

Supplemental Table 4. Most common physical activities and sedentary behaviors reported on the questionnaire stratified by sex and age group; SOL Youth Study, 2012-2014

Activities	Females 8-12 years old		Females 13-16 years old		Males 8-12 years old		Males 13-16 years old	
	At least 1x/week in %	Mean Number of Times/Month (SE)	At least 1x/week in %	Mean Number of Times/Month (SE)	At least 1x/week in %	Mean Number of Times/Month (SE)	At least 1x/week in %	Mean Number of Times/Month (SE)
Listening to music	91.5	21.4 (0.7)	98.2	27.3 (0.5)	84.3	19.2 (0.7)	95.1	24.0 (0.8)
Homework	86.6	22.1 (0.7)	84.6	19.2 (0.8)	87.6	20.9 (0.7)	89.1	18.7 (0.7)
Riding in car/bus	82.2	17.9 (0.7)	92.9	21.8 (0.7)	79.9	17.8 (0.7)	83.5	19.0 (0.8)
Hang with friends	75.1	15.0 (0.8)	86.4	17.1 (0.9)	80.6	16.7 (0.7)	93.3	19.5 (0.7)
Travel by walking	70.1	13.3 (0.7)	82.4	15.9 (0.8)	66.8	12.6 (0.8)	81.5	16.0 (0.8)
Physical education class	73.3	11.4 (0.6)	66.8	11.8 (0.8)	66.0	11.2 (0.6)	81.2	15.0 (0.8)
Running/jogging	73.7	13.8 (0.7)	63.8	9.9 (0.8)	75.5	14.6 (0.7)	71.3	12.9 (0.9)
Recess/exercise period	82.0	18.2 (0.7)	53.4	9.8 (0.8)	81.7	17.8 (0.7)	64.1	13.4 (0.9)
Calisthenics	69.5	11.4 (0.7)	64.0	9.0 (0.6)	67.3	11.4 (0.6)	78.3	13.4 (0.8)
Indoor chores	68.7	12.4 (0.7)	80.2	13.2 (0.8)	59.0	9.7 (0.6)	69.6	9.9 (0.8)
Play catch	65.0	11.0 (0.7)	43.9	6.0 (0.7)	76.2	13.5 (0.8)	60.0	9.4 (0.8)
Shopping	66.7	10.5 (0.6)	61.5	8.0 (0.6)	62.1	8.6 (0.5)	56.2	6.5 (0.5)
Play with younger children	70.8	13.2 (0.8)	61.7	10.8 (0.7)	58.2	10.9 (0.7)	49.2	7.4 (0.8)
Walking for exercise	64.3	11.8 (0.8)	60.4	10.5 (0.9)	56.7	10.3 (0.7)	51.2	9.3 (0.8)
Reading for fun	71.4	14.1 (0.8)	51.3	8.2 (0.8)	61.5	10.2 (0.7)	38.9	5.4 (0.6)
Play with pets	60.8	13.1 (0.8)	50.0	9.6 (0.8)	58.1	12.1 (0.9)	50.7	8.6 (0.8)
Video games	52.8	9.5 (0.7)	36.3	4.7 (0.4)	71.9	13.3 (0.7)	51.0	9.1 (0.8)
Play dodge ball, kickball	53.2	9.5 (0.7)	37.4	5.5 (0.7)	66.6	12.6 (0.7)	50.8	9.5 (0.9)
Basketball	43.4	7.2 (0.6)	33.3	4.6 (0.7)	59.4	10.8 (0.7)	61.0	11.4 (0.8)
Church	60.4	8.1 (0.6)	36.7	4.3 (0.5)	56.3	7.4 (0.5)	39.2	4.2 (0.5)

Abbreviations: SE, standard error

Note: The mean number of times/month are for those who reported having done the activity at least once/week (no zero counts included). All statistics accounted for the complex design and are weighted to account for probability of selection and non-response.