**Supplementary Digital Content**

**Supplementary Table 1**: Perceived Teacher Competence Questionnaire

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| **Survey Domain** | **Example of survey questions** |
| Domain 1.  Feelings and perceptions about FMS and FMS teaching | I enjoy teaching FMS;  FMS is an important component in the PE Curriculum;  I am generally enthusiastic about teaching FMS |
| Domain 2.  Confidence in teaching individual PE units | I am confident in teaching sports  I am confident in teaching fitness  I am confident in teaching FMS |
| Domain 3.  Confidence in FMS planning, teaching, assessing, reporting and evaluating | I am confident in lesson planning for FMS  I am confident in implementing teaching and learning strategies in FMS  I am confident in assessing students learning in FMS |
| Domain 4.  Adequacy of Training (pre-service and in service) in specific PE curriculum units | My training prepared me adequately to teach modified games  My training prepared me adequately to teach modified games  My training prepared me adequately to teach modified games FMS |
| Domain 5.  Success of PE programs in achieving specific PE curriculum units outcomes | The PE programs have been successful in achieving modified games unit outcomes  The PE programs have been successful in achieving sports unit outcomes  The PE programs have been successful in achieving FMS unit outcomes |
| Domain 6.  Success of PE programs in achieving student outcomes | The PE programs have been successful in improving the level of physical activity  The PE programs have been successful in improving students interpersonal skills  The PE programs have been successful in improving students confidence |
| Domain 7.  PE Planning within the school | The school has a formal planning team that meets routinely to monitor and initiate programs to promote PE in the school  Teaching programs are developed from an overall PE policy  A school level scope and sequence overview guides planning in PE |
| Domain 8.  FMS programming within PE | FMS programs cater for the diversity of student learning needs Previous outcomes achieved by students are considered when implementing lessons  Learning experiences selected in FMS programs engage student interest and provide appropriate challenge |
| Domain 9.  FMS Assessment | A range of assessment strategies used to assess student FMS learning in PE  Indicators are used to make judgements about student achievement of outcomes  The assessment process is based on syllabus outcomes and reflect syllabus content |
| Domain 10.  FMS reporting | Students FMS achievement outcomes are reported and communicated to the relevant audience  Parents/caregivers are given feedback regarding what their child knows and what skills they have gained |
| Domain 11.  FMS evaluation | Evaluation of FMS programs in PE is comprehensive  FMS programs in PE are modified and improved as a results of evaluation |
| Domain 12.  Barriers to the effective delivery of FMS in my PE program | Low levels of FMS teaching confidence  Inadequate training in FMS  Low levels of personal interest and enthusiasm in teaching FMS  Inadequate facilities or equipment |