SDC 2. Differences in steadiness (coefficient of variation for force) across the three age groups during no-visual feedback condition.

Group Young Middle-aged Old

Pinch steadiness (%) 1.2 ± 0.4 1.6 ± 0.7 †\*2.0 ± 1.1

Index finger steadiness (%) 2.0 ± 0.9 2.3 ± 0.9 \*3.3 ± 1.8

\* *p*< 0.05 compared with young adults. † *p*≤ 0.006 compared with middle-aged adults.