

**Supplement 1: Screening Questionnaire**

<b>Name</b>	<b>SS No</b>			<b>Contact Address/Phone</b>		
<b>Subject Number</b>						
<b>Date of Birth</b>	<b>Age</b>		<b>Sex</b>			
<b>BP (recorded)</b>	<b>BP (reported)</b>					
<b>Height (M)</b>	<b>Weight (Kg)</b>			<b>BMI (kg/M<sup>2</sup>)</b>		
<b>Race</b>	<b>Ethnicity</b>					
<b>Date of Screening Interview</b>	<b>YES</b>	<b>NO</b>	<b>NA</b>		<b>YES</b>	<b>NO</b>
<b>Heart disease</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>			
<b>Psychiatric disease</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<b>Food</b>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Psychotropic medications</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<b>Wheat</b>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Sulfite allergy</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<b>Soya</b>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Enalapril allergy</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<b>Nuts</b>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Chronic use of NSAIDs</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<b>Milk</b>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Hereditary angioneurotic edema</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<b>Eggs</b>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Severe Drug Allergy</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>			
<b>Asthma</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>			
<b>Seizure disorder</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>			
<b>Glaucoma</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>			
<b>Thyroid disease</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>			
<b>Diabetes</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>			
<b>Smoking</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>			
<b>Alcohol</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>			
<b>Vegan</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>			
<b>Women: Pregnant</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>			
<b>Women: Lactating</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>			

**Supplement 2: Screening Criteria for Recruitment**

1. 12 Lead EKG: No Left Ventricular Hypertrophy (LVH )
2. Chest X-Ray : No cardiomegaly
3. Hematological Profile  
Hemoglobin 13.5 –17.5 g/dL (Males) and 12.0 –16.0 g/dL (Females)  
White blood cell count  $4-11 \times 10^3/\mu\text{L}$
4. Biochemical Profile  
Sodium 135-145 mmol/L,  
Potassium 3.5 –5.1 mmol/L  
Chloride 98-106 mmol/L,  
Bicarbonate 22-29 mmol/L,  
Glucose 70 – 115 mg/dL,  
BUN 7-18 mg/dL,  
Creatinine 0.6 –1.2 mg/dL,  
Calcium 8.2-10.2 mg/dL  
Mg 1.3 – 2.1 mmol/L,  
Total Cholesterol < 200 mg./dL, with low Risk Ratio,  
Urinary Protein/Creatinine ratio <0.2,  
Urine analysis: without active sediment.
5. Serum Beta HCG (Females only): Negative

### **Supplement 3. Consent to Participate in Research**

#### **Normotensive Humans**

**Project Director:** Aruna Natarajan, MD

**Principal Investigator:** Aruna R. Natarajan, MD Phone: 202-668-1335

**Co-Investigator:** Pedro A. Jose, MD, PhD Cell Phone: 703-405-9661

**Sponsor:** National Center for Research Resources, National Institutes of Health, DHSS

The Georgetown University Institutional Review Board has given approval for this research project. For information on your rights as a research subject, call the Institutional Review Board office: 202-687-1506.

#### **Introduction**

You are invited to consider participating in this research study. We will be evaluating the mechanism of salt excretion by the kidney in response to Fenoldopam, a drug that dilates blood vessels. Specifically, we will study the effect of Enalapril, a drug used in hypertension, on Fenoldopam's ability to increase salt excretion in the urine. You will also receive Lithium, Inulin and Para-amino-hippuric acid (PAH), all of which are standard drugs used to test renal function in humans.

THIS IS NOT A TREATMENT PROTOCOL.

This form will describe the purpose and nature of the study, its possible risks and benefits, other options available to you, and your rights as a participant in the study. Please take whatever time you need to discuss the study with your physicians, hospital personnel and your family and friends. The decision to participate or not is yours. If you decide to participate, please sign and date the last line of this form.

The research is being sponsored by the National Center for Research Resources, National Institutes of Health. The NIH is called the sponsor, and Georgetown University is being paid by the NIH to conduct this study with Aruna Natarajan, MD as the primary investigator.

#### **Background and purpose of the study**

This study aims to study the factors which affect salt excretion by the kidney, by studying 2 drugs, Fenoldopam, and Enalapril and their interaction with one another in normotensive and hypertensive people (subjects) when they are on low salt and moderate salt diets.

Fenoldopam dilates (widens) blood vessels, increases the flow of blood to the kidneys and increases the elimination of water and salt (sodium) from the body. It acts by enhancing the effect of dopamine, which is produced in the kidney, and increases salt excretion. This drug

has been studied extensively in animals, and has been well tolerated in healthy men and women with normal blood pressure and high blood pressure. It has been shown to lower blood pressure in some individuals with high blood pressure. Fenoldopam has also been used safely as a treatment for heart failure and retention of excessive body fluid in selected individuals on an experimental basis.

