

Supplemental materials

Figure S1: Forest plots for WOMAC/KOOS/HOOS Pain subscales at 6-12 weeks (n=1013), 3-6 months (n=949) and 1 year (n=575) comparing multimodal versus control intervention.

Figure S2: Forest plots for WOMAC/KOOS/HOOS Total at 6-12 weeks (n=1013), 3-6 months (n=949) and 1 year (n=575) comparing multimodal versus control intervention.

Figure S3: Forest plots for Time Up and Go Test at 6-12 weeks (n=900), 3-6 months (n=651) and 1 year (n=575) comparing multimodal versus control intervention.

Figure S4: Forest plots for 20-meters Walking Test at 6-12 weeks (n=256), 3-6 months (n=167) and 1 year (n=189) comparing multimodal versus control intervention.

Figure S5: Forest plot for Functional Reach Test at 6-12 weeks (n=183) comparing multimodal versus control intervention.

Figure S6: Forest plots for Quality of Life (EQ5D, Qualeffo-41, SF-12) at 6-12 weeks (n=351), 3-6 months (n=621) and 1 year (n=397) comparing multimodal versus control intervention.

Figure S7: Forest plots for Quality of Life VAS at 6-12 weeks (n=293) and 3-6 months (n=193) comparing multimodal versus control intervention.

Figure S8: Funnel plots for NRS-VAS Pain at 6-12 weeks, 3-6 months and 1 year comparing multimodal versus control interventions.

Figure S9: Funnel plots for WOMAC/KOOS/HOOS Pain at 6-12 weeks, 3-6 months and 1 year comparing multimodal versus control intervention.

Figure S10: Funnel plots for WOMAC/KOOS/HOOS Function at 6-12 weeks, 3-6 months and 1 year comparing multimodal versus control intervention.

Figure S11: Funnel plots Time Up and Go Test at 6-12 weeks, 3-6 months and 1 year comparing multimodal versus control intervention.

