**Supplemental Table 1 - MEDLINE search strategy (modified to comply with each database search criteria)**

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| 1 | asthma.mp. or \*ASTHMA/ or bronchospasm.mp. or Bronchial Spasm/ or RESPIRATORY HYPERSENSITIVITY/ or Asthma, EXERCISE-INDUCED.mp. |
| 2 | EXERCISE/ or EXERCISE THERAPY/ or EXERCISE TEST/ or exercise intensity.mp. or Heart Rate/ or HRmax.mp. or Aerobic activity/ or Aerobic fitness.mp. or cardiovascular fitness/ or cardiovascular exercise.mp. or VO2/ or Oxygen consumption.mp. or Aerobic activity/ or Aerobic fitness/ or Aerobic capacity.mp. or Muscular fitness/ or Muscular exercise/ or Resistance training.mp. or cardiovascular fitness/ or cardiorespiratory exercise.mp. |
| 34 | 1 and 2limit to (English language and humans) |