Supplemental List of Instructional Materials

Required Course Materials: Miller, W. R., & Rollnick, S. (2013). Motivational Interviewing: Helping People Change. Guilford press.

Rosengren, D. B. (2018). Building Motivational Interviewing skills: A Practitioner Workbook. Guilford press.

SPSS Version 26. Download free on the institutional software site.

Course Schedule:

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| **Session** | **Month** | **Content** | **Readings/Assignments** |
| 1 | July 2020\*\* | SPSS training, EHR training\*\* | Seniors only |
| 2 | August 2020\*\* | SPSS training, EHR training\*\* | Seniors only |
| 3 | September 2020\*\* | Patient case, data practice and MI practice (week 3), data demonstration (week 4)\*\* | PH Rounds demonstration by faculty (week 3)  Data analytic presentation by TPM resident#1 (week 4) |
| 4 | October 2020 | Patient case (week 1), data practice (week 2), MI practice (week 3), data demonstration (week 4)  What is MI; Engaging | Patient case discussion by junior resident (week 1)  Data retrieval/mining by junior and senior resident (week 2)  Motivational Interviewing Part I and II, all residents (week 3)  Data analytic presentation by senior resident (week 4) |
| 5 | November 2020\*\* | Patient case (week 1), data practice (week 2), MI practice (week 3), data demonstration (week 4)\*\*  Focusing | Patient case discussion by junior resident (week 1)  Data retrieval/mining by junior and senior resident (week 2)  Motivational Interviewing Part III, all residents (week 3)  Data analytic presentation by senior resident (week 4) |
| 6 | December 2020\*\* | Patient case and/or data practice (week 1), and data demonstration (week 2)\*\* | Patient case discussion by junior resident and/or Data retrieval/mining by junior and senior resident (week 1)  Data analytic presentation by TPM resident#2 (week 2) |
| 7 | January 2021 | Patient case (week 1), data practice (week 2), MI practice (week 3), data demonstration (week 4)  Evoking | Patient case discussion by junior resident (week 1)  Data retrieval/mining by junior and senior resident (week 2)  Motivational Interviewing Part IV, all residents (week 3)  Data analytic presentation by senior resident (week 4) |
| 8 | February 2021 | Patient case (week 1), data practice (week 2), MI practice (week 3), data demonstration (week 4)  Planning | Patient case discussion by junior resident (week 1)  Data retrieval/mining by junior and senior resident (week 2)  Motivational Interviewing Part V, all residents (week 3)  Data analytic presentation by senior resident (week 4) |
| 9 | March 2021\*\* | Patient case (week 1), data practice (week 2), data demonstration (week 4)\*\* | Patient case discussion by junior resident (week 1)  Data retrieval/mining by junior and senior resident (week 2) Data analytic presentation by TPM resident#3 (week 4) |
| 10 | April 2021 | Patient case (week 1), data practice (week 2), MI practice (week 3), data demonstration (week 4)  MI in Everyday Practice | Patient case discussion by junior resident (week 1)  Data retrieval/mining by junior and senior resident (week 2)  Motivational Interviewing Part VI, all residents (week 3)  Data analytic presentation by senior resident (week 4) |
| 11 | May 2021\*\* | Patient case (week 1), data practice (weeks 2), data demonstration (week 4)\*\* | Patient case discussion by junior resident (week 1)  Data retrieval/mining by junior and senior resident (week 2)  Data analytic presentation by senior resident (week 4) |
| 12 | June 2021 | Patient case (week 1), data practice (week 2), MI practice (week 3), data demonstration (week 4)  Evaluating MI | Patient case discussion by junior resident (week 1)  Data retrieval/mining by junior and senior resident (week 2)  Motivational Interviewing Part VII, all residents (week 3)  Data analytic presentation by TPM resident#4 (week 4) |
| 13 | July 2021\*\* | SPSS training, EHR training\*\* | Seniors only |
| 14 | August 2021\*\* | SPSS training, EHR training\*\* | Seniors only |
| 15 | September 2021\*\* | Patient case, data practice and MI practice (week 3), data demonstration (week 4)\*\* | PH Rounds demonstration by faculty (week 3)  Data analytic presentation by TPM resident#5 (week 4) |