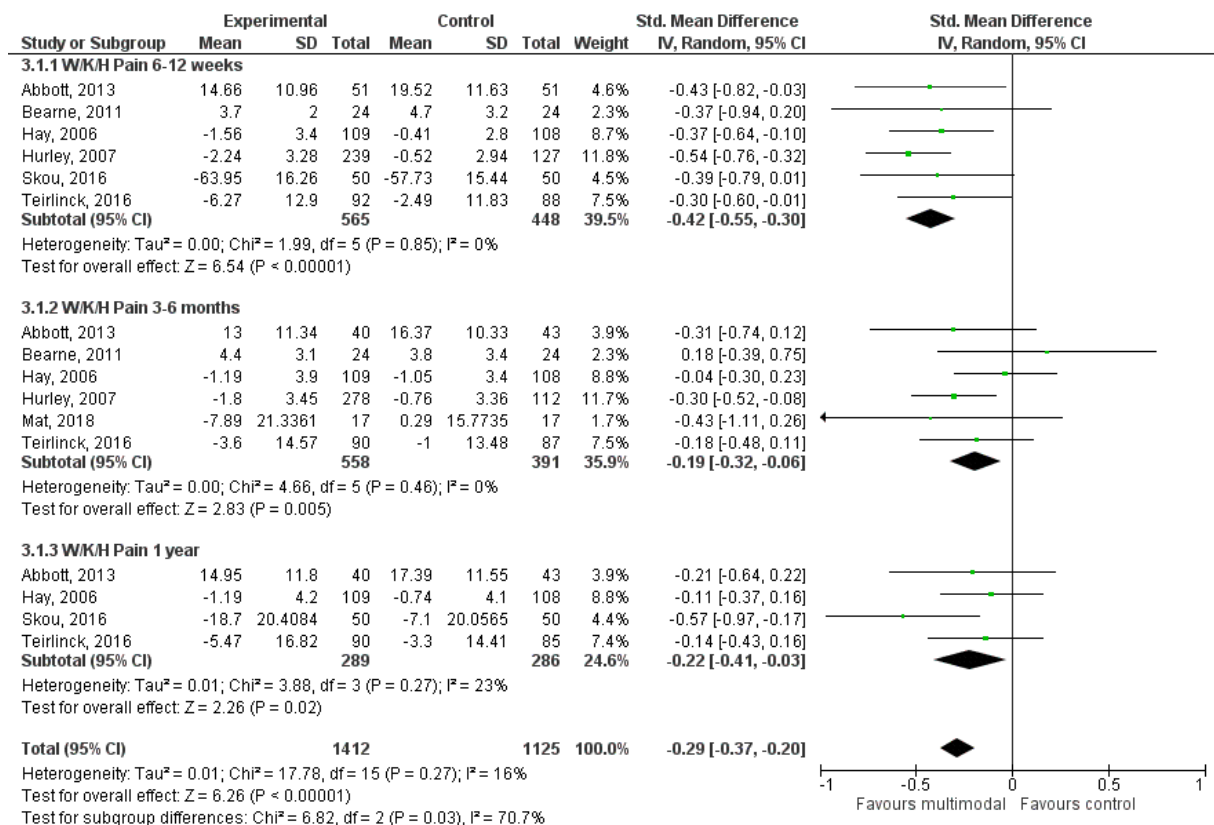


Figure S1: Forest plots for WOMAC/KOOS/HOOS Pain subscales at 6-12 weeks (n=1013), 3-6 months (n=949) and 1 year (n=575) comparing multimodal versus control intervention.

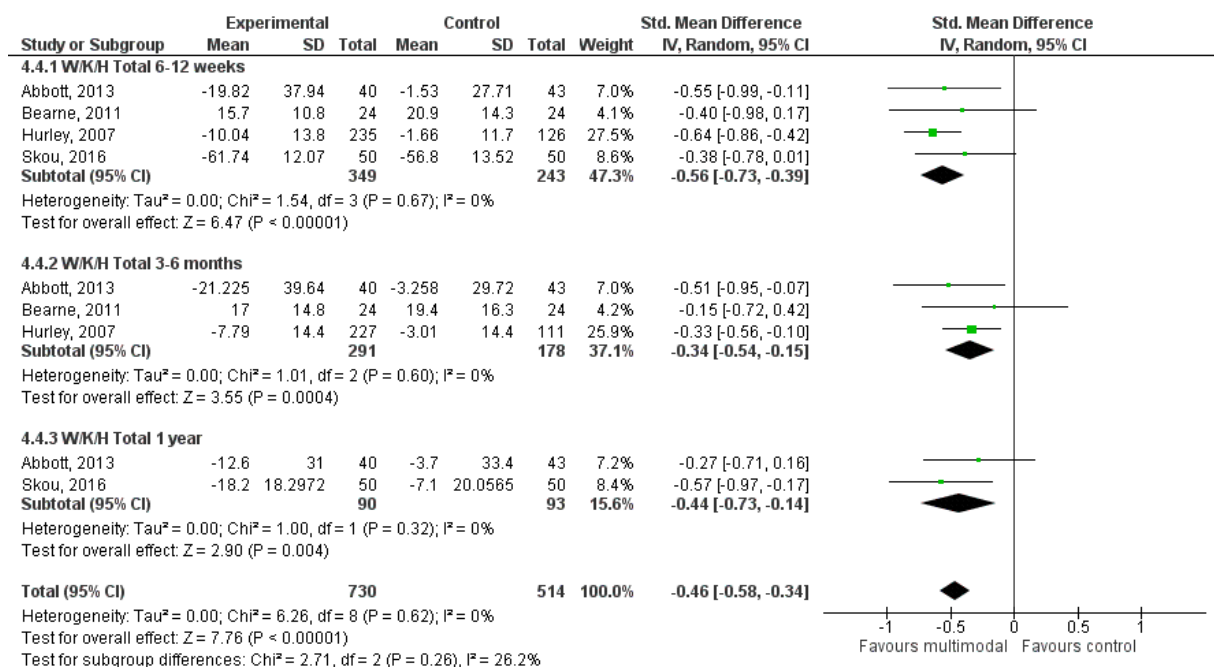


Figure S2: Forest plots for WOMAC/KOOS/HOOS Total at 6-12 weeks (n=1013), 3-6 months (n=949) and 1 year (n=575) comparing multimodal versus control intervention.