Another substance produced in the body is Angiotensin II, which decreases salt excretion in the urine and thus helps to retain salt and water in the body. We would like to know whether Fenoldopam increases salt excretion in normotensive and hypertensive individuals, and whether this effect is modified by Angiotensin II. We will administer a drug widely used in treating hypertension, Enalapril, which decreases the body's production of Angiotensin II, and study its effect on Fenoldopam-induced salt excretion.

The amount of salt intake in the diet may affect the actions of the drugs we use. Also, some individuals have salt-sensitive hypertension that is their blood pressures are higher with increased salt intake. So, we will study the effects of these drugs in conditions of low and moderate salt diet. We will study normotensive and hypertensive men and women, and see if salt excretion in response to Fenoldopam in these two groups varies depending on salt diet and intake of Enalapril.

To assess effects of any drug, we need to compare these effects with the normal functions of the kidney in excreting certain standard drugs. So you will also be given lithium, PAH (para-amino-hippuric acid) and inulin, which are all standard drugs used to assess renal function. We will also test your urine for some substances that help you excrete salt in the urine, called sodium transporters.

Past research has indicated that essential hypertension has a heritability as high as 30% -50%. We hope to understand the genetic factors that may influence the occurrence of this widespread disease, which is known to be aggravated by increased salt intake. Could it be related to inefficient excretion of salt by the kidney?

To learn more about the potential genetic factors which may influence how an individual responds to Fenoldopam, and Enalapril, we would like to test your blood for some of the recently identified abnormalities in the genetic makeup of some genes that influence salt excretion. For example, abnormalities in the makeup of a specific gene, GRK4, appear to be present in the random population, but also appear to have a higher incidence in people who have high blood pressure. Similarly, interactions with other genes controlling the renin-angiotensin system, which is responsible for production of Angiotensin II (described earlier in this form), may contribute to the development of high blood pressure.

We will also look for known abnormalities in the makeup of genes, which may affect the actions of Angiotensin II.

This information will be kept completely confidential and anonymous for research and educational purposes only.

You were selected for this study because you are in good health, between 18 and 55 years of age, have a normal blood pressure, and have volunteered to participate.

Women of childbearing potential must agree to avoid pregnancy. Their physician may counsel them about avoiding pregnancy

### **Total number of subjects**

About 48 people (20 normotensive and 28 hypertensive people) will take part in this study. Participants in the study are referred to as "subjects." All subjects will be participating at this site, GCRC of Georgetown University.

### **General plan of this study**

This study involves placing subjects with normal and high blood pressure on diets with low and moderate amount of salt, and testing how well their kidneys excrete salt in the urine when treated with drugs that increase salt excretion by stimulating dopamine in the kidney, or inhibiting Angiotensin II in the kidney. Every subject will be tested with low salt diet and moderate salt diet.

### **Investigational Procedures**

Procedure for testing Enalapril's and Fenoldopam's effect on salt excretion in urine in low salt and salt loaded states

If you choose to participate, you will be hospitalized for a total of 6 days (3 days in a row, followed by 3 further days in a row after an interval of one month). Five days before hospitalization, a medical history, physical exam, blood test and urine sample will be done. You will be placed on a special diet containing a low/ moderate amount of salt. This will be determined in a random manner. Your meals will be given to you daily, as packets for the day, which you can pick up from the GCRC, Georgetown University Hospital. It is critical that you follow the diet strictly, avoiding coffee, colas, and all snacks, which are sources of extra salt. You will also be asked to collect several 24 hour urine samples at home, and to report to the hospital daily, to pick up your meals for the day to have your weight, heart rate, blood pressure checked, and to submit your urine sample for analysis. The salt in the urine will help us monitor that you are following the prescribed diet. Once you are found to be in metabolic 'balance', which is determined by your intake-output balance, you will receive a dose of Enalapril/placebo by mouth on the evening of the 5th day, and admitted to the hospital as an in-patient. The dose of Enalapril you will receive is **2.5 mg/dose in 2 doses, 12-14 hours apart**. (The dose used to treat high blood pressure is from 2.5-40 mg twice daily)

From midnight to 5pm. on the next day (Day 6), you must stay in bed and eat no food. At 6am. on the 6<sup>th</sup> day, or the evening prior to Day 6, 3 small IV (intravenous) catheters will be placed in the veins of your arms. You will drink a standard amount of water adjusted for your weight. Inulin and PAH, standard agents to assess kidney function, will be given through the IV lines. These are harmless medications and are used mainly to see how well the kidney can excrete them. 1 dose of lithium will be given by mouth. Lithium is given to determine its excretion by the part of the kidney we are interested in studying, which is the proximal tubule, and the part where salt is maximally reabsorbed into the blood. We will be giving 600 mg of lithium

carbonate (Eskalith, Smith Kline Beecham) immediate release, which is 1/3 of the starting dose used to treat psychiatric conditions. You will be asked to urinate every half-hour and continue to drink water regularly. Blood samples will be drawn every half-hour between 10.30 am. and 4.30 pm. Between 11.30 am. and 2.30 pm. , you will receive a third drug, Fenoldopam, as an IV infusion at 0.05:g/Kg/min for a duration of 3 hours. This dose is half of the minimum dose used to reduce blood pressure in patients with high blood pressure. In therapeutic trials in the past, this dose results in the same drug levels in the body in subjects with normal and high blood pressures. Blood pressure and pulse will be checked regularly using an automated device, and a cuff around your arm. At 4.30pm, you may get out of bed, eat and walk around, but you must remain in the hospital. Again, you will receive an oral dose of placebo/Enalapril (the opposite of the one you got the day before). You will spend the night in the hospital. At 07.3000 am. on the next day (Day7) you will receive a second dose of placebo/Enalapril by mouth. From 10.30am. to 4.30 pm. on the 7<sup>th</sup> day, the infusions and tests described earlier are repeated. If you received enalapril on the 5<sup>th</sup> and morning of the 6<sup>th</sup> days, you will receive placebo (inactive medication) on the evening of the 6<sup>th</sup> day and the 7<sup>th</sup> day and vice versa.

At 4pm. on the 7<sup>th</sup> day, you may go home and eat a normal diet. After one month at home, the entire process as for Days 5-7 is repeated, except you will be on low salt diet, if you were on moderate salt diet the first time, and vice versa. Again, all meals will be supplied by the GCRC, and must be picked up by you daily, when you will also submit urine for testing, and have a brief physical examination. Urine analysis for sodium will help us follow sodium balance and make sure you are following the diet strictly.

You will be asked to make an outpatient visit one week after each hospitalization for a final physical exam, blood test and urine test.

### **How your treatment will be determined in this study**

You will undergo low and moderate salt diet regimens, 5 days of each diet. These will be scheduled four weeks apart, and the order in which you are assigned these diets will be 'randomized'. This means that like flipping a coin, there is an equal chance of starting out with a low salt diet, as starting out with a moderate salt diet. We will make the randomization procedure such that half the subjects will start with low salt, and the other half will start with moderate salt. The allocation will be made by a computerized system. All subjects will have both diets, four weeks apart. Similarly, there will be randomization of whether you get Enalapril or placebo (an inactive medication) first, but you will always get Fenoldopam. These randomizations will all be double blinded, that is, neither you nor the administering nurse/physician will know which treatment you have received. In all cases, you will be monitored closely, just as if you had received the drug. This process is necessary to reduce or minimize any 'bias' that could occur in interpretation of the data, and also in the symptoms you may experience after taking the drug. Of course, you will know whether you are on low or high salt diet, as you will guess from the taste! In the event of an emergency, only Dr. Aruna Natarajan and Dr. Pedro Jose are authorized to break the code, and determine which diet/drug you are being treated with, so that you receive appropriate treatment.

### **Length of the study for each subject**

We expect that you will be in the study for 5 days as outpatient on the diet, 3 days and 2 nights as inpatient for the drug trial. 4 weeks later, you will spend another 5 days on the diet as outpatient, and 3 days and 2 nights as an inpatient on the drug trial.

So each subject spends 10 outpatient days (on diet) and 6 inpatient days (on drug trial)

### **Possible benefits of participating in the study**

You might benefit from this study if we were to discover that you are sensitive to salt, and this may help you decide to make some lifestyle changes, such as reduce the amount of salt in your diet, which may prevent hypertension later on in life. However, we cannot guarantee that you will experience medical benefits from participating in this study. Others may benefit in the future from the information we obtain while you are in this study.

If you are taking any over-the-counter drugs, herbal supplements, etc. which you have purchased from the drug store, grocery store, etc., you should advise your physician

### **Possible side effects and other risks of participating in the study**

You may experience some side effects as a result of the study medicines and treatments you receive.

#### **Very likely, less serious:**

**Sodium and potassium supplements taken on the day of renal function testing may cause some loose stools, and abdominal discomfort. Potassium tastes bad and could cause nausea. We are giving the supplements slowly, and giving the potassium in a little orange juice to mask the taste.**

You will miss work during the days you are an in-patient in the study (total of 6 days). On the days you have to report to the GCRC to pick up your meals, have your physical exam and have your urine tested, you will need to spend about 1-2 hrs at the GCRC every morning. (total of 10 days).

The risk of blood drawing, and IV catheter placement, includes uneasiness associated with needles, excessive bleeding at the site, or the formation of a small clot in the vein at the site of puncture. These complications will be watched for and promptly treated.

During the entire study, a total of about 450 cc (1 unit or pint) of blood will be obtained for the laboratory tests required by the protocol. Other blood draws, such as for blood donation or for other tests, could result in an excessive amount of blood being donated during the study. Therefore, if you are asked to donate blood by anyone, you should inform them of this study and decline to donate blood for at least 1 month after end of the trial.

**Less likely, but serious:**

Fenoldopam may increase or decrease blood pressure during the infusion. For this reason, we will monitor blood pressure every 15 minutes while you are on the Fenoldopam infusion. However, these changes will be by less than 10 points. Sometimes heart rate can increase by about 10 points. We will be watching for these side effects. The drug lasts a very short time (6 minutes) in the body, so if we see significant changes in blood pressure or pulse, we will stop the drug immediately, and the effects will be reversed. Most of these changes are seen at a dose of 0.1: g/Kg/min, while we will be giving you a dose of 0.05: g/Kg/min.

Fenoldopam has also been reported to cause flushing, palpitations or headache. However, about 950 patients with heart failure and high blood pressure have received oral Fenoldopam for 1-16 weeks without significant problems. The minimum dose that was used in these patients was twice the dose you will receive.

Fenoldopam contains sodium metabisulfite, a sulfite that may cause allergic symptoms that could be severe, such as asthma, or even life-threatening allergic reactions. Subjects who are allergic to sulfites will be excluded from the study, as will subjects with asthma, who have a higher tendency to be allergic to sulfites.

The pressure in your eyes could increase with Fenoldopam. For this reason, we will exclude patients with glaucoma. The effects on the eye are reversible and will reverse within a few minutes of stopping the drug.

Fenoldopam can also cause low potassium levels in your body. For this reason, you will get potassium capsule, while on the drug, and your blood will be checked for potassium levels. We will also follow a continuous EKG on you during the infusion, which can help us detect a change in potassium levels.

Non-specific symptoms such as chest pain, a low grade fever, limb cramps, nervousness and anxiety, reaction at the injection site and headache have been described at the doses we will use in less than 10% of the subjects tested, which should resolve on stopping the drug.

Drug Interactions There is limited information about the risks of administering Fenoldopam with enalapril, as we will be doing in this study. Fenoldopam has been administered without problems with drugs such as digitalis and trinitroglycerine. However, the action of Fenoldopam is short-lived, therefore, on stopping the drug, any drop in blood pressure should resolve within a few minutes with standard treatment, that is extra IV fluids.

Enalapril may also reduce blood pressure. Enalapril will be administered in the hospital, under supervision. Generally, Enalapril is given in doses ranging from 2.5 mg twice a day to 40 mg twice a day, to treat hypertension. We will be giving 2.5 mg per dose of Enalapril for two doses separated by 12- 14 hrs, which is a low dose, to enhance salt excretion, but has a minimal effect on blood pressure. However, we will monitor blood pressure closely to make sure it is not low. If blood pressure decreases more than 20 points, or if you have symptoms of lightheadedness, we will discontinue the study and reverse fall in blood pressure with appropriate treatments, by giving intravenous fluids.

Other adverse effects of enalapril, which have been reported, include jaundice, rash, persistent cough and high levels of potassium. We will be measuring potassium levels. The other effects will resolve on stopping the drug.



**Rare:**

These are extremely unlikely. However, rarely, Enalapril can cause swelling of the face and windpipe. This is like an allergic response to the drug, may obstruct breathing, and be life threatening. Therefore, we would like to know immediately if you have any sensation of choking or swelling in your face, tongue or throat. In such a case, the drug will be discontinued, and you will be excluded from the rest of the trial. If you have had an allergic reaction to Enalapril in the past, or have a hereditary condition where you have experience swelling of the face, windpipe or difficulty in breathing due to allergy/reaction to some external factor, you will not be able to participate in the study as Enalapril may be dangerous for you.

**Drug Interactions with Enalapril**

When given with diuretics or anti-inflammatory drugs, Enalapril may cause a fall in blood pressure. We will ask that you let us know if you are taking any over-the-counter anti-inflammatory drugs such as Motrin. Enalapril can cause higher blood levels of lithium, which are addressed in the next paragraph.

**Lithium**

You will receive a single dose of 600 mg Lithium Carbonate (Eskalith), (2 capsules by mouth) immediate release on each day of the drug trial, when you are an in-patient.

The dose we are giving is less than the maintenance dose used to treat psychiatric disorders (which is 900 mg/day) and 1/3 the dose used to treat acute mania (which is 1800 mg/day). The reason we need to give you Lithium is to measure its excretion in the urine, which is the best indicator of how well a certain part of the kidney is functioning. This part of the kidney plays a critical role in controlling salt excretion, so we need to know how well it is working.

High levels of lithium in the body are associated with diarrhea, vomiting, tremor, drowsiness and muscle weakness, and even a change in consciousness. We will be giving very low doses of lithium as a single dose : levels tested in subjects so far have been well below the toxic range.

**Drug Interactions with Lithium**

We will ask that you take no other medications when Lithium is given, as it can interact with several over-the-counter drugs, such as anti-inflammatory drugs, which would increase Lithium levels. Other drugs and situations may also cause an increase in Lithium levels, even if the dose is low, such as:

Flagyl, enalapril, calcium channel blockers, some antidepressants which are serotonin inhibitors, and antiseizure drugs, and in patients who have thyroid disease. Lithium levels may also be higher when you are on a low salt diet, and so we will follow levels closely, about 8-12 hrs after administering the drug.

