

Table S4. Mean (Standard Deviation) for Physical Activity/Sedentary Estimates Obtained From activPAL and ActiGraph At Each Measurement Period and Stratified by Sex, Interactive Diet and Activity Tracking in AARP, 2012-2013.

	Males (n=450)		Females (n=464)	
	Administration 1	Administration 2	Administration 1	Administration 2
activPAL				
Sitting (hrs/day)	10.2±1.8	10.2±1.9	9.4±1.9	9.3±2.0
Standing (hrs/day)	4.0±1.5	3.9±1.4	4.6±1.6	4.6±1.7
Stepping (hrs/day)	1.8±0.7	1.8±0.7	1.7±0.6	1.7±0.6
Wear time (hrs/day)	16.0±1.0	15.9±1.0	15.6±1.1	15.6±1.1
ActiGraph				
Sedentary (hrs/day)	9.6±1.7	9.6±1.8	8.8±1.8	9.0±1.8
Light (hrs/day)	4.4±1.2	4.3±1.2	4.9±1.4	4.8±1.5
MVPA (hrs/day)	2.0±0.9	2.1±1.0	1.9±0.9	1.8±0.8
Wear time (hrs/day)	16.0±1.0	15.9±1.0	15.6±1.1	15.6±1.1