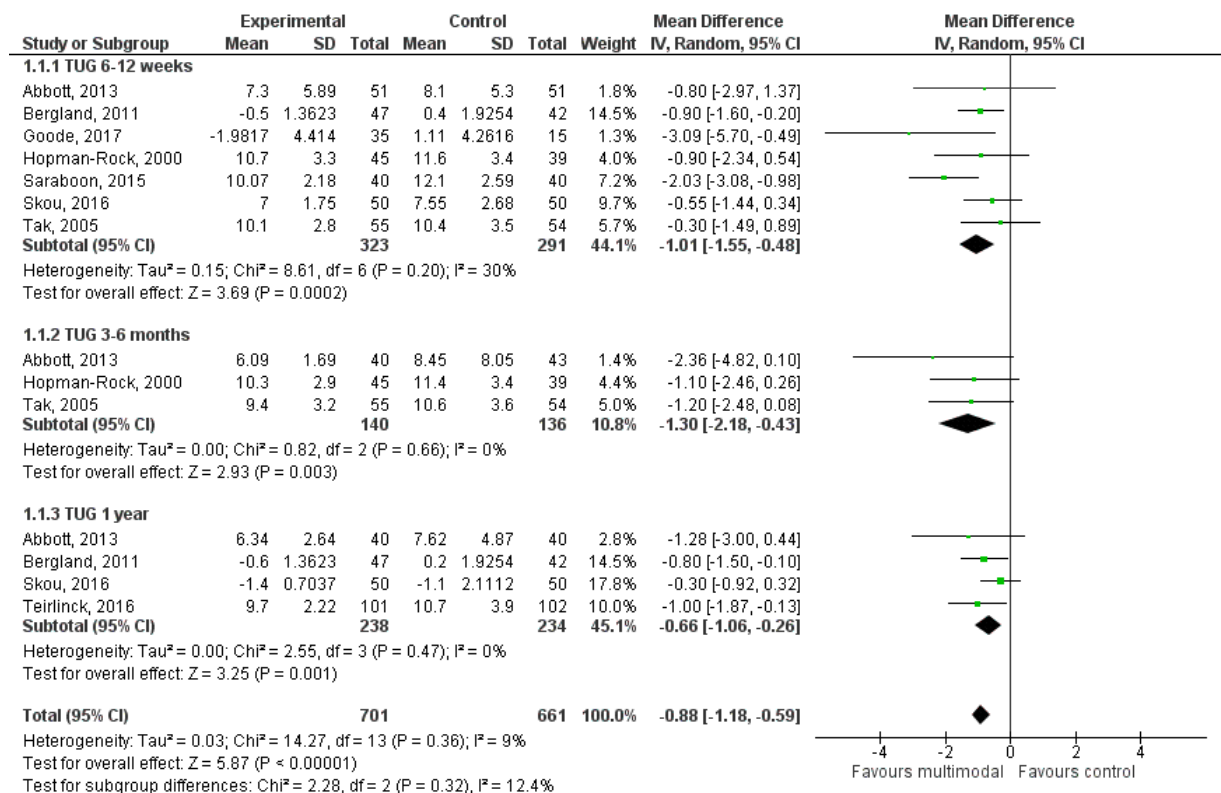


Figure S3: Forest plots for Time Up and Go Test at 6-12 weeks (n=900), 3-6 months (n=651) and 1 year (n=575) comparing multimodal versus control intervention.

