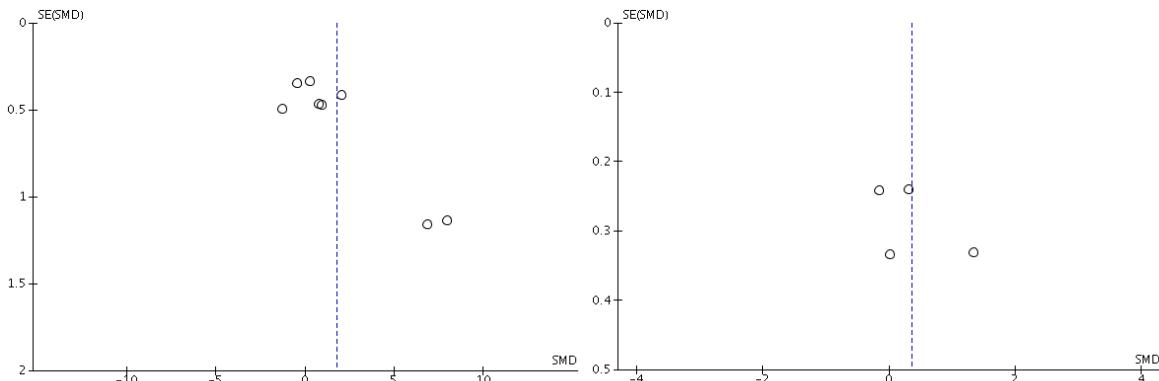


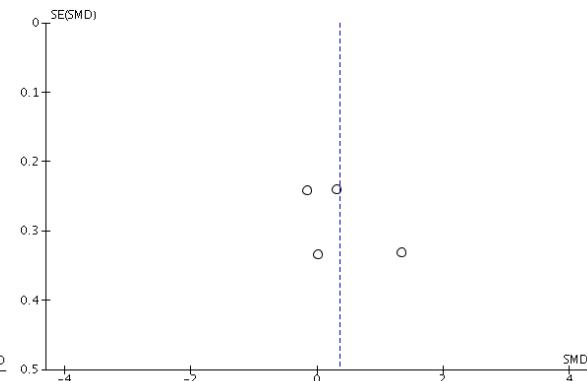
Supplemental Digital Content

Funnel Plots

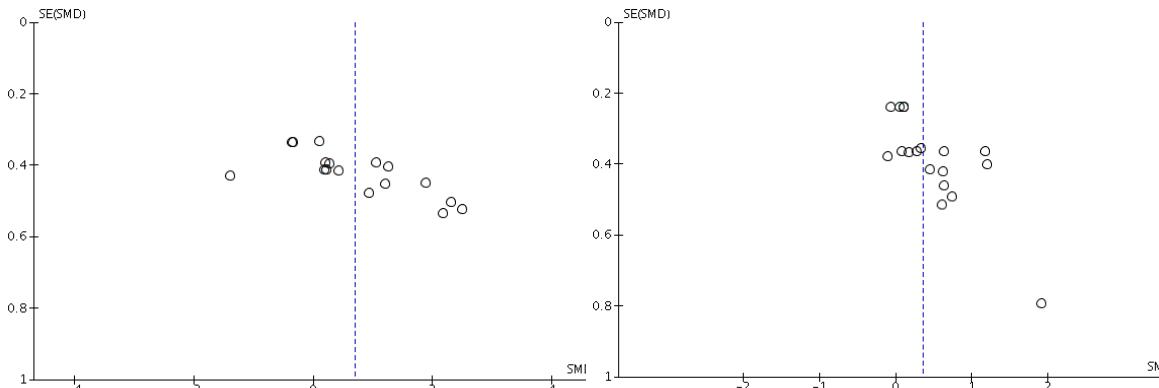
Balance – All Studies



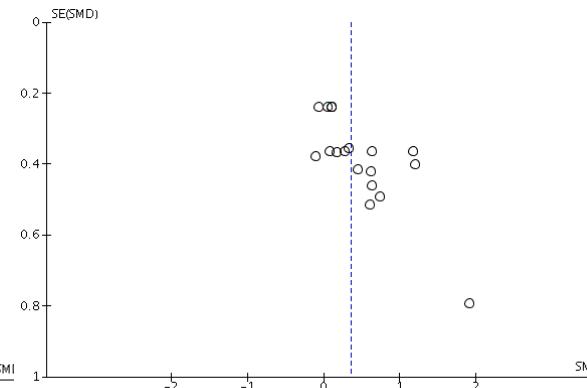
ADLs – All studies



Lower limb (LL/ Gait) – All Studies



Upper limb (UL) – All Studies



See text for explanation of funnel plots

Conflict of interests of included studies

| STUDY | Score | NO CONFLICTS OF INTEREST | CONFLICTS OF INTEREST | NOT DECLARED IN STATEMENT | FUNDING |
|-------------------------|-------|--------------------------|-----------------------|---------------------------|---|
| Verma et al. (2011) | 9 | | | x | ? |
| Braun et al. (2012) | 8 | | x | | NutsOhra (SNO T-0702-70), VGZ (ZIP/HH/ME/07.190) and the Mobiliteitsfonds (PRO601-B-E) |
| Liu et al. (2004) | 8 | x | | | The Hong Kong Polytechnic University |
| Liu et al. (2009) | 8 | | | x | Health and Health Services from The Government of the Hong Kong Special Administrative Region awarded to K.P.Y. Liu and PolyUNiche area Research grant awarded to C.C.H. Chan |
| Letswaart et al. (2011) | 8 | | | x | Chief Scientist Office of the Scottish Executive Health Department [CHZ/4/153]. |

| | | | | | |
|--------------------------|---|---|--|---|--|
| Schuster et al. (2012) | 8 | x | | | The research project was partially funded by the Gottfried und Julia |
| Riccio et al. (2010) | 8 | | | x | ? |
| Nilsen et al. (2012) | 7 | | | x | ? |
| O'Brien et al. (2011) | 7 | | | x | ? |
| Page et al. (2011) | 7 | | | x | National Institutes of Health (R21 AT002110-01) |
| Welfringer et al. (2011) | 7 | | | x | DietmarHoppStiftung, Germany and Fonds National de la Recherche, Luxembourg. |
| Ferreira et al. (2011) | 6 | | | x | ? |
| Timmermans et al. (2013) | 6 | x | | | ZonMw (Project 14350051) |
| Liu et al. (2009) | 5 | | | x | Health Services Research Fund (HSRF: 03040051), Food and Health Bureau, Hong Kong SAR Government. |
| Cho et al. (2012) | 5 | | | x | KyungnamUniversity research fund, 2012. |
