**Supplemental Table 1.** Age-, sex-specific cut-offs for tertiles of total walking time

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Sex | Age group | Lower | Middle | Higher |
| Women | <56 years | <12 | 12-35 | >35 |
|  | 56 to 65 years | <13 | 13-36 | >36 |
|  | >65 years | <13 | 13-40 | >40 |
| Men | <56 years | <10 | 10-34 | >35 |
|  | 56 to 65 years | <12 | 12-39 | >39 |
|  | >65 years | <13 | 13-41 | >41 |

Data presented as minutes per day.