What Do We Need to Know About Musculoskeletal Manifestations of COVID-19? A Systematic Review http://dx.doi.org/10.2106/JBJS.RVW.22.00013

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Appendix 1: Studies included in the Review

Author/year	Study Design	MSK manifestations
Daha ⁵ (2020)	Systematic Review	Rhabdomyolysis (14.46%), myalgia (32.7%).
Abdullahi ⁶ (2020)	Systematic Review and Meta-Analysis	Myalgia (19%), back pain (10%), muscle weakness (1.67%), skeletal muscle injury (1.67%), arthralgia (1.67%).
Ciaffi ⁷ (2020)	Systematic Review and Meta-Analysis	Myalgia, fatigue, arthralgia, chilblains.
Paliwal ⁸ (2020)	Systematic Review	Myalgia, myositis, rhabdomyolysis, critical-illness myopathy, cachexia, sarcopenia, myasthenia gravis exacerbation, Guillain-Barré syndrome.
Gawronska ⁹ (2021)	Systematic Review	Increased risk of falls.
Akbarialiabad ¹⁰ (2021)	Systematic Review	Fatigue, myalgia, muscle weakness, arthralgia, limb edema.
Crook ¹¹ (2021)	Systematic Review	Fatigue (11.9 – 93.5%).
Jiang ² (2021)	Literature Review	Chronic fatigue (up to 97.7%), arthralgia, myalgia.
Disser ¹² (2020)	Literature Review	Myalgia (25-50%), muscle weakness, atrophy, fatigue, arthralgia, bone mineral loss, osteonecrosis, chondrolysis.
Widyadharma ^{13, 14} (2020)	Literature Review	Fatigue, myalgia (11-62.5%), arthralgia (10-15%).
Wiersinga ¹⁵ (2020)	Literature Review	Fatigue (38%), myalgia (15-44%).
Garg ¹⁶ (2021)	Literature Review	Fatigue (28.3-98%), arthralgia (7.6-78.1%), myalgia.

What Do We Need to Know About Musculoskeletal Manifestations of COVID-19? A Systematic Review http://dx.doi.org/10.2106/JBJS.RVW.22.00013 Page 2

Gu ¹⁷ (2021)	Literature Review	Urticarial vasculitis.
Ramani ¹⁸ (2021)	Literature Review	Myalgia (11-50%), myositis, rhabdomyolysis, myonecrosis, sarcopenia, arthralgia (2.5%), reactive arthritis, soft tissues abnormalities, rheumatologic diseases triggering (systemic lupus erythematosus, dermatomyositis, rheumatoid arthritis, psoriatic spondyloarthritis), muscle hematomas, distal extremities gangrene, osteonecrosis, osteoporosis, "Covid toes".
Ali ¹⁹ (2021)	Literature Review	Myalgia, fatigue, muscle weakness.
Arkin ²⁰ (2021)	Literature Review	Pernio.
Shanbehzadeh ²¹ (2021)	Literature Review	Fatigue (28-87%), myalgia (4.5-36%), arthralgia (6-27%), muscle weakness (18.42%).
Zacharias ²² (2021)	Literature Review	Arthralgia (15%), myalgia (44%), reactive arthritis, rheumatoid arthritis, seronegative spondyloarthropathy, systemic lupus erythematosus, rhabdomyolysis, COVID-19 toes, Guillain-Barré syndrome.
Kanmaniraja ²³ (2021)	Literature Review	Myalgia (16-19%), back pain (10%), arthralgia and fatigue (26-36%), myositis, rhabdomyolysis, muscle denervation, intramuscular hematoma.
Ali ²⁴ (2021)	Literature Review	Myalgia, arthralgia, low back pain, cervical pain, avascular necrosis.
Hasan ²⁵ (2021)	Literature Review	Myopathy, Guillain-Barré syndrome, muscle weakness, reactive arthritis, myalgia and/or arthralgia (15.5%), newonset backache (6.8%).
Selva-O'Callaghan ²⁶ (2021)	Literature Review	Immune-mediated necrotizing myopathies.