| Malouin et al. (2009) | 5 | | | x | Quebec Provincial Rehabilitation Research Network (FRSQ) and the Canadian Institutes of Health Research |
| Liu et al. (2014) | 5 | x | | | "Twelfth five-years" National Key Technology R&D program (2011BAI08B11). |
| Page et al. (2000) | 5 | | | x | ? |
| Park et al. (2015) | 5 | | | x | ? |
| Sun et al. (2013) | 5 | | | | National Natural Science Foundation of China (grant no. 81272169) and 12th Five-Year Plan supporting project of Ministry of Science and Technology of the People's Republic of China (grant no. 2013BAI10B03). |
| Hwang et al. (2009) | 4 | | | x | ? |
| Oostra et al. (2015) | 4 | | | x | ? |
| Kim et al. (2015) | 4 | | | x | ? |
| Page et al. (2007) | 4 | | | x | ? |
| Page et al. (2005) | 4 | x | | | Retirement Research Foundation (grant no. 2001-037). |
| Dickstein et al. (2013) | 3 | | | | National Institutes of Health (grant no. 5R03HD055453-02). |
| Lee et al. (2015) | 3 | | | x | ? |
| Lee et al. (2011) | 3 | | | x | ? |
| Grabherr et al. (2015) | 3 | x | | | The Swiss National Science Foundation (Grant 611-066052) and PDFM1-114406, postdoctoral fellowship awarded to L.G.) |
| Muller et al. (2007) | 3 | | | x | ? |
| Kim et al. (2015) | 2 | | | x | ? |
| Bae et al. (2015) | 2 | | | x | ? |

PEDro scores for each included scale

| ADL | AUTOR/ANO | ELEGIBILITY CRITERIA SPECIFIED | RANDOMIZED | ALLOCATION WAS CONCEALED | BASELINE SIMILAR | BLINDING OF ALL SUBJECTS | ALL THERAPISTS BLINDING | ASSESSORS WHO MEASURED | ADEQUATE FOLLOW-UP | INTENTION TO TREAT ANALYSIS | BETWEEN-GROUP COMPARISONS | POINT ESTIMATES AND VARIABILITY | ESCORE |
|--------------|-----------|--------------------------------|------------|--------------------------|------------------|--------------------------|-------------------------|------------------------|--------------------|-----------------------------|---------------------------|---------------------------------|--------|
| Braun, 2012. | + | + | + | + | + | - | - | - | - | - | + | + | 5 |
| Liu, 2004 | - | - | + | + | + | - | - | - | - | - | + | + | 7 |
| Liu, 2009 | + | + | + | - | + | - | - | - | + | - | + | + | 8 |

