Table S3 - Associations between sleep exposures at nighttime and physical activity (760 cpm cutpoint) behavior the following day (N=353)

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **Outcome:** MVPA  (760 cpm, h/d) | | | **Outcome:** MVPA  (2020 cpm, h/d) | | |
| **Exposures** | Beta | SE | *P*-value | Beta | SE | *P*-value |
| TST (h/d) | 0.02 | 0.02 | 0.247 | 0.01 | 0.01 | 0.348 |
| SE (<85% [ref] vs. ≥85%) | 0.06 | 0.04 | 0.113 | 0.06 | 0.02 | 0.002 |