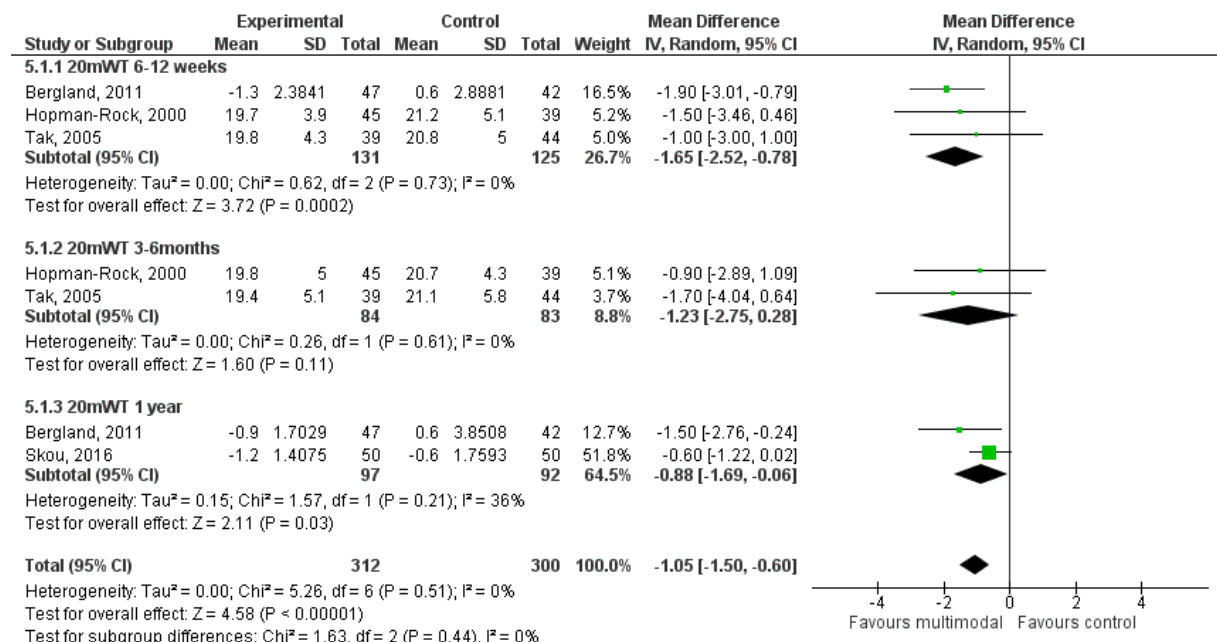


Figure S4: Forest plots for 20-meters Walking Test at 6-12 weeks (n=256), 3-6 months (n=167) and 1 year (n=189) comparing multimodal versus control intervention.

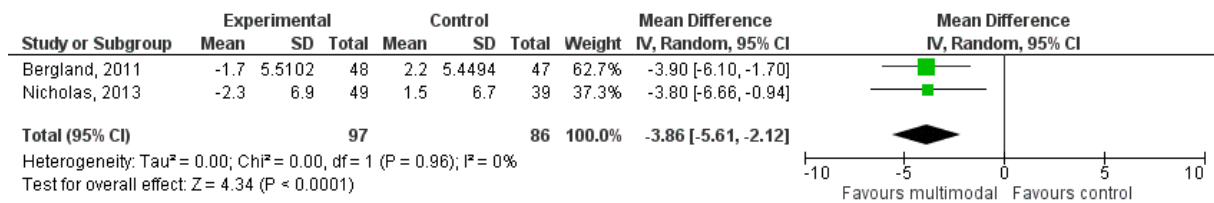


Figure S5: Forest plot for Functional Reach Test at 6-12 weeks (n=183) comparing multimodal versus control intervention.

