**Supplementary files**

Supplementary Table 1. ADL and its specific domains among the elderly of different age groups in Shandong, China (2012).

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Domains of ADL\* | Age (M±SD) | | | F | P |
| 60- | 65- | 70- |
| ADL | 15.08±4.15 | 15.44±4.41 | 18.47±7.89 | 120.324 | 0.000 |
| Personal care | 5.24±1.30 | 5.28±1.30 | 5.99±2.32 | 68.345 | 0.000 |
| Using transport | 2.25±0.83 | 2.31±0.85 | 2.93±1.47 | 138.326 | 0.000 |
| Medical care | 1.03±0.26 | 1.03±0.22 | 1.13±0.43 | 30.880 | 0.000 |
| Household | 5.56±1.87 | 5.77±2.15 | 7.17±3.72 | 121.601 | 0.000 |
| Managing money | 1.06±0.34 | 1.07±0.37 | 1.29±0.75 | 72.434 | 0.000 |

\*ADL: Activities of daily living.