SUPPLEMENTARY FIGURE 9. Large inter-individual coefficients of variations in muscle activity levels at slow ( $4.1 \pm 0.2 \mathrm{~m} \cdot \mathrm{~s}^{-1}$ ), moderate ( $5.4 \pm 0.3 \mathrm{~m} \cdot \mathrm{~s}^{-1}$ ), and fast ( $6.8 \pm 0.4 \mathrm{~m} \cdot \mathrm{~s}^{-1}$ ) running speeds when all (up to 15 ) electromyography (EMG) channels are averaged along each muscle. Sub-phases of the running stride: early stance (ESt), late stance (LSt), early swing (ESw), mid swing (MSw), and late swing (LSw).



BFIh-to-ST EMG ratio