We will thus exclude all subjects on any of these drugs, those with thyroid disease, and ask you to let us know if you are on any medications, including over-the-counter and herbal remedies.

Lithium has also been reported to cause increased thirst, dry mouth, and occasionally cold and painful fingers and toes, all of which resolve on stopping the drug. Very rarely, a syndrome with increased pressure in the brain, with impairment of vision has been reported with lithium toxicity. We do not anticipate this will occur in the very low dose we are prescribing, under careful supervision, and with close monitoring of serum lithium levels.

Other persons may learn that you have contributed a sample of blood for genetic analysis. This risk is small, since the DNA samples will be made anonymous after testing for the specific mutations.

A health care worker may be involved in a needle-stick injury with exposure to your blood. In such an event, as certain mandatory testing for communicable diseases such as hepatitis and HIV need to be done, we will obtain a separate consent from you, before your blood is tested.

We will take reasonable safeguards to minimize known and potential risks but unknown and/or unanticipated side effects might occur. Most side effects will go away when the study drugs are stopped. The effects on blood pressure are reversed by stopping the drugs mentioned above.

### **Who can participate**

This study is designed for men and women between the ages of 18 years and 55 years. You must be in good general health, with no chronic diseases. Your suitability for this study will be determined by a detailed history, physical exam demonstrating normal blood pressure, ECG, Chest Xray and lab tests to determine your body chemistry and lipid levels, and your signing of the consent form. During the study, your urine will be checked while you are on the diet to make sure you are following it as instructed.

### **Who cannot participate**

You cannot participate if you are pregnant, breastfeeding (for women), have a chronic disease such as asthma, arthritis, diabetes, or seizure disorder. You cannot participate if you have a hereditary predisposition to develop swelling of the face or airway as an allergic response, if you have had an allergic response to sulfa drugs, or a past history of allergic response to Enalapril. You cannot participate if you have a past history of heart failure. If you do not achieve salt balance after being on the diet for 7 day, you cannot participate in the study.

### **Avoidance of Pregnancy**

The medicines and procedures used in this study may be unsafe for an unborn baby, an infant, sperms, and eggs. If you, as a subject of study, are a woman of child bearing potential, you must agree to avoid pregnancy during your participation in this study. If you, as a subject, are a man, you must agree to not conceive a child during your participation in this study. If you do become pregnant during the study or if you father a child during the study, you should immediately notify Dr. Aruna Natarajan at 202- 668-1335 (Pager). In addition, if you are already pregnant or are breast feeding, you cannot participate in this study.

**Other treatment options**

You do have the option not to participate in this study.

**Confidentiality of the data collected during the study**

Every effort will be made to keep your medical records confidential as well as other personal information that we gather during this study. However, we cannot guarantee absolute confidentiality.

Whenever data from this study are published, your name will not be used.

The material used for genetic testing will be coded such that the information cannot be traced back to you. Only Dr. Aruna Natarajan and Dr. Pedro Jose, the investigators will have access to the code.

Individuals from the Georgetown University IRB, Georgetown University Hospital and Medical Center, the Clinical Trials Office, and the U.S. Food and Drug Administration, may look at medical and research records related to this study, both to assure quality control and to analyze data. We will disclose personal information about you to others as required by law.

**Data security**

If information about your participation in this study is stored in a computer, we will take the following precautions to protect it from unauthorized disclosure, tampering, or damage:

Password Protection

Encryption when being transferred

Only authorized users will have access.

**New findings**

Throughout the study, we will tell you about new information we receive about treatments that may be appropriate for you, about the treatments under research in this study, and any information that may affect your interest in remaining in the study.

**Costs to you for participating**

Qualified study subjects will not have to pay for the study drug, diet, or investigations used for research purposes.

**Payments to you for participating**

Qualified study subjects will be paid for participating in this study. Payments will be made as follows: 500 \$ per subject which will be paid for successful completion of both arms of the study, low and moderate salt diet. If you withdraw from the study before both arms of the study are completed, you will be paid on a prorated basis for the number of days spent in the study. In addition, all expenses incurred by you for parking while participating in the study will be reimbursed to you.

Materials obtained from you in this research may be used for commercial purposes. It is the policy of Georgetown University Medical Center, MedStar, Inc., and their affiliates not to provide financial compensation to you should this occur.

### **Compensation in case of injury**

We will make every effort to prevent study-related injuries and illnesses. If you are injured or become ill while you are in the study and the illness or injury is due to your participation in this study, you will receive emergency medical care. The costs of this care will be charged to you or to your health insurer. No funds are available from Georgetown University, Georgetown University Hospital, their affiliates, the District of Columbia government or the federal government to compensate you for a study-related injury or illness.

