first child (including adoption)?                  | <input type="text"/> (please enter a whole number)   |
| Did you experience a miscarriage as a resident?                                       | <input type="radio"/> Yes<br><input type="radio"/> No  |
| Did you have children as a resident (this includes adoption)?                         | <input type="radio"/> Yes<br><input type="radio"/> No  |
| What was your length of maternity leave in weeks? (please enter a whole number)       | <input type="text"/> (please round to nearest total # of weeks )   |
| How many children did you have (specifically as a resident)?                          | <input type="text"/> (please enter a whole number)   |
| Were you the first woman in your residency program to have children?                  | <input type="radio"/> yes<br><input type="radio"/> no<br><input type="radio"/> unsure  |
|   | <div>yes</div> <div>no</div> <div>n/a</div>  |

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| Did you have to take additional call prior to delivery?  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Did you have to take additional call after delivery?   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Was any of your leave unpaid?  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Did you miss any prenatal appointments due to residency obligations?                                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Were there official policies in place regarding time for maternity leave?                            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Were you required to extend your residency training time beyond the standard due to maternity leave? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Did you carry to term (38 weeks or greater)?   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

|   | yes                   | no                    | somewhat              | n/a                   |
|---|-----------------------|-----------------------|-----------------------|-----------------------|
| Were there female faculty present to turn to for guidance/mentorship throughout your pregnancy? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Did you feel supported by male co-residents when you were pregnant?                             | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Did you feel supported by female co-residents when you were pregnant?                           | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Did you feel supported by male faculty when you were pregnant?                                  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Did you feel supported by female faculty when you were pregnant?                                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

Given an opportunity to revisit your career choice, would you consider choosing a non-surgical career more accomodating of motherhood?

☐ Yes  
☐ No  
☐ Unsure

Would you advise a female medical student who desired to have children as a resident against a career in orthopedic surgery owing to difficulties balancing motherhood with the demands of residency?

☐ Yes  
☐ No  
☐ Unsure

Do you feel that you had the resources/support available to have a child/children during residency?

☐ yes  
☐ no  
☐ unsure  
☐ n/a

Did you intentionally decide to delay childbearing secondary to the demands of your residency training?

- ☐ yes  
☐ no  
☐ n/a

Did you ever consider quitting due to difficulties associated with having children as a resident?

- ☐ yes  
☐ no  
☐ n/a

### Program

|  | yes                   | no                    | unsure                |
|--|-----------------------|-----------------------|-----------------------|
| During your time as a resident did any other female residents have children?   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| During your time as a resident did your program have a designated number of weeks allotted to maternity leave?                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| During your time as a resident did your program have a written policy in place regarding maternity leave?                          | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| During your time as a resident were there lactation rooms near clinical spaces?  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| During your time as a resident were the lactation rooms equipped with phones/computers to perform clinical duties?                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| During your time as a resident were there refrigerators provided specifically to store breastmilk for women who are breastfeeding? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

How many residents per PGY year were/are in your program? (please enter a whole number)

\_\_\_\_\_

**To what extent do/did each of these factors impact your decisions regarding pregnancy and child-rearing during residency? (If you did not desire to start a family during your residency please select "The question does not apply to me")**

not at all impactful    mildly impactful    moderately impactful    very impactful    extremely impactful    question does not apply to me

|   |                       |                       |                       |                       |                       |                       |
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| Concerns about how other residents would treat you if you decided to have children during residency   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Concerns about how faculty would treat you if you decided to have children during residency           | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Concerns that you would not be taken seriously at work if you became pregnant                         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Concerns about lack of resources such as lactation rooms equipped with phones/computers while pumping | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Concerns about needing to step out of cases to pump   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Concerns about stepping out of cases due to cementing   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Concerns about not being able to perform clinical duties while pregnant                               | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Concerns about pregnancy complications due to hours worked  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Concerns about high radiation exposure to a developing fetus  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Concerns about being supported by co-residents if you were to become pregnant                         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Concerns about being supported by faculty if you were to become pregnant                              | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Concerns about maternity leave policies   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Concerns about falling behind your peers  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Concerns about not graduating on time   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Concerns that the size of your residency program was prohibitive/not conducive to having children     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Concerns about finding childcare postpartum   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

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| Concerns about the cost associated with raising a child on a resident salary       | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Concerns about long hours and an unpredictable schedule making parenting difficult | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Concerns about lack of accessible family support                                   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Concerns about time constraints for scheduling prenatal appointments               | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Concerns about morning sickness while in the OR or performing clinical duties      | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

In your opinion, what are the most prominent barriers to pursuing pregnancy and motherhood during orthopedic residency? (please choose only your top 3 answers)

- ☐ Inadequate official policies regarding maternity leave
- ☐ Fear of increased pregnancy complications
- ☐ Fear of how you will be viewed by those in your program (i.e. co-residents, faculty, and mentors)
- ☐ Lack of support from those in your residency program (i.e. co-residents, faculty, mentors)
- ☐ Lack of access to childcare in the postpartum period
- ☐ Lack of accessible family support
- ☐ Unable to ensure optimal prenatal/postpartum care for you and your child (eg. attending prenatal appointments, breastfeeding) given your unpredictable schedule
- ☐ Size of your residency program is prohibitive/not conducive to having children
- ☐ Concern for ability to balance clinical duties and duties that come with being a new mom
- ☐ Other

If you chose "Other," please write in what you believe was the most important barrier to pursuing pregnancy/motherhood during orthopedic residency:

\_\_\_\_\_

### Do you believe:

|  | agree                 | disagree              | unsure                |
|--|-----------------------|-----------------------|-----------------------|
| There should be a standardized policy across all Orthopaedic Surgery residency programs for maternity leave                        | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| If policies were in place to support women who desire to have children during residency, more women would choose ortho as a career | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

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|---|-----------------------|-----------------------|-----------------------|
| Difficulties with work/life balance as an orthopaedic resident deter qualified female applicants from entering the field. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| A smaller program makes it more difficult for a woman to have a child during residency                                    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |