**Supplementary Table 2.** Origin details of Yerba Mate brands utilised in this study.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Brand** | **Producer (Farm)** | **Variety** | **Country of Origin** | | **Lot number** |
| Taragui | Las Marias | Regular Blend | Argentina | L 21015 53234 12:04 | |
| La Merced | Las Marias | de campo | Argentina | L 24515 09:10 A 3370 | |
| Rosamonte | Diez Hermanos | Regular Blend | Argentina | 9215 RP 18:20 | |
| Guayaquí | Guayaquí | Biodynamic | Argentina | Not available | |