### **Your rights as a participant in the study**

Participation in this study is entirely voluntary. You have the right to leave the study at any time. Leaving the study will not result in any penalty or loss of benefits to which you are entitled. Should you decide to leave the study, the procedure is the following: You will be paid compensation on a prorated basis for the number of days you spent in the study. Should you decide not to participate or to withdraw, your medical care will not be affected nor will your relations with your physicians, other personnel and the hospital or university. Your care, however, may subsequently be managed by different researchers or physicians.

### **Problems and questions**

Call Dr. Natarajan at 202- 668-1335 (Pager) day or night if you have questions about the study, any problems, unexpected physical or psychological discomforts, any injuries, or think that something unusual or unexpected is happening. If Dr. Natarajan is not available, Dr. Pedro Jose, the co-investigator may be contacted at Cell Phone number 703-405-9661. The project will be covered 24 hrs /day, 7 days/week, and we will let you know the specific individual to contact, when you are enrolled. Call the Georgetown University Clinical Trials Office at 202-687-0381 with any questions or concerns about bills you have received from the hospital or your study physician that you feel may be related to your participation in this research study.

Call the Georgetown University IRB office at 202-687-1506 with any questions about your rights as a research subject.

### **Research Subject Advocate**

A nurse with expertise in clinical research studies is available to talk with you. Her job is to help ensure that you are properly informed and protected as you participate in this research study. She is not directly associated with this research study. If you have any questions about what is being done in this study, why it is being done, or if you have any other questions or concerns either now or during the study, please page Judith Baigis, RN, PhD, Research Subject Advocate, General Clinical Research Center, Professor, School of Nursing and Health Studies, Georgetown University Medical Center, Pager No. 202-542-9813.

**Withdrawal by investigator, physician, or sponsor**

The investigators, physicians or sponsors may stop the study or take you out of the study at any time should they judge that it is in your best interest to do so, if you experience a study-related injury, if you need additional or different medication, or if you do not comply with the study plan. They may remove you from the study for various other administrative and medical reasons. They can do this without your consent.

**Investigator's statement**

I have fully explained this study to the subject. I have discussed the procedures and treatments, the possible risks and benefits, the standard and research aspects of the study, and have answered all of the questions that the subject and the subject's family members have asked.

Signature of investigator \_\_\_\_\_ Date \_\_\_\_\_

**Subject's consent**

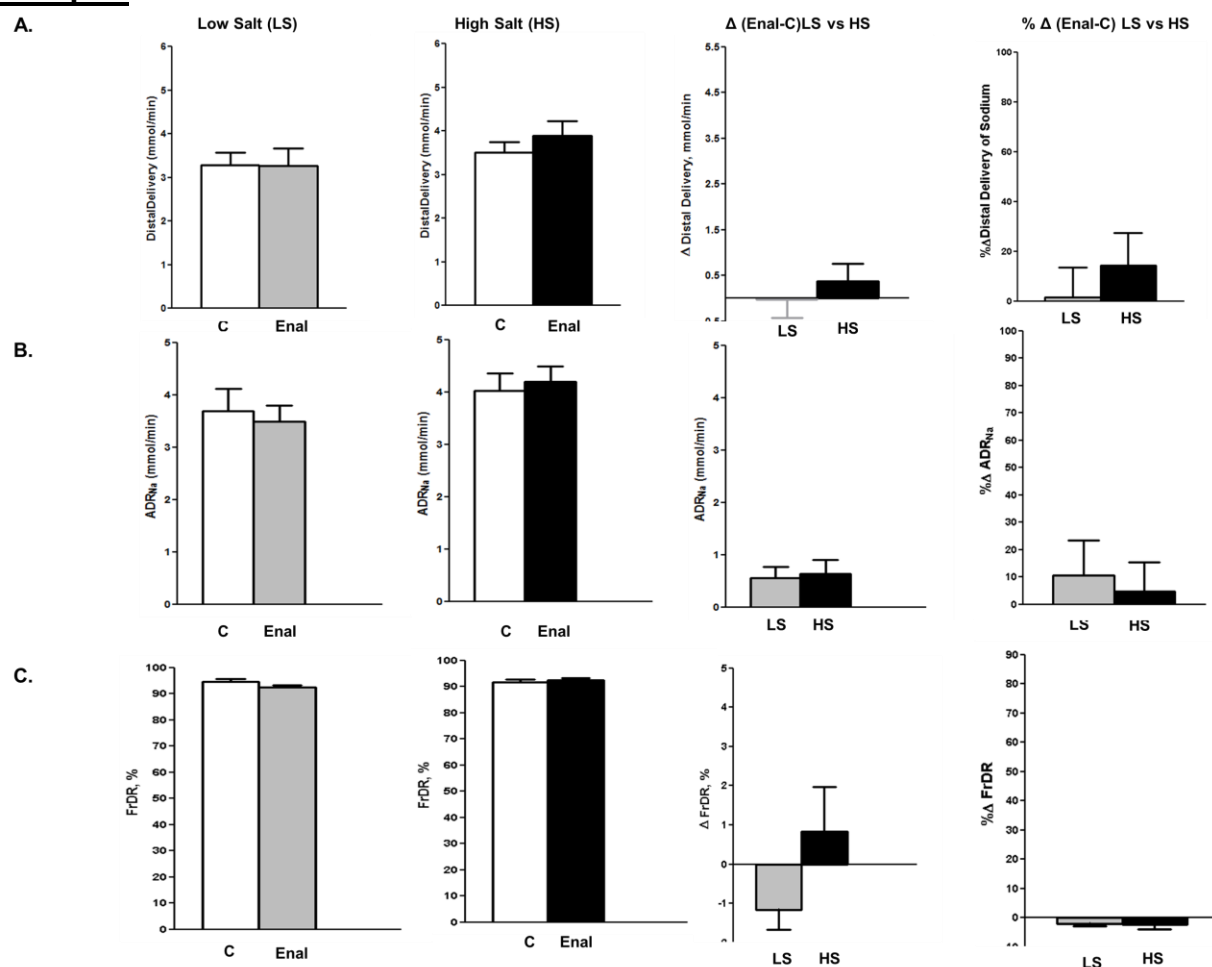
I have read the information provided in this Informed Consent Form (or it was read to me by \_\_\_\_\_). All my questions were answered to my satisfaction. I voluntarily agree to participate in this study.

