

Supplemental Digital Content 3. Semi-structured Group Interviews Probing Questions

Probing Questions (Q)	
Q1	What comes to mind when you think of emotional health?
Q2	What do you feel about emotional health?
Q3	What kinds of things have you heard about emotional health (for example, from friends, family members, and the media)?
Q4	What do you think are some of the reasons emotional health has a stigma attached to it?
Q5	If you have ever received information regarding emotional health, please tell me about your experience.
Q6	What types of emotional health issues are you aware of?
Q7	How comfortable do you feeling discussing about emotional health issues?
Q8	What do you think are the struggles one faces when emotional health is affected?
Q9	What are some ways of coping with emotional distress?
Q10	How are emotional and physical health related or how are they unrelated? Do you believe one causes the other, if so how (for example, uncontrolled stress causing headaches, or stomach problems)?
Q11	What services, education, etc. might help those who are struggling with emotional health illness?