| 16 | October 2021 | Patient case (week 1), data practice (week 2), MI practice (week 3), data demonstration (week 4)  The MI Journey | Patient case discussion by junior resident (week 1)  Data retrieval/mining by junior and senior resident (week 2)  Building Motivational Interviewing Skills Part I, all residents (week 3)  Data analytic presentation by senior resident (week 4) |
| 17 | November 2021\*\* | Patient case (week 1), data practice (week 2), MI practice (week 3), data demonstration (week 4)\*\*  Engaging | Patient case discussion by junior resident (week 1)  Data retrieval/mining by junior and senior resident (week 2)  Building Motivational Interviewing Skills Part II, all residents (week 3)  Data analytic presentation by senior resident (week 4) |
| 18 | December 2021\*\* | Patient case and/or data practice (week 1), and data demonstration (week 2)\*\* | Patient case discussion by junior resident and/or Data retrieval/mining by junior and senior resident (week 1)  Data analytic presentation by TPM resident#6 (week 4) |
| 19 | January 2022 | Patient case (week 1), data practice (week 2), MI practice (week 3), data demonstration (week 4)  Focusing | Patient case discussion by junior resident (week 1)  Data retrieval/mining by junior and senior resident (week 2)  Building Motivational Interviewing Skills Part III, all residents (week 3)  Data analytic presentation by senior resident (week 4) |
| 20 | February 2022 | Patient case (week 1), data practice (week 2), MI practice (week 3), data demonstration (week 4)  Evoking | Patient case discussion by junior resident (week 1)  Data retrieval/mining by junior and senior resident (week 2)  Building Motivational Interviewing Skills Part IV, all residents (week 3)  Data analytic presentation by senior resident (week 4) |
| 21 | March 2022\*\* | Patient case (week 1), data practice (week 2), data demonstration (week 4)\*\* | Patient case discussion by junior resident (week 1)  Data retrieval/mining by junior and senior resident (week 2)  Data analytic presentation by TPM resident#7 (week 4) |
| 22 | April 2022 | Patient case (week 1), data practice (week 2), MI practice (week 3), data demonstration (week 4)  Planning | Patient case discussion by junior resident (week 1)  Data retrieval/mining by junior and senior resident (week 2)  Building Motivational Interviewing Skills Part V, all residents (week 3)  Data analytic presentation by senior resident (week 4) |
| 23 | May 2022\*\* | Patient case (week 1), data practice (weeks 2), data demonstration (week 4)\*\* | Patient case discussion by junior resident (week 1)  Data retrieval/mining by junior and senior resident (week 2)  Data analytic presentation by senior resident (week 4) |
| 24 | June 2022 | Patient case (week 1), data practice (week 2), MI practice (week 3), data demonstration (week 4)  The Practice of MI | Patient case discussion by junior resident (week 1)  Data retrieval/mining by junior and senior resident (week 2)  Building Motivational Interviewing Skills Part VI, all residents (week 3)  Data analytic presentation by TPM resident#8 (week 4) |

BAP = Brief Action Planning. MI = Motivational Interviewing. TPM = Tele-Preventive Medicine.

\*\*July and August 2020 and 2021: Note that there will be no MI practice during these months as the juniors will have just completed the BAP summer course and the seniors are either away or completing the SPSS and EHR trainings.

\*\*September 2020 and 2021: Note that there are no PH Rounds during the first 2 weeks of September. PH Rounds begin on week 3 with faculty demonstration of PH Rounds approach.

\*\*November 2020 and 2021: Note that week 1 here begins in October, due to the Thanksgiving holiday eliminating the week 4 session in November.

\*\*December 2020 & 2021: Note that there will be no MI practice in December due to the Winter holiday break.

\*\*March 2021 and 2022: Note that there will be no MI practice in March due to the Spring Break holiday.

\*\*May 2021 and 2022: Note that there will be no MI practice in May due to the American College of Preventive Medicine Annual Meeting.