**Supplemental Digital Content 6. Table: Baseline evaluation of participants at baseline who completed all study measures with those who did not.**

|  |  |  |  |
| --- | --- | --- | --- |
|  | Completed study, n=47 | Withdrew, n = 12 | P value |
| Age, y | 23.9 (2.6) | 24.9 (2.5) | 0.60 |
| Height, cm | 169.0 (8.6) | 167.8 (3.2) | 0.40 |
| BMI, kg/m2 | 23.36 (2.12) | 22.77 (2.68) | 0.92 |
| Fractional fat, % | 25.0 (5.1) | 25.9 (4.9) | 0.58 |
| 1.5 mile run time, mm:ss | 10:54 (0:54) | 10:36 (0:58) | 0.89 |
| BEDAQ score, median (IQR) | 4 (1,6) | 5 (0, 7) | 0.61 |
| BEDAQ ever dieted, ‘yes’, n (%) | 27 (52) | 6 (22) | 0.64 |

Values are Mean (SD) unless otherwise stated. BMI: body mass index, BEDAQ: brief eating disorders in athletes questionnaire, IQR: interquartile range. P values are for independent samples t-test (participants who withdrew versus those who completed the study) except for BEDAQ ever dieted, which is for Chi squared test.