**Supplemental Digital Content 1:** **The Modified Öhberg score for tendon neovascularity.**45

An example of a modified Öhberg score 4+ on ultrasound is demonstrated below.

|  |  |
| --- | --- |
| Score  | Descriptor  |
| 0  | No vessels visible  |
| 1+  | One vessel visible mostly anterior to the tendon  |
| 2+  | 0ne or two vessels throughout the tendon  |
| 3+  | Three vessels throughout the tendon  |
| 4+  | More than three vessels throughout the tendon  |

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