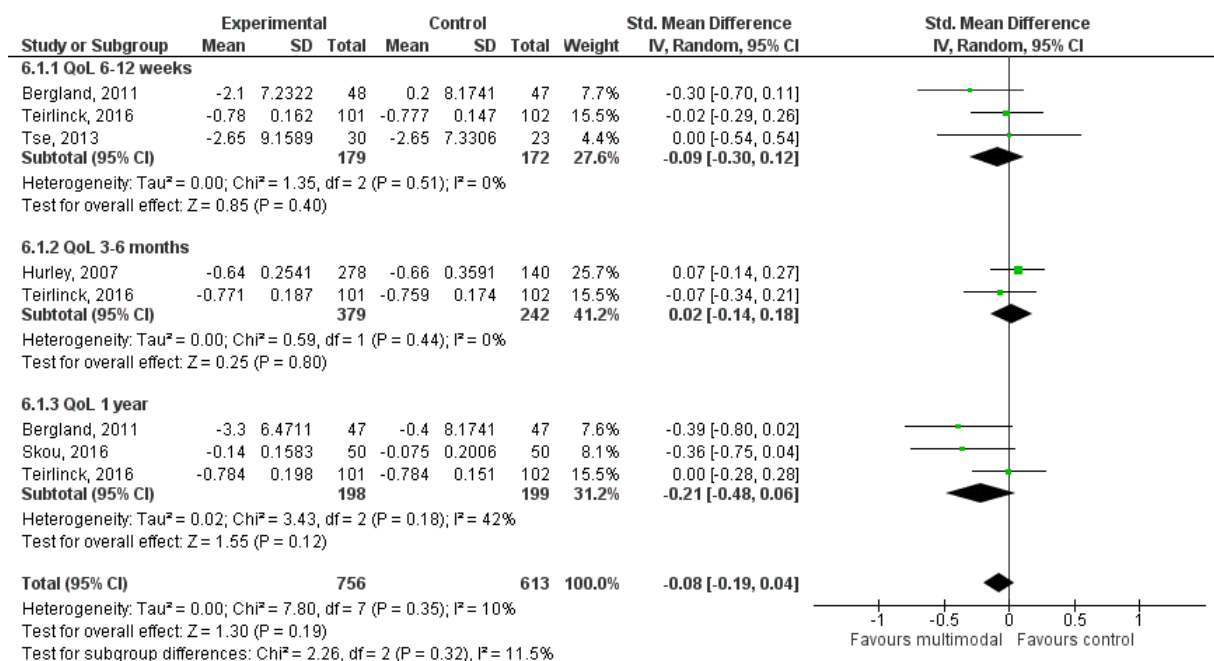


Figure S6: Forest plots for Quality of Life (EQ5D, Qualeffo-41, SF-12) at 6-12 weeks (n=351), 3-6 months (n=621) and 1 year (n=397) comparing multimodal versus control intervention.

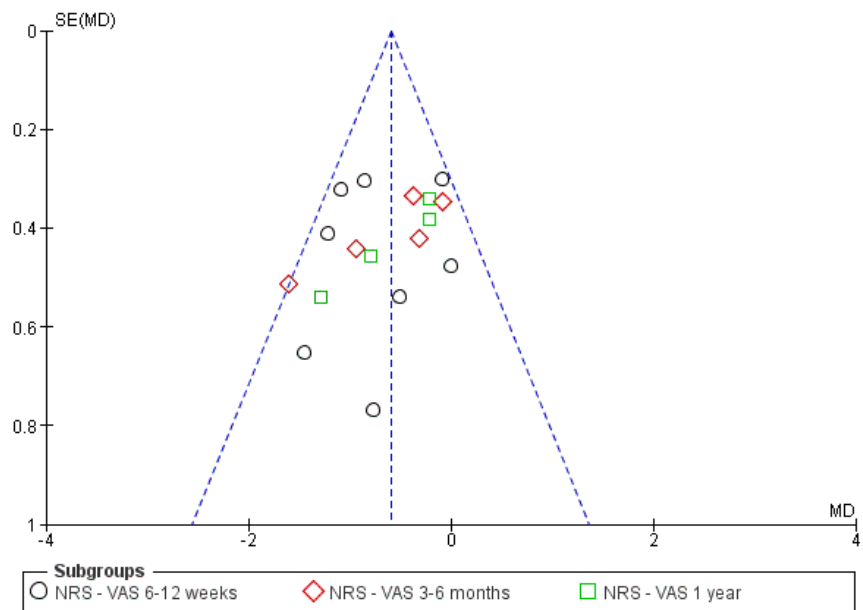


Figure S8: Funnel plots for NRS-VAS Pain at 6-12 weeks, 3-6 months and 1 year comparing multimodal versus control interventions.

