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| **Table 2.** Critical Appraisal Scores |
| **Paper** | **Q1** | **Q2** | **Q3** | **Q4** | **Q5** | **Q6** | **Q7** | **Q8** | **Q9** | **Q10** | **Score** | **Decision** |
| Bradley et al. 2013 | Y | Y | Y | Y | Y | U | U | Y | Y | Y | 8/10 | Included |
| Cahill J. 1998 | Y | Y | Y | Y | Y | U | U | Y | Y | Y | 8/10 | Included |
| Dellafiore et al. 2019 | U | Y | Y | Y | Y | U | U | Y | Y | Y | 7/10 | Included |
| Drach-Zahavy et al. 2014 | U | Y | Y | Y | Y | U | U | Y | Y | Y | 7/10 | Included |
| Greaves C. 1999 | U | Y | Y | Y | Y | U | U | Y | Y | Y | 7/10 | Included |
| Grimshaw et al. 2016 | U | Y | Y | Y | Y | U | U | Y | Y | Y | 7/10 | Included |
| Hada et al. 2019 | U | Y | Y | Y | Y | Y | U | Y | Y | Y | 8/10 | Included |
| Jeffs et al. 2013 | U | Y | Y | Y | Y | U | U | Y | Y | Y | 7/10 | Included |
| Jeffs et al. 2014 | U | Y | Y | Y | Y | N | U | Y | Y | Y | 7/10 | Included |
| Johnson et al. 2013 | U | Y | Y | Y | Y | N | U | Y | Y | Y | 7/10 | Included |
| Kerr et al. 2014 | U | Y | Y | Y | Y | N | U | Y | Y | Y | 7/10 | Included |
| Kerr et al. 2014 | U | Y | Y | Y | Y | U | U | Y | Y | Y | 7/10 | Included |
| Khuan et al. 2017 | U | Y | Y | Y | Y | U | U | Y | Y | Y | 7/10 | Included |
| Kullberg et al. 2018 | U | Y | Y | Y | Y | U | U | Y | Y | Y | 7/10 | Included |
| Lu et al. 2014 | Y | Y | Y | Y | Y | U | U | Y | Y | Y | 8/10 | Included |
| Lupieri et al. 2016 | U | Y | Y | Y | Y | U | U | Y | Y | Y | 7/10 | Included |
| Malfait et al. 2019 | U | Y | Y | Y | Y | U | U | Y | Y | Y | 7/10 | Included |
| McMurray et al. 2009 | U | Y | Y | Y | Y | U | U | Y | Y | Y | 7/10 | Included |
| McMurray et al. 2011 | U | Y | Y | Y | Y | U | U | Y | Y | Y | 7/10 | Included |
| O’Connell et al. 2001  | Y | Y | Y | Y | Y | U | U | Y | Y | Y | 8/10 | Included |
| Olasoji et al. 2018 | U | Y | Y | Y | Y | U | U | Y | Y | Y | 7/10 | Included |
| Olasoji et al. 2020 | U | Y | Y | Y | Y | U | U | Y | Y | Y | 7/10 | Included |
| Roslan er al. 2016 | U | Y | Y | Y | Y | U | U | Y | Y | Y | 7/10 | Included |
| Tobiano et al. 2017 | U | Y | Y | Y | Y | U | U | Y | Y | Y | 7/10 | Included |
| Q = questions of the Joanna Briggs Institute Qualitative Assessment and Review Instrument (JBI-QARI) critical appraisal tool; Q1. consistency among methodology and expressed philosophical perspective; Q2. research aims; Q3. data collection method; Q4. data analysis; Q5. interpretation of results; Q6. influence of the researchers on the study; Q7. cultural and theoretical orientation of the researcher(s); Q8. representativeness of the participants’ voices; Q9. ethical approval of the study; and Q10. connection between findings and conclusions; Y= yes; N= no; U= unclear |