

**Table S1.** Number of participants of the Melbourne Collaborative Cohort Study reporting some *versus* no leisure-time and total physical activity at baseline and follow-up.

Baseline	Follow-up	
	No reported (0 times per week)	Some reported ( $\geq 1$ times per week)
<b>Leisure-time physical activity (N=969)<sup>1</sup></b>		
No reported (0 times per week)	299 (30.9%)	121 (12.5%)
Some reported ( $\geq 1$ times per week)	264 (27.2%)	285 (29.4%)
<b>Total physical activity (N=971)<sup>2</sup></b>		
No reported (0 times per week)	27 (2.8%)	149 (15.3%)
Some reported ( $\geq 1$ times per week)	41 (4.2%)	754 (77.7%)

<sup>1</sup> Defined as participating in vigorous and/or moderate exercise.

<sup>2</sup> Defined as participating in vigorous and/or moderate exercise and/or walking.