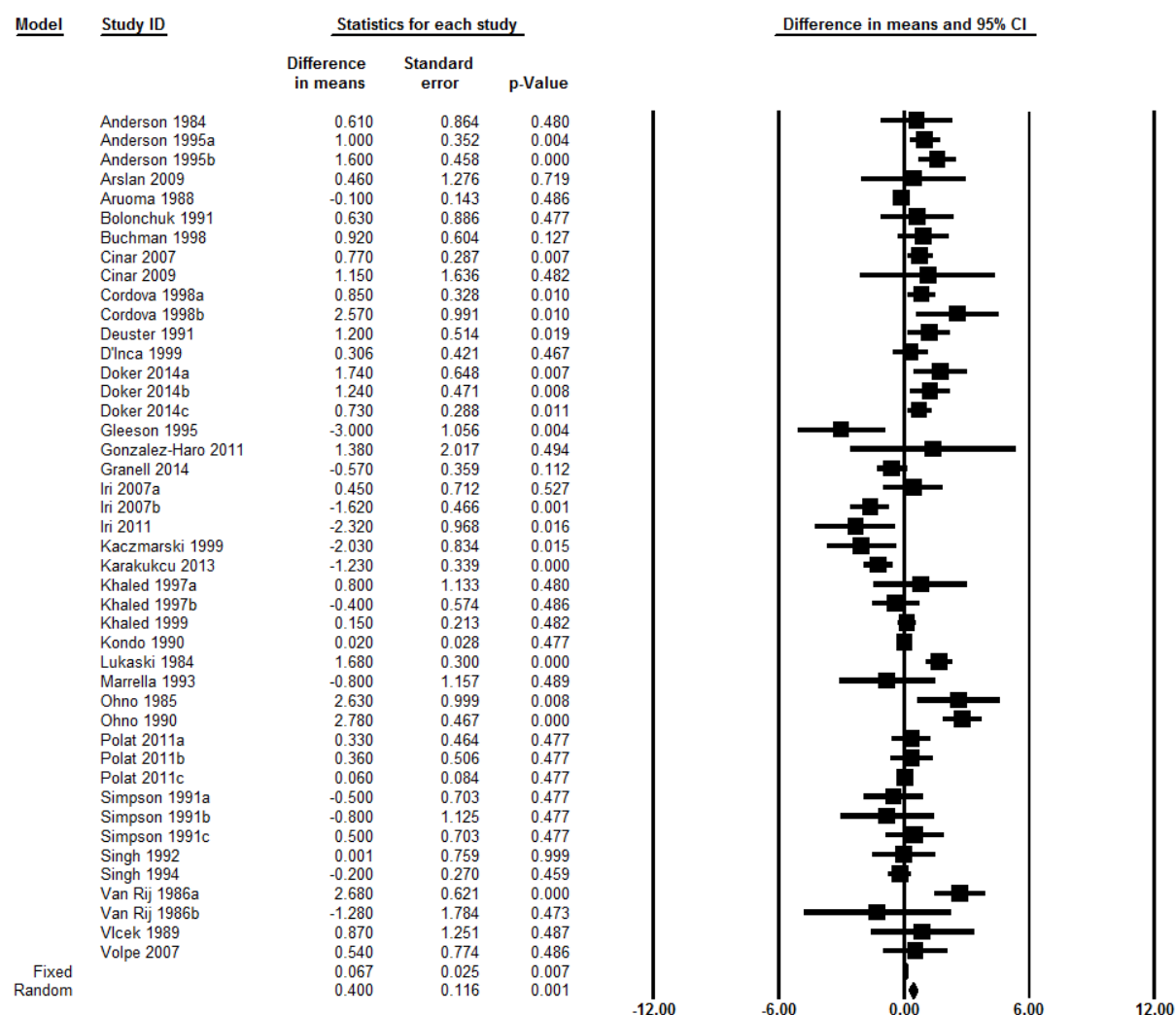




Supplemental Figure 1 Forest plot of overall meta-analysis determining the difference of serum zinc concentration between baseline (pre-exercise) levels and immediately after exercise with two outlying comparisons removed