**Appendix**

**Table 1** The modified Menopause Rating Scale (mMRS) compared to the standard Menopause Rating Scale

|  |  |  |
| --- | --- | --- |
| ***Symptom Domain*** | **Menopause Rating Scale** | **Modified Menopause Rating Scale** |
| **Somatic** |
| Sweating/hot flashes | **√** | **√** |
| Cardiac complaints | **√** | **√** |
| Sleep disturbances | **√** | X |
| Joint and muscle stiffness | **√** | **√** |
| **Urogenital** |
| Vaginal dryness | **√** | **√** |
| Sexual problems | **√** | X |
| Urinary complaints | **√** | **√** |
| **Psychological** |
| Depressed mood | **√** | **√** |
| Anxiety | **√** | X |
| Irritability | **√** | **√** |
| Exhaustion | **√** | X |

**Figure 2** Proportion of women living with HIV experiencing midlife reproductive symptoms (square = mild or none, circle = moderate, diamond = severe) from perimenopause and by an increasing number of years from the final menstruation.