**Appendix Table 1: Predicted Reduction in Total Medical Expenditures from Weight Loss for People with Diabetes ($2019)**

|  |  |  |  |
| --- | --- | --- | --- |
| **Baseline BMI** |   | **Total Exp** | **Percent Reduction in BMI** |
| **5%** | **10%** | **15%** | **20%** |
| 30 | Mean |  $7,573.97  |  $910.54  |  $1,713.63  |  $2,421.96  |  $3,046.70  |
|   | SD |  $11,088.10  |  $331.20  |  $623.54  |  $881.60  |  $1,109.39  |
| 31 | Mean |  $7,747.44  |  $1,025.29  |  $1,925.82  |  $2,716.79  |  $3,411.53  |
|   | SD |  $9,665.17  |  $373.74  |  $701.76  |  $989.66  |  $1,242.35  |
| 32 | Mean |  $5,487.02  |  $1,040.21  |  $1,949.89  |  $2,745.42  |  $3,441.11  |
|   | SD |  $8,529.06  |  $396.73  |  $743.41  |  $1,046.35  |  $1,311.07  |
| 33 | Mean |  $10,422.89  |  $1,133.74  |  $2,121.64  |  $2,982.45  |  $3,732.53  |
|   | SD |  $33,519.05  |  $531.21  |  $994.26  |  $1,397.89  |  $1,749.74  |
| 34 | Mean |  $10,050.11  |  $1,338.66  |  $2,499.78  |  $3,506.90  |  $4,380.45  |
|   | SD |  $22,580.70  |  $460.95  |  $860.23  |  $1,206.08  |  $1,505.65  |
| 35 | Mean |  $7,130.63  |  $1,594.28  |  $2,971.92  |  $4,162.37  |  $5,191.05  |
|   | SD |  $8,023.96  |  $837.29  |  $1,560.75  |  $2,185.85  |  $2,725.97  |
| 36 | Mean |  $6,444.55  |  $1,631.23  |  $3,034.55  |  $4,241.81  |  $5,280.40  |
|   | SD |  $8,847.34  |  $752.73  |  $1,399.84  |  $1,956.16  |  $2,434.42  |
| 37 | Mean |  $10,254.56  |  $1,994.19  |  $3,702.62  |  $5,166.25  |  $6,420.15  |
|   | SD |  $17,200.47  |  $805.11  |  $1,494.04  |  $2,083.58  |  $2,588.05  |
| 38 | Mean |  $11,337.67  |  $2,152.98  |  $3,990.58  |  $5,559.01  |  $6,897.68  |
|   | SD |  $14,940.33  |  $912.93  |  $1,691.97  |  $2,356.76  |  $2,924.05  |
| 39 | Mean |  $7,533.09  |  $2,322.65  |  $4,296.36  |  $5,973.56  |  $7,398.79  |
|   | SD |  $10,985.35  |  $982.41  |  $1,816.35  |  $2,524.27  |  $3,125.21  |
| 40 | Mean |  $9,333.12  |  $2,664.74  |  $4,919.69  |  $6,827.86  |  $8,442.59  |
|   | SD |  $10,171.91  |  $1,209.38  |  $2,232.68  |  $3,098.52  |  $3,831.14  |
| 41 | Mean |  $12,465.81  |  $2,722.93  |  $5,019.51  |  $6,956.48  |  $8,590.16  |
|   | SD |  $15,636.68  |  $1,004.32  |  $1,851.41  |  $2,565.88  |  $3,168.50  |
| 42 | Mean |  $7,658.28  |  $3,348.21  |  $6,158.86  |  $8,518.25  |  $10,498.83  |
|   | SD |  $8,425.49  |  $1,429.64  |  $2,629.02  |  $3,635.22  |  $4,479.37  |
| 43 | Mean |  $11,101.23  |  $3,255.08  |  $5,975.20  |  $8,248.27  |  $10,147.78  |
|   | SD |  $15,979.32  |  $1,110.66  |  $2,038.33  |  $2,813.17  |  $3,460.36  |
| 44 | Mean |  $11,691.37  |  $3,356.48  |  $6,150.79  |  $8,477.09  |  $10,413.77  |
|   | SD |  $18,991.04  |  $1,316.69  |  $2,413.65  |  $3,327.55  |  $4,088.94  |
| 45 | Mean |  $12,621.05  |  $4,908.76  |  $8,978.35  |  $12,352.23  |  $15,149.35  |
|   | SD |  $13,068.82  |  $3,174.17  |  $5,810.01  |  $7,998.80  |  $9,816.38  |
| Overall | Mean |  $8,605.58  |  $1,688.59  |  $3,135.31  |  $4,375.24  |  $5,438.28  |
|   | SD |  $16,120.82  |  $1,164.76  |  $2,136.24  |  $2,946.56  |  $3,622.52  |