CGI-C	Titration of LTG	BDI n = 22 (9.7)	BDII n = 93 (41)	BD-NOS n = 59 (26)	DD-NOS n = 53 (23.3)	Total N = 227
Very much improved	Standard	0	1 (1.1)	0	0	12 (5.3)
	Slow	1 (4.5)	4 (4.3)	6 (10.2)	0	
Much imprpved	Standard	3 (13.6)	20 (21.5)	16 (27.1)	3 (5.7)	94 (41.4)
	Slow	6 (27.3)	29 (31.2)	10 (17.0)	7 (13.2)	
Minimally improved	Standard	5 (22.7)	19 (20.4)	12 (20.3)	22 (41.5)	99 (43.6)
	Slow	6 (27.3)	7 (7.5)	11 (18.6)	17 (32.1)	
uncertain	Standard	0	5 (5.4)	1 (1.7)	1 (1.9)	22 (9.7)
	Slow	1 (4.5)	8 (8.6)	3 (5.1)	3 (5.7)	

Supplemental Digital Content 3. Results of CGI-C evaluated for treatment efficacy in patients who received LTG successfully 12 months distinguished by diagnosis and titration schedules.

LTG seemed to more efficacious in patients with BD comparing to patients with DD-NOS regardless of selected titration methods, reflecting treatment responsiveness of the diseases. Abbreviations: CGI-C, Clinical Global Impression of Change; BDI, Bipolar I Disorder; BDII, Bipolar II Disorder; BD-NOS, Bipolar Disorder Not Otherwise Specified; DD-NOS, Depressive Disorder Not Otherwise specified. Data are presented as number (percentage).