**Supplemental Table 2. Medication Information: Comparison of Perimenopausal and Postmenopausal Survey Participants (2-Tailed)**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Medications a** | **All Respondents**  ***n*=251** | **Perimenopausal**  ***n*=127** | **Postmenopausal**  ***n*=124** | **Peri vs Post** |
| n(%) | n(%) | n(%) | *Χ2* (*p*) |
| **Prescription Medications** |  |  |  |  |
| Psychotropic |  |  |  |  |
| Antidepressants | 75 (29.9%) | 40 (31.5%) | 35 (28.2%) | 0.32 (.57) |
| Mood Stabilizers/Anticonvulsants | 18 (7.2%) | 10 (7.9%) | 8 (6.5%) | 0.19 (.66) |
| Sedatives/Hypnotics | 25 (10.0%) | 10 (7.9%) | 15 (12.1%) | 1.25 (.26) |
| Stimulants | 14 (5.6%) | 7 (5.5%) | 7 (5.6%) | <0.01 (.96) |
| Antipsychotics | 4 (1.6%) | 3 (2.4%) | 1 (0.8%) | 0.97 (.33) |
| Endocrine |  |  |  |  |
| Hormone Replacement Therapy | 49 (19.5%) | 20 (15.7%) | 29 (23.4%) | 2.33 (.13) |
| Thyroid Medications | 16 (6.4%) | 10 (7.9%) | 6 (4.8%) | 0.97 (.33) |
| Insulin/Glucose Modulators | 7 (2.8%) | 5 (3.9%) | 2 (1.6%) | 1.25 (.26) |
| Birth Control | 7 (2.8%) | 6 (4.7%) | 1 (0.8%) | 3.55 (.06) |
| Cardiac |  |  |  |  |
| Antihypertensives | 27 (10.8%) | 10 (7.9%) | 17 (13.7%) | 2.23 (.14) |
| Statins | 17 (6.8%) | 6 (4.7%) | 11 (8.9%) | 1.71 (.19) |
| Betablockers | 8 (3.2%) | 2 (1.6%) | 6 (4.8%) | 2.167 (.14) |
| Analgesics/Anti-inflammatories |  |  |  |  |
| Anti-inflammatories | 15 (6.0%) | 4 (3.1%) | 11 (8.9%) | 3.66 (.06) |
| Steroids | 12 (4.8%) | 8 (6.3%) | 4 (3.2%) | 1.30 (.25) |
| Opioids | 10 (4.0%) | 3 (2.4%) | 7 (5.6%) | 1.77 (.18) |
| Other Prescription Medications b | 16 (6.4%) | 7 (5.5%) | 9 (7.3%) | 0.32 (.57) |
| No Prescription Medication Use | 88 (35.1%) | 46 (36.2%) | 42 (33.9%) | 0.15 (.70) |
| **Over-the-Counter (OTC) Medications** |  |  |  |  |
| Analgesics/Anti-inflammatories | 132 (52.6%) | 71 (55.9%) | 61 (49.2%) | 1.13 (.29) |
| Other OTC Medication Use c | 70 (27.9%) | 39 (30.7%) | 31 (25.0%) | 1.02 (.31) |

**Bold** numbers are significant at *p*≤.05

a Respondents were instructed to select all items that applied

b Other Prescription Medications included adalimumab, albuterol, apremilast, cholestyramine, fenofibrate, hydroxyzine, montelukast, ondansetron, pantoprazole, pilocarpine, prucalopride, rizatriptan, spironolactone, umeclidinium, valacyclovir

c Other OTC Medications included black cohosh supplement, bisacodyl, cetirizine, diindolylmethane supplement, diphenhydramine, domperidone, doxylamine esomeprazole, fluticasone, H2 blockers, iron supplement, levocetirizine, loratadine, magnesium supplement, melatonin, multivitamins, omeprazole, S-adenosyl-L-methionine supplement, turmeric supplement