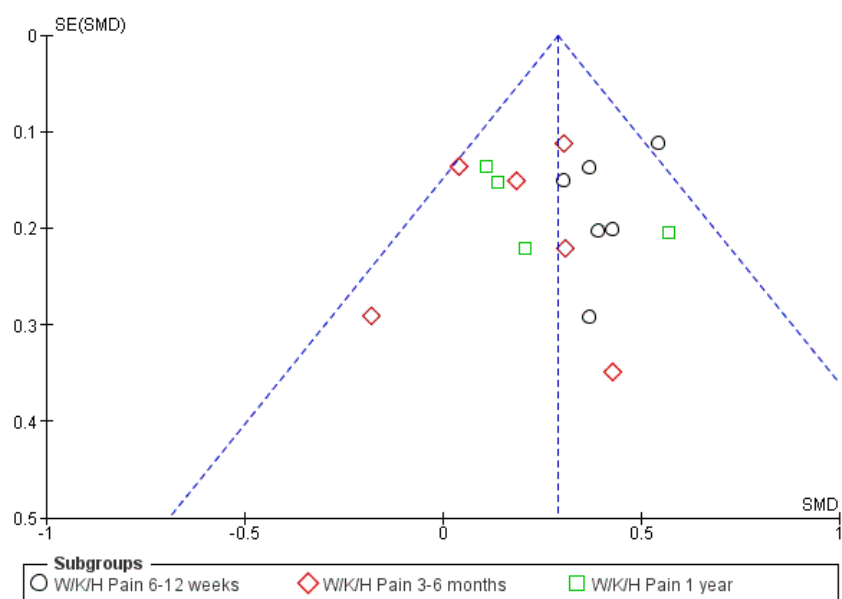


Figure S9: Funnel plots for WOMAC/KOOS/HOOS Pain at 6-12 weeks, 3-6 months and 1 year comparing multimodal versus control intervention.

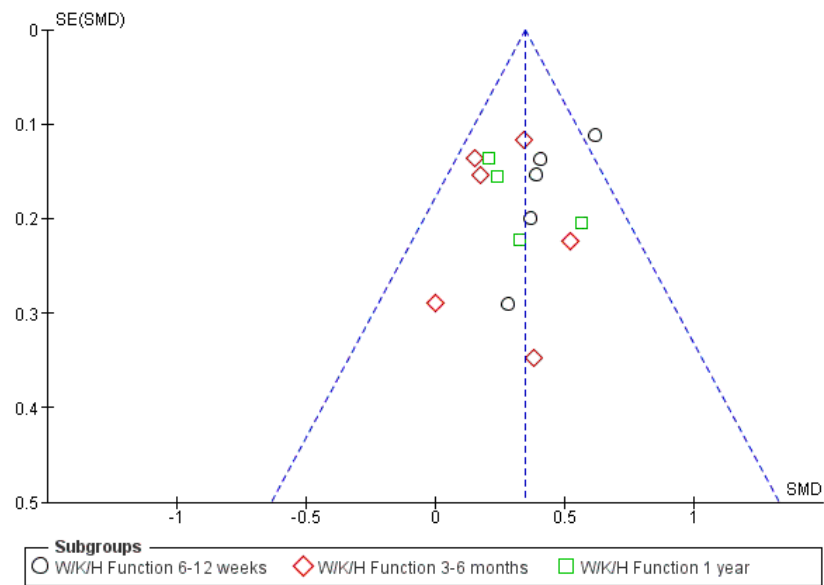


Figure S10: Funnel plots for WOMAC/KOOS/HOOS Function at 6-12 weeks, 3-6 months and 1 year comparing multimodal versus control intervention.

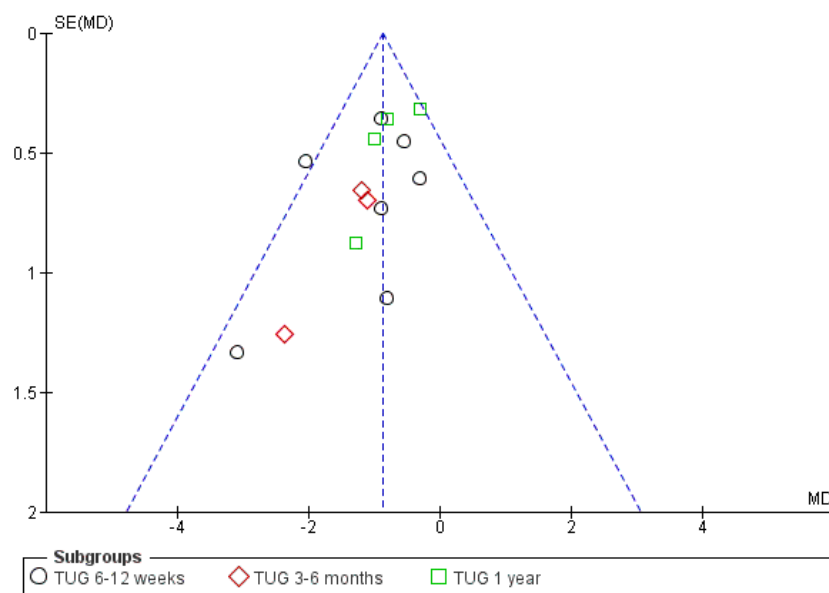


Figure S11: Funnel plots Time Up and Go Test at 6-12 weeks, 3-6 months and 1 year comparing multimodal versus control intervention.