|  |  |  |  |
| --- | --- | --- | --- |
|  | **P-HD**  **(Mean ± SD)** | **P-MD**  **(Mean ± SD)** | **P-LD**  **(Mean ± SD)** |
| **Subscale** |  |  |  |
| Mental demand | 62.5 ± 21.58 | 61.3 ± 22.17 | 67.5 ± 18.40 |
| Physical demand | 39.2 ± 26.44 | 27.1 ± 21.05 | 38.3 ± 21.67 |
| Temporal demand | 47.9 ± 23.69 | 46.7 ± 19.11 | 51.3 ± 22.07 |
| Performance | 52.1 ± 20.61 | 38.3 ± 16.28 | 38.8 ± 20.24 |
| Effort | 59.6 ± 22.31 | 53.8 ± 16.80 | 67.1 ± 10.76 |
| Frustration | 50.0 ± 32.89 | 38.8 ± 28.29 | 45.4 ± 20.83 |
| **Total Workload** | 58.4 ± 15.63 | 49.6 ± 13.17 | 56. 5 ± 6.17 |