| AUTOR/ANO | ELEGIBILITY CRITERIA SPECIFIED | RANDOMIZED | ALLOCATION WAS CONCEALED | BASELINE SIMILAR | BLINDING OF ALL SUBJECTS | ALL THERAPISTS | BLINDING | BLINDING | ASSESSORS WHO MEASURED | ADEQUATE FOLLOW-UP | INTENTION TO TREAT ANALYSIS | BETWEEN-GROUP COMPARISONS | POINT ESTIMATES AND VARIABILITY | ESCORE |
|----------------|--------------------------------|------------|--------------------------|------------------|--------------------------|----------------|----------|----------|------------------------|--------------------|-----------------------------|---------------------------|---------------------------------|--------|
| Braun, 2012 | + | + | + | - | - | - | - | - | + | - | - | + | + | 6 |
| Schuster, 2012 | + | + | + | - | - | - | - | - | + | + | - | + | + | 7 |
| Cho, 2012 | + | + | + | - | - | - | - | - | + | + | - | + | + | 8 |
| Lee, 2015 | + | + | + | + | - | - | - | - | + | + | - | + | + | 9 |

Upper Limb (UL)

| AUTOR/ANO | ELEGIBILITY CRITERIA SPECIFIED | RANDOMIZED | ALLOCATION WAS CONCEALED | BASELINE SIMILAR | BLINDING OF ALL SUBJECTS | ALL THERAPISTS BLINDING | ASSESSORS WHO MEASURED | ADEQUATE FOLLOW-UP | INTENTION TO TREAT ANALYSIS | BETWEEN-GROUP COMPARISONS | POINT ESTIMATES AND VARIABILITY | ESCORE |
|------------------|--------------------------------|------------|--------------------------|------------------|--------------------------|-------------------------|------------------------|--------------------|-----------------------------|---------------------------|---------------------------------|--------|
| Braun, 2012. | + | + | + | + | - | - | - | + | - | + | + | 8 |
| Letswaart, 2011 | + | + | + | - | + | - | - | + | + | + | + | 8 |
| Page, 2011 | + | + | + | + | - | - | - | + | + | - | + | 8 |
| Schuster, 2012 | + | + | + | + | - | - | - | + | + | + | + | 8 |
| Timmermans, 2013 | + | + | - | + | - | - | - | + | + | + | + | 8 |
| Welfringer, 2011 | + | + | + | + | - | - | - | + | + | - | + | 8 |
| Liu, 2004 | - | + | + | + | - | - | - | + | + | - | + | 7 |
| Nilsen, 2012 | + | + | + | + | - | - | - | + | - | - | + | 7 |
| Fu, 2010 | + | + | - | + | - | - | - | - | + | + | + | 7 |
| Hu 2010 | + | + | - | + | - | - | - | - | + | + | + | 7 |
| Page, 2007 | + | + | - | + | - | - | - | + | - | - | + | 6 |
| Page, 2005 | + | + | - | - | + | - | - | + | + | - | + | 6 |
| Riccio, 2010 | + | + | - | + | - | - | - | + | - | - | + | 6 |
| Sun, 2013 | - | + | - | + | - | - | - | + | + | - | + | 6 |
| Ferreira, 2011 | - | + | - | + | - | - | - | - | + | - | + | 5 |
| Liu, 2009 | + | + | - | + | - | - | - | - | + | - | + | 5 |
| Page, 2000 | + | + | - | - | - | - | - | + | - | + | + | 5 |
| Nayeem, 2012 | - | + | - | - | - | - | - | + | - | + | + | 4 |
| Muller, 2007 | - | + | - | + | - | - | - | - | - | + | + | 4 |

Cochrane scores for each included scale by subgroup

ADL

| AUTOR/ANO | A | B | C | D | E | F | G | H | I | J | K | ESCORE |
|-----------------|---|---|---|---|---|---|---|---|---|---|---|--------|
| Braun, 2012. | + | + | + | - | - | + | + | - | + | + | + | 8 |
| Letswaart, 2011 | + | + | + | - | - | + | - | + | + | + | + | 8 |
| Liu, 2004 | + | + | + | - | - | + | + | + | + | + | - | 8 |
| Liu, 2009 | + | + | + | - | - | + | + | + | + | + | - | 8 |