[Upon signing, you will receive a copy of this form, and the original will become part of your medical record.]

Signature of witness \_\_\_\_\_ Date \_\_\_\_\_

Your signature \_\_\_\_\_ Date \_\_\_\_\_

## Supplemental Figures

**FIGURE 1. Enalapril (Enal) alone has no effect on distal sodium delivery or transport**

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 Data are shown as Mean  $\pm$  S.E.M. or Median (Range), with  $*P < 0.05$  vs. C and Post control (not shown) RM ANOVA, or Mann-Whitney Rank-Sum /paired t-test (LS vs HS) respectively

- A. L to R, Distal delivery of sodium (mEq/min) with Control (C) and Enal on Low (LS) and High Salt (HS) diets, Effect of Enal ( $\Delta$  Enal - C) on LS vs HS and Percentage effect of Enal (%  $\Delta$  Enal - C) on LS and HS
- B. L to R Absolute Distal Sodium Reabsorption (ADRN, mEq/min) with Enal and Control (C) on Low (LS) and High Salt (HS) diets, Effect of Enal ( $\Delta$  Enal - C) on LS vs HS and Percentage effect (%  $\Delta$  Enal - C) on ADR with Enal compared to C on LS and HS
- C. L to R, Fractional Distal Reabsorption (FrDR, %) with Enal and Control (C) on Low (LS) and High Salt (HS) diets, Effect of Enal ( $\Delta$  Enal - C) on LS vs HS and Percentage effect of Enal (%  $\Delta$  Enal - C) on LS and HS

