**Appendix Table 1: Predicted Reduction in Total Medical Expenditures from Weight Loss for People with Diabetes ($2019)**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Baseline BMI** |  | **Total Exp** | **Percent Reduction in BMI** | | | |
| **5%** | **10%** | **15%** | **20%** |
| 30 | Mean | $7,573.97 | $910.54 | $1,713.63 | $2,421.96 | $3,046.70 |
|  | SD | $11,088.10 | $331.20 | $623.54 | $881.60 | $1,109.39 |
| 31 | Mean | $7,747.44 | $1,025.29 | $1,925.82 | $2,716.79 | $3,411.53 |
|  | SD | $9,665.17 | $373.74 | $701.76 | $989.66 | $1,242.35 |
| 32 | Mean | $5,487.02 | $1,040.21 | $1,949.89 | $2,745.42 | $3,441.11 |
|  | SD | $8,529.06 | $396.73 | $743.41 | $1,046.35 | $1,311.07 |
| 33 | Mean | $10,422.89 | $1,133.74 | $2,121.64 | $2,982.45 | $3,732.53 |
|  | SD | $33,519.05 | $531.21 | $994.26 | $1,397.89 | $1,749.74 |
| 34 | Mean | $10,050.11 | $1,338.66 | $2,499.78 | $3,506.90 | $4,380.45 |
|  | SD | $22,580.70 | $460.95 | $860.23 | $1,206.08 | $1,505.65 |
| 35 | Mean | $7,130.63 | $1,594.28 | $2,971.92 | $4,162.37 | $5,191.05 |
|  | SD | $8,023.96 | $837.29 | $1,560.75 | $2,185.85 | $2,725.97 |
| 36 | Mean | $6,444.55 | $1,631.23 | $3,034.55 | $4,241.81 | $5,280.40 |
|  | SD | $8,847.34 | $752.73 | $1,399.84 | $1,956.16 | $2,434.42 |
| 37 | Mean | $10,254.56 | $1,994.19 | $3,702.62 | $5,166.25 | $6,420.15 |
|  | SD | $17,200.47 | $805.11 | $1,494.04 | $2,083.58 | $2,588.05 |
| 38 | Mean | $11,337.67 | $2,152.98 | $3,990.58 | $5,559.01 | $6,897.68 |
|  | SD | $14,940.33 | $912.93 | $1,691.97 | $2,356.76 | $2,924.05 |
| 39 | Mean | $7,533.09 | $2,322.65 | $4,296.36 | $5,973.56 | $7,398.79 |
|  | SD | $10,985.35 | $982.41 | $1,816.35 | $2,524.27 | $3,125.21 |
| 40 | Mean | $9,333.12 | $2,664.74 | $4,919.69 | $6,827.86 | $8,442.59 |
|  | SD | $10,171.91 | $1,209.38 | $2,232.68 | $3,098.52 | $3,831.14 |
| 41 | Mean | $12,465.81 | $2,722.93 | $5,019.51 | $6,956.48 | $8,590.16 |
|  | SD | $15,636.68 | $1,004.32 | $1,851.41 | $2,565.88 | $3,168.50 |
| 42 | Mean | $7,658.28 | $3,348.21 | $6,158.86 | $8,518.25 | $10,498.83 |
|  | SD | $8,425.49 | $1,429.64 | $2,629.02 | $3,635.22 | $4,479.37 |
| 43 | Mean | $11,101.23 | $3,255.08 | $5,975.20 | $8,248.27 | $10,147.78 |
|  | SD | $15,979.32 | $1,110.66 | $2,038.33 | $2,813.17 | $3,460.36 |
| 44 | Mean | $11,691.37 | $3,356.48 | $6,150.79 | $8,477.09 | $10,413.77 |
|  | SD | $18,991.04 | $1,316.69 | $2,413.65 | $3,327.55 | $4,088.94 |
| 45 | Mean | $12,621.05 | $4,908.76 | $8,978.35 | $12,352.23 | $15,149.35 |
|  | SD | $13,068.82 | $3,174.17 | $5,810.01 | $7,998.80 | $9,816.38 |
| Overall | Mean | $8,605.58 | $1,688.59 | $3,135.31 | $4,375.24 | $5,438.28 |
|  | SD | $16,120.82 | $1,164.76 | $2,136.24 | $2,946.56 | $3,622.52 |