

Supplemental Digital Content 2. Emotional Health Survey Table: Close Ended Emotional Health Responses

Variables	Total Participants (n=40) ^{1, 2}	
	Stroke Survivors 26 (65)	Caregivers 14 (35)
Q11 Emotional health issues knowledge		
Very knowledgeable	4 (15)	2 (14)
Knowledgeable	15 (58)	7 (5)
Neutral	4 (15)	4 (29)
Not knowledgeable	1 (4)	1 (7)
Not knowledgeable at all	1 (4)	0 (0)
Q12 Emotional Health issues that matter personally		
Stress	13 (50)	10 (71)
Worry	9 (35)	8 (57)
Guilt	3 (12)	1 (7)
Anxiety	14 (54)	1 (7)
Depression	9 (35)	2 (14)
Fear	6 (23)	4 (29)
Mood swings	7 (27)	1 (7)
Regret	0 (0)	1 (7)
Anger	5 (29)	3 (21)
Frustration	17 (65)	8 (57)
Panic	6 (23)	0 (0)
Sense of loss	6 (23)	3 (21)
Memory loss	9 (35)	1 (7)
Difficulty concentrating	8 (31)	2 (14)
Trouble thinking	5 (19)	1 (7)
Difficulty planning	7 (27)	1 (7)
Loneliness	7 (27)	1 (7)
Other	3 (12)	0 (0)
Q13 Access to emotional health issues		
Television	8 (31)	5 (36)
Internet	7 (27)	3 (21)
Radio	0 (0)	1 (7)
Word of mouth	8 (31)	5 (36)
Personal experience	10 (38)	0 (0)
External experience	2 (8)	2 (14)
Health care provider	12 (46)	5 (36)
No previous access	1 (4)	0 (0)
Other	5 (19)	1 (7)
Q14 Consider their culture close-minded		
Yes	12 (46)	6 (43)
No	14 (54)	7 (50)
Q15 Rate own emotional health overall		

Excellent	0 (0)	2 (14)
Somewhat good	10 (38)	3 (21)
Average	11 (42)	4 (29)
Somewhat poor	3 (12)	2 (14)
Unsure	1 (4)	0 (0)
Q16 Have specific fear since stroke		
Yes	17 (65)	4 (29)
No	9 (35)	5 (36)
Q17 Has emotional support from someone else		
Yes	22 (85)	9 (64)
No	4 (15)	2 (14)
Q17a Source of emotional support		
Parent	2 (8)	1 (7)
Spouse	10 (38)	4 (29)
Child	10 (38)	4 (29)
Sibling	7 (27)	2 (14)
Grandchild	3 (12)	1 (7)
Friend	6 (23)	5 (36)
Health care professional	1 (4)	0 (0)
Other	2 (8)	3 (21)

1. Values are in n (percentage) unless otherwise indicated. 2. Values or percentages may not add up to 100% due to missing data or rounding. 3. Participants were allowed to select more than one emotional health issue that mattered to them. Participants were allowed to select more than one source of emotional support. 4. Open ended questions included 12a If other to the above question, please explain, 13a If other to the above question, please explain, 16a If yes to the above question, please explain, Q17b If other to the above question, please explain. Q18 Since the stroke, if you could wish for anything, you would wish for.