What Do We Need to Know About Musculoskeletal Manifestations of COVID-19? A Systematic Review http://dx.doi.org/10.2106/JBJS.RVW.22.00013 Page 3

Rudroff ²⁷ (2021)	Literature Review	Higher muscle uptake in whole-body ¹⁸ F-FDG-PET/CT during acute stage and at 1-month follow-up.
Dewanjee ²⁸ (2021)	Literature Review	Theoretical increased risk of rheumatological disease flare or complications. Prevalence of symptomatic COVID-19 is two-fold in rheumatological patients compared to general population and, severity and death is also higher.
Knight ²⁹ (2021)	Literature Review	Evidence of association with autoimmunity, being a hypothetical risk factor for rheumatological diseases.
Saud ³⁰ (2021)	Literature Review	COVID-19 related myositis.
Egol ³¹ (2020)	Original Research	Increased morbidity and mortality in hip fracture patients. 30-day mortality (35.3% vs. 0.9%).
Batur ³² (2021)	Original Research	Myalgia (46.1%), fatigue (50%).
Al-Aly ³³ (2021)	Original Research	Fatigue (12.64%), muscle disorders (5.73%), musculoskeletal pain (13.89%), arthralgia and arthritis (5.16%).
Dallari ³⁴ (2021)	Original Research	Higher mortality in hip fracture in 30 days (15% vs. 2%).
Hoong ³⁵ (2021)	Original Research	Myalgia (37.5%), arthralgia (5.7%), new-onset backache (6.8%), body ache (50%).
Karaarslan ³⁶ (2021)	Original Research	Fatigue (44.3%), back pain (22.7%), arthralgia (22%), myalgia (21%), low back pain (16.3%), neck pain (10.3%); persistence of symptoms associated with BMI.
Oh ³⁷ (2021)	Original Research	Musculoskeletal disorders not associated with COVID-19 in hospital mortality.

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Fike ³⁸ (2021)	Original Research	Rheumatic disease flare in latino cohort (OR 4.57 [95% CI 1.2-17.4]; $P = 0.02$).
Mahmoud ³⁹ (2021)	Original Research	Post-COVID-19: 77.3% of musculoskeletal manifestations (myalgia, arthralgia and fatigue).
Bakilan ⁴⁰ (2021)	Original Research	Fatigue (71.8%), spine pain (70.7% [11.4% neck pain, 30.4% back pain, 16.1% low back pain, 12.8% more than one site]), myalgia (60.7%), arthralgia (43.6% [3.2% hand, 0.7% elbow, 5.7% shoulder, 1.4% hip, 12.1% knee, 1.8% foot, 18.6% more than one site]).
Ursini ⁴¹ (2021)	Original Research	Clinical features of fibromyalgia are common in post COVID-19, "FibroCOVID". Male (OR 9.95, 95% CI 6.02 to 16.43, p < 0.0001) and obesity (OR 41.20, 95% CI 18 to 98.88, p < 0.0001) are predictors.
Awosanya ⁴² (2021)	Original Research	Mouse model: 24.4% decrease in trabecular bone volume fraction (p=0.0009), 19.0% decrease in trabecular number (p=0.004), 6.2% decrease in trabecular thickness (p=0.04), 9.8% increase in trabecular separation (p=0.04), 64% increase in osteoclast number, 27% increase in osteoclast surface, 38% increase in osteoclasts per bone surface and, no differences in cortical bone parameters.
Aly ⁴³ (2021)	Original Research	Joint pain (8.7%), weakness (10.4%), myalgia (15.7%), joint pain + weakness (2.6%), joint pain + myalgia (3.5%), weakness + myalgia (1.7%), joint pain + weakness + myalgia (6.1%), fatigue (57.4%), recurrent falls (25.2%).
Terlizzi ⁴⁴ (2021)	Original Research	Malaise and fatigue (10-13%), musculoskeletal pain (5% subacute, 13% prolonged, none persistent). Subacute (up to 3 months), Prolonged (3 to 6 months), Persistent (> 6 months).

