Table S3 - Associations between sleep exposures at nighttime and physical activity (760 cpm cutpoint) behavior the following day (N=353)

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| --- | --- | --- |
|  | **Outcome:** MVPA(760 cpm, h/d) | **Outcome:** MVPA(2020 cpm, h/d) |
| **Exposures** | Beta | SE | *P*-value | Beta | SE | *P*-value |
| TST (h/d) | 0.02 | 0.02 | 0.247 | 0.01 | 0.01 | 0.348 |
| SE (<85% [ref] vs. ≥85%) | 0.06 | 0.04 | 0.113 | 0.06 | 0.02 | 0.002 |