

Supplemental Digital Content.

- **Focus group. Interview guide.**

Thank you for participating in tonight's focus group. I will be conducting the focus group, which is a group discussion, to gather your opinions about the cardiac rehab program. Please know that we want your honest opinions, even if they are not positive. It will be difficult to capture all of the comments, if people are speaking at the same time, so please do your best to take turns when sharing feedback.

TURN ON TAPE RECORDER

OPENING QUESTIONS

Barriers

1. What barriers did you experience in coming to the cardiac rehabilitation program?
 - a. How did you deal with those barriers?
2. For those of you who completed the program - Did you consider leaving the cardiac rehabilitation program at any point?
 - a. If yes – Tell me more about that...
 - b. What things contributed to your decision to stay?

For those of you who didn't complete the program - What happened, what got in the way of you completing it?

- a. Query: (Schedule, transportation,...)

Solutions

3. What suggestions do you have to help other patients find ways to complete the cardiac rehabilitation program?

- a. How can we improve our program? Query: (possible solutions for each perceived barrier).

That concludes our focus group. Thank you so much for coming and sharing your thoughts and opinions with us today. We had mailed you a short questionnaire. If you had not received it or have not answered and returned it back today, we have some extra copies here and would appreciate it if you can complete it now. We also have an additional form in case you would want add anything else, like suggestions or comments. Please feel free write them on it.