Supplementary File

Supplemental Table I: Variables examined in relation to positive screens for C19-Distress

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| Physical Exercise  Mindfulness  Artistic Activities  Consuming Content  Hobbies and games | Response to: At this time, during the pandemic, how many days per week do you do the following (Assessed from 0 – 7 days)?   1. Engage in physical activity (exercise, sports, yoga, etc.) 2. Practice mindfulness activities (meditation, deliberate breathing, etc.) 3. Engage with artistic or creative activities (art, music, journaling, etc.) 4. Consume content (listen to podcasts, read, watch TV or movies, etc.) 5. Other hobbies and games (cooking, board games, video games, etc.) |
| Sleep | Response to: At present, on average how many hours per day do you sleep (out of 24 hours) on a typical workday? |
| Leadership factors | Sum of standardized scores on the following questions:    In your opinion, to what extent do you feel valued by (Assessed on 4-point scale: Not at all valued, Slightly valued, Moderately valued, Very much valued)::  1. Your immediate supervisors (team leader, service chief, etc.)  2. Hospital leadership    In your opinion, what is the current level of (Assessed on 3-point scale: Low, Medium, High):  1. Camaraderie/team spirit among your group of co-workers, in your own clinical practice team or setting.  2. Support from your hospital leadership. |