What Do We Need to Know About Musculoskeletal Manifestations of COVID-19? A Systematic Review http://dx.doi.org/10.2106/JBJS.RVW.22.00013 Page 5

Karaarslan ⁴⁵ (2021)	Original Research	Long covid: fatigue (31.6%), joint pain (18.6%), myalgia (15.1%). Female more likely to have these symptoms.
Suh ⁴⁶ (2021)	Original Research	Histopathology of SARS-CoV-2 fatal patients presenting inflammatory/immune-mediated damage in muscle and neural tissues.
Ali ⁴⁷ (2021)	Original Research	Myalgia (28%), muscle tenderness and weakness (3.9%), skeletal muscle injury (35.7%), rhabdomyolysis (15.7%). The mortality associated with rhabdomyolysis is 13.8%.
Pitscheider ⁴⁸ (2021)	Original Research	Creatine kinase (CK) elevation was associated with disease severity and markers of inflammation.
Shelley ⁴⁹ (2021)	Original Research	Following SARS-CoV-2 recovery 48% reported difficulty in exercise.
Aschman ⁵⁰ (2021)	Original Research	Skeletal muscle histopathology showed higher pathology score and inflammation score, and increased MHC class I antigens, MHC class II antigens, natural killer cells.
Colombini ⁵¹ (2021)	Original Research	Older patients with lower limbs fracture showed higher prevalence of long-term sequelae in COVID-19 positive patients.
Hameed ⁵² (2021)	Original Research	Myopathy, axonal neuropathy and Guillain-Barré syndrome.
Bai ⁵³ (2021)	Original Research	Fatigue (39.5%) and MSK pain (21.2%).
Umbrello ⁵⁴ (2021)	Original Research	Outcomes of severe COVID-19 patients were associated with muscle mass reduction.
Gerard ⁵⁵ (2021)	Original Research	Muscle strength loss is a symptom of Long-COVID-19, which can lead to long-term disability. Obese are more

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		frequently affected muscle impairment and ICU admissions.
Qin ⁵⁶ (2021)	Original Research	COVID-19 survivors commonly present new functional impairments at 30 days after discharge.
Tuzun ⁵⁷ (2021)	Original Research	Fatigue (85.3%), myalgia (68%), arthralgia (43.3%), back pain (22%). Severe female patients presented lower grip strength.
Fernández-de-las-Peñas ⁵⁸ (2021)	Original Research	Myalgia early in the disease course was associated with MSK Post-COVID-19 pain against patients without muscle pain (OR 1.41; 95% CI 1.04-1.90).
Geng ⁵⁹ (2021)	Original Research	Rhabdomyolysis (2.2%). Rhabdomyolysis was associated with greater ICU admission, higher incidence of mechanical ventilation, higher risk of in-hospital mortality and, longer viral shedding.
Fernández-de-las-Peñas ⁶⁰ (2021)	Original Research	MSK Post-COVID-19 pain (45.1% of survivors at 8 months). The risk factors identified were long hospital stay, female sex, previous MSK pain and, acute phase with myalgia and headache.
Jafarnezhadgero ⁶¹ (2022)	Original Research	Impairment of running kinetics and muscle activity.
Ascani ⁶² (2021)	Case Series	Adhesive capsulitis of the shoulder in 12 patients.
Mukarram ⁶³ (2021)	Case Series	Inflammatory arthritis in 5 patients, resembling rheumatoid arthritis.
Anaya ⁶⁴ (2021)	Case Series	Acute: fatigue (79%), myalgia (66%), arthralgia (62%). Post-COVID: arthralgia (65%), back pain (55%), weakness (46%), myalgia (42%), body pain (40%), fatigue (34%), sarcopenia (28%).

