SUPPLEMENTARY FIGURE 5. Regional differences in the electromyography (EMG) activity of biceps femoris long head (BFlh, normalised to maximal voluntary isometric contraction, MVIC). Panels (A)-(C) represent group mean and standard deviation (s.d.) across the stride cycle in each region for each running speed. Panels (D)-(L) show the statistical parametric maps. (D), (E) and(F) show differences between distal and middle regions; (G), (H),and (I) show differences between distal and proximal regions; (J), (K), and (L) show differences between middle and proximal regions at slow ( $4.1 \pm 0.2 \text{ m} \cdot \text{s}^{-1}$ ), moderate ( $5.4 \pm 0.3 \text{ m} \cdot \text{s}^{-1}$ ), and fast ( $6.8 \pm 0.4 \text{ m} \cdot \text{s}^{-1}$ ) running speeds, respectively. Thick black lines are the SPM{t} test statistics representing the magnitude of the differences relative to the s.d. and sample size (N=13). Critical thresholds (t\*) were calculated for each comparison after Bonferroni correction (dashed red horizontal lines; family-wise  $\alpha = 0.05$ ). SPM{t} trajectory does not cross the t\* level in any of the comparisons, indicating no statistical differences between muscle regions. Running stride sub-phases were defined as early stance (ESt), late stance (LSt), early swing (ESw), mid swing (MSw), and late swing (LSw).