Balance

| AUTOR/ANO | A | B | C | D | E | F | G | H | I | J | K | ESCORE |
|-----------------|---|---|---|---|---|---|---|---|---|---|---|--------|
| Braun, 2012. | + | + | + | - | - | + | + | - | + | + | + | 8 |
| Schuster, 2012 | + | + | - | - | - | + | + | + | + | + | + | 8 |
| Cho, 2012 | + | + | ? | - | - | + | - | - | + | + | - | 5 |
| Hwang, 2009 | - | - | ? | - | - | ? | + | + | + | + | - | 4 |
| Dickstein, 2013 | - | ? | ? | - | - | + | - | - | + | + | - | 3 |
| Lee, 2015 | ? | ? | ? | - | - | ? | + | + | ? | + | - | 3 |

Lower limb (LL)/Gait

| AUTOR/YEAR | A | B | C | D | E | F | G | H | I | J | K | ESCORE |
|-----------------|---|---|---|---|---|---|---|---|---|---|---|--------|
| Verma, 2011 | + | + | + | - | - | + | + | + | + | + | + | 9 |
| Braun, 2012. | + | + | + | - | - | + | + | - | + | + | + | 8 |
| Liu, 2009 | + | + | + | - | - | + | + | + | + | + | - | 8 |
| Cho, 2012 | + | + | ? | - | - | + | - | - | + | + | - | 5 |
| Malouin, 2009 | ? | ? | + | - | - | + | + | + | ? | + | - | 5 |
| Hwang, 2009 | - | - | ? | - | - | ? | + | + | + | + | - | 4 |
| Kim, 2015 | ? | ? | ? | - | - | ? | + | + | + | + | - | 4 |
| Oostra, 2015 | - | ? | - | - | - | ? | + | + | + | + | - | 4 |
| Dickstein, 2013 | - | ? | ? | - | - | + | - | - | + | + | - | 3 |
| Lee, 2011 | + | ? | ? | - | - | ? | + | - | - | + | - | 3 |
| Lee, 2015 | ? | ? | ? | - | - | ? | + | + | ? | + | - | 3 |
| Bae, 2015 | - | - | - | - | - | - | + | - | ? | + | - | 2 |

Upper Limb (UL)

| AUTOR/ANO | A | B | C | D | E | F | G | H | I | J | K | ESCORE |
|------------------|---|---|---|---|---|---|---|---|---|---|---|--------|
| Braun, 2012. | + | + | + | - | - | + | + | - | + | + | + | 8 |
| Ietswaart, 2011 | + | + | + | - | - | + | - | + | + | + | + | 8 |
| Liu, 2004 | + | + | + | - | - | + | + | + | + | + | - | 8 |
| Liu, 2009 | + | + | + | - | - | + | + | + | + | + | - | 8 |
| Riccio, 2010 | + | + | - | - | - | + | + | + | + | + | + | 8 |
| Nilsen, 2012 | + | + | + | - | - | + | + | + | ? | + | - | 7 |
| O'Brien, 2011 | - | + | + | - | - | + | + | + | + | + | - | 7 |
| Page, 2011 | + | + | + | - | - | + | + | + | ? | + | - | 7 |
| Welfringer, 2011 | + | + | + | - | - | + | + | - | + | + | - | 7 |
| Ferreira, 2011 | ? | ? | + | - | - | + | + | + | + | + | - | 6 |
| Timmermans, 2013 | + | ? | + | - | - | + | + | - | + | + | - | 6 |
| Liu, 2014 | - | ? | + | - | - | + | + | + | ? | + | - | 5 |
| Liu, 2009 | - | ? | - | - | - | + | + | + | + | + | - | 5 |
| Page, 2000 | ? | ? | + | - | - | ? | + | + | + | + | - | 5 |
| Park, 2015 | + | + | ? | - | - | + | + | - | ? | + | - | 5 |
| Sun, 2013 | ? | ? | + | - | - | + | + | - | + | + | - | 5 |
| Page, 2007 | - | ? | ? | - | - | + | + | + | ? | + | - | 4 |
| Page, 2005 | + | ? | ? | - | - | + | + | - | ? | + | - | 4 |
| Muller, 2007 | - | ? | + | - | - | ? | + | + | ? | + | - | 3 |
| Grabherr, 2015 | - | ? | ? | - | - | - | + | + | ? | + | - | 3 |
| Kim, 2015 | ? | ? | ? | - | - | ? | + | - | ? | + | - | 2 |

A, Randomization method; B, allocation concealed; C, similar baseline; D, patient blinded; E, provider blinded; F, assessor blinded; G, co-intervention avoided; H, acceptable compliance; I, acceptable drop-out; J, timing of outcome assessment similar; K, intention-to-treat analysis.