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Alvarez ⁶⁵ (2021)	Case Series	Shoulder pain in 20 patients out of 116 after mechanical ventilation.
Talamonti ⁶⁶ (2021)	Case Series	Primary spinal epidural abscess in six COVID-19 patients.
Vergori ⁶⁷ (2021)	Case Series	Ilio-psoas spontaneous haematomas in seven severe SARS-CoV-2 patients.
Bagnato ⁶⁸ (2020)	Case Report	Critical illness myopathy.
Husain ⁶⁹ (2020)	Case Report	Rhabdomyolysis.
Soliman ⁷⁰ (2020)	Case Report	COVID-19-associated peripheral polyneuropathy diagnosed with MSK ultrasound in two patients.
Hasbani ⁷¹ (2021)	Case Report	Axial and peripheral spondyloarthritis in two patients.
Bahout ⁷² (2021)	Case Report	Muscle denervation atrophy in one patient.
Uslu ⁷³ (2021)	Case Report	Myositis.
Veyseh ⁷⁴ (2021)	Case Report	IgG-related autoimmune inflammatory necrotizing myositis.
Kopacz ⁷⁵ (2021)	Case Report	"COVID-19 toes".
Omololu ⁷⁶ (2021)	Case Report	Fatigue and polyarthritis for 18 weeks in one patient.
Cincinelli ⁷⁷ (2021)	Case Report	Monoarthritis.
Byler ⁷⁸ (2021)	Case Report	Rhabdomyolysis.
Agarwala ⁷⁹ (2021)	Case Report	Avascular necrosis of the femoral head in three patients.
Neves ⁸⁰ (2021)	Case Report	Bilateral shoulder infectious arthritis in one patient.
Dumitru ⁸¹ (2021)	Case Report	Latent muscular dystrophy activation. Patient manifesting Emery-Dreifuss Syndrome after SARS-CoV-2 infection.

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Novelli 82 (2021)	Case Report	Psoriatic arthritis.
Shahidi ⁸³ (2021)	Case Report	Dermatomyositis-lupus overlap syndrome.
Abrams ⁸⁴ (2021)	Case Report	Elsberg Syndrome.
Ito 85 (2021)	Case Report	Bilateral spontaneous iliopsoas hematomas in two patients.
Ducatez ⁸⁶ (2021)	Case Report	Primary meningococcal arthritis of the knee.
Drosos ⁸⁷ (2021)	Case Report	Seronegative rheumatoid arthritis.
Angulo-Ardoy ⁸⁸ (2021)	Case Report	Osteonecrosis of the right knee.
McBride ⁸⁹ (2021)	Case Report	Retiform purpura on the sacrum/buttocks.
Trinity ⁹⁰ (2021)	Case Report	Presymptomatic impact of COVID-19 with attenuated passive leg movement, decreased leg blood flow during knee extension exercise, decreased strength and mitochondrial function, IL-10 elevation.
Collins ⁹¹ (2022)	Case Report	Severe post-COVID-19 costochondritis.
Welch ⁹² (2020)	Specialist opinion	Acute sarcopenia.
Morley ⁹³ (2020)	Editorial	Sarcopenia and cachexia.
Cipollaro ⁹⁴ (2020)	Editorial	Fatigue (26.5%) and arthralgia / myalgia (15.5%).
Vaishya ⁹⁵ (2021)	Editorial	Fatigue, myalgia, arthralgia, muscle weakness, limb gangrene, COVID-19 toes, hematomas, reactive arthritis, bone mineral density decrease, osteoporosis, osteonecrosis.
Snowden ⁹⁶ (2022)	Editorial	Avascular necrosis of the femoral head.
Bagaria ⁹⁷ (2021)	Letter to the Editor	Arthralgia, myalgia, primary septic joint infection, elevation of post-operative

 $What \ Do \ We \ Need \ to \ Know \ About \ Musculoskeletal \ Manifestations \ of \ COVID-19? \ A \ Systematic \ Review \ http://dx.doi.org/10.2106/JBJS.RVW.22.00013$

		infection rates, synovitis, spontaneous osteonecrosis, soft tissue abscess.
Stoira ⁹⁸ (2021)	Letter to the Editor	10 out of 52 severe COVID-19 patients developed extensive heterotopic ossification (shoulder, elbow and hip). Heterotopic ossification was associated with longer mechanical ventilation (OR 2.64 for each additional week; 95% CI 1.26-5.51; p 0.009) and longer hospital stay (OR 2.1 for each additional week; 95% CI 1.3-3.4; p 0.004).

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What Do We Need to Know About Musculoskeletal Manifestations of COVID-19? A Systematic Review http://dx.doi.org/10.2106/JBJS.RVW.22.00013

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WHAT DO WE NEED TO KNOW ABOUT MUSCULOSKELETAL MANIFESTATIONS OF COVID-19? A SYSTEMATIC REVIEW

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WHAT DO WE NEED TO KNOW ABOUT MUSCULOSKELETAL MANIFESTATIONS OF COVID-19? A SYSTEMATIC REVIEW

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Page 17

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