Table S2 - Associations between physical activity (760 cpm and 2020 cpm cutpoints) with nighttime sleep outcomes (N=353)

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **Outcome**: TST (h/d) | | | **Outcome**: SE  (<85% [ref] vs. ≥85%) | | |
| **Exposure** | Beta | SE | *P*-value | OR | 94% CI | *P*-value |
| MVPA (760 cpm, h/d) | -0.02 | 0.04 | 0.583 | 0.96 | 0.78-1.19 | 0.724 |
| MVPA (2020 cpm, h/d) | 0.02 | 0.08 | 0.796 | 0.78 | 0.53-1.13 | 0.192 |