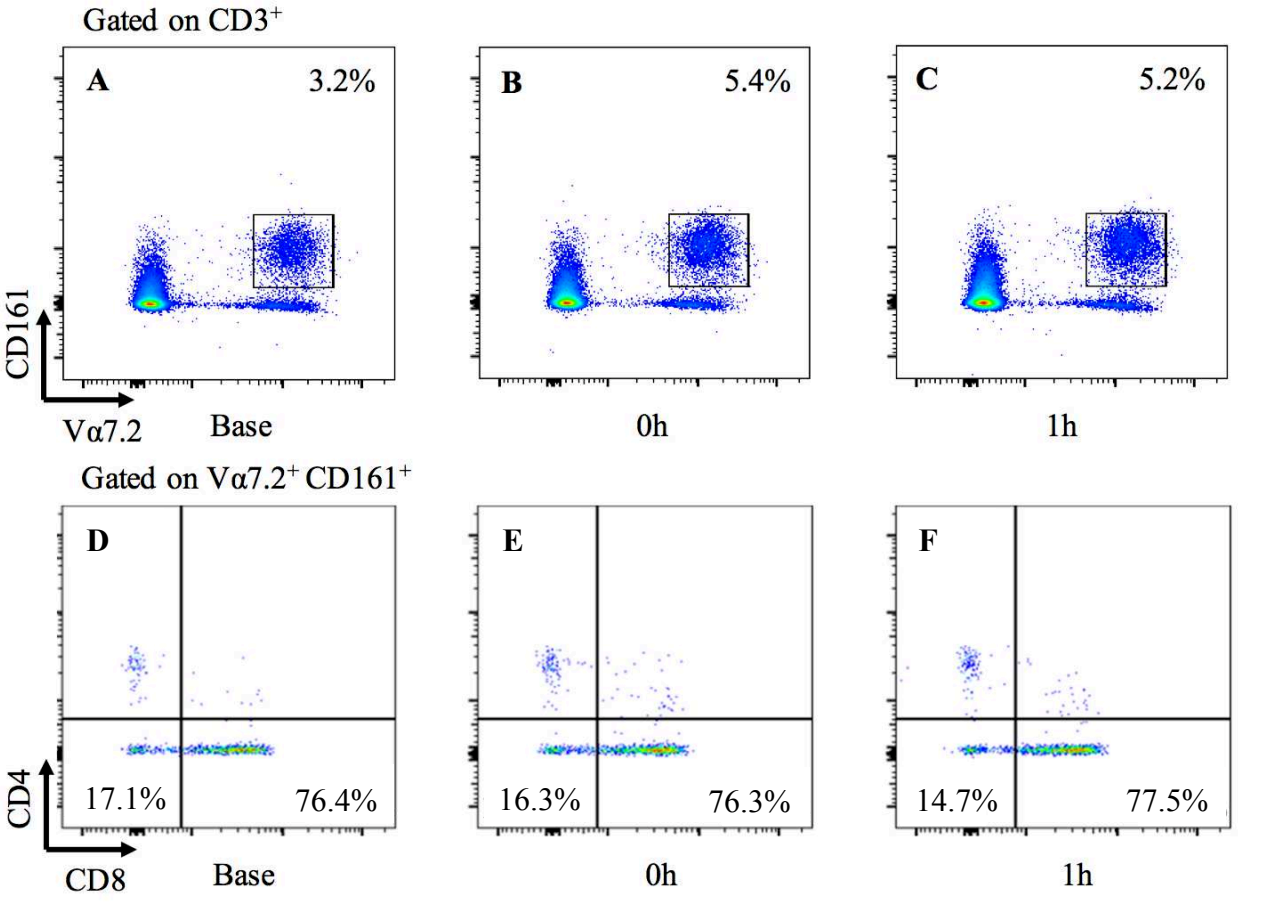

SUPPLEMENTAL DIGITAL CONTENT Figure 2. Representative FACS plots for Vα7.2$^+$CD161$^+$ MAIT cells gated on CD3$^+$ T-cells at **A)** baseline, **B)** 0 h and **C)** 1 h after sub-maximal aerobic exercise. CD8$^+$ and CD4$^-$CD8$^-$ MAIT cell subpopulations gated on CD3$^+$ T-cells at **D)** baseline, **E)** 0 h and **F)** 1 h after sub-maximal aerobic exercise. The representative FACS plots were selected from the participant with percent of MAIT cells closest to mean baseline value for the respective population while the 0 h and 1 h plots are from the same participant.