**FIGURE 2. Enalapril (Enal) does not affect fenoldopam-mediated distal sodium transport on high or low salt diet**

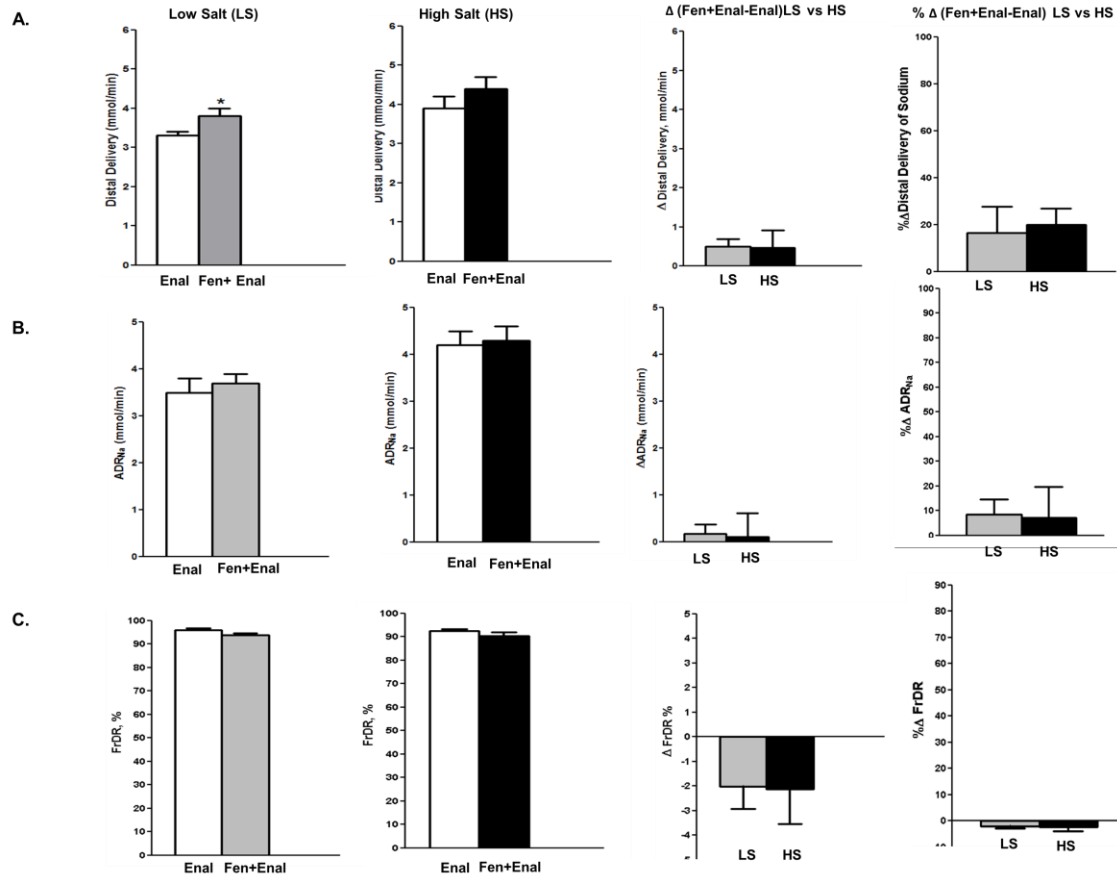


Figure 2. Enalapril (Enal) does not affect fenoldopam-mediated distal sodium transport on high or low salt diet

Data are shown as Mean  $\pm$  S.E.M. or Median (Range), with \* $P < 0.05$  vs. Enal and Post control (not shown) RM ANOVA or Mann-Whitney Rank-Sum /paired t-test (LS vs HS) respectively

- L to R, Distal Delivery of Sodium (mEq/min) with Enal and Fen+ Enal on Low (LS) and High Salt (HS) diets, Effect of Fen + Enal ( $\Delta$  Fen + Enal – Enal ) on LS vs HS and Percentage effect of Fen + Enal ( $\% \Delta$  Fen + Enal - Enal) on Distal Delivery on LS and HS
- L to R, Absolute Distal Sodium Reabsorption ( $ADR_{Na}$ , mEq/min) with Enal and Fen + Enal on Low (LS) and High Salt (HS) diets, Effect of Fen + Enal ( $\Delta$  Fen + Enal - Enal) on LS vs HS and Percentage effect of Fen + Enal ( $\% \Delta$  Fen + Enal – Enal) on LS and HS
- L to R, Fractional Distal Reabsorption (FrDR, %) with Enal and Fen + Enal on Low (LS) and High Salt (HS) diets, Effect of Fen + Enal ( $\Delta$  Fen + Enal - Enal) on LS vs HS and Percentage effect of Fen + Enal (  $\% \Delta$  Fen + Enal- Enal) on LS and HS

## Supplemental Tables

TABLE 1

Parameter	Low Salt (LS)		Statistics (LS)	High Salt (HS)		Statistics (HS)
	Fen (%)	Fen + Enal (%)		Fen (%)	Fen + Enal (%)	
Creatinine Clearance	-4.3±4.6	3.8±7.0	NS	27.9±5.3	7.0±3.8	*
Urine Flow Rate	13.5±2.8	26.4±13.7	NS	25.4±2.5	8.8±4.4	*
U <sub>Na</sub> V	21.1±7.5	107.8±58.3	**	89.3±9.6	39.6±11.4	**
FE <sub>Na</sub>	56.8±22.4	112.2±25.2	NS	75.5±20.4	28.9±11.1	**
Lithium Clearance	20.6±1.8	34.6±4.7	*	18.1±18.5	23.9±9.0	NS
APR <sub>Na</sub>	-8.7±8.7	-23.3±11.9	NS	-20.7±10.7	6.4±7.3	NS
ADR <sub>Na</sub>	-13.5±2.9	8.4±6.1	*	-19.8±7.6	7.2±12.4	NS

**Table 1. Comparison of the percentage effects of fenoldopam and fenoldopam and enalapril on low or high salt diet** Percentage effects of fenoldopam alone (Fen, %) and fenoldopam +enalapril (Fen + Enal, %) on the parameters shown. Data are expressed as Mean ± S.E.M. \* $P<0.05$ , \*\* $P<0.01$ , paired t-test, Fen (%) vs Fen +Enal (%) on Low salt and High Salt diet respectively.



**TABLE 2.**

APR <sub>Na</sub> (mEq/min) LS Fen	APR <sub>Na</sub> (mEq/min) LS Fen+Enal	ΔAPR <sub>Na</sub> (LS Fen)- (LS Fen + Enal)
7.8	7.0	0.8
9.8	9.5	0.4
13.5	11.1	2.3
13.6	11.8	2.9
2.9	1.0	1.5
12.9	9.3	3.6
11.8	11.1	0.82

**Table 2. Comparison of the difference in APR<sub>Na</sub> with fenoldopam and fenoldopam and enalapril treatment of salt-resistant subjects on low salt diet,  $P= 0.026$ , Rank Sum analysis of medians.**