**Appendices A**

1. **ICD10 Diagnosis for excluded major illnesses/** **traumas**

|  |  |
| --- | --- |
| ICD10 (start with) | Diagnosis |
| A80-A89 | Viral infections of the central nervous system |
| C69-C72 | Malignant neoplasms of eye, brain and other parts of central nervous system |
| D33 | Benign neoplasm of brain and other parts of central nervous system |
| F00-F09 | Organic, including symptomatic, mental disorders |
| G | Diseases of the nervous system |
| I60-I69 | Cerebrovascular diseases |
| M00-M03 | Infectious arthropathies |
| M05-M14 | Inflammatory polyarthropathies |
| M15  | Polyarthrosis |
| M34 | Systemic sclerosis |
| M40-M43 | Deforming dorsopathies |
| M45-M49 | Spondylopathies |
| M80-M85  | Disorders of bone density and structure |
| M90.7 | Fracture of bone in neoplastic disease |
| Q00-Q07 | Congenital malformations of the nervous system |
| S0 | Injuries to the head |
| S06 | Intracranial injury |
| S1 | Injuries to the neck |
| V | Tansport accident |

1. **ICD10 Diagnosis for excluded joint instability beyond ankle**

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| --- | --- |
| ICD10 (start with) | Diagnosis |
| knee |  |
| M235 | Chronic instability of knee |
| M236 | Other spontaneous disruption of ligament(s) of knee |
| S83 | Dislocation, sprain and strain of joints and ligaments of knee |
| M220 | Recurrent dislocation of patella |
| M221 | Recurrent subluxation of patella |
|  |  |
|  |  |
| hip |  |
| M2535 | Other instability of joint (Pelvic region and thigh) |
| M2425 | Disorder of ligament (Pelvic region and thigh) |
| S73 | Dislocation, sprain and strain of joint and ligaments of hip |
| M2445 | Recurrent dislocation and subluxation of joint (Pelvic region and thigh) |
|  |  |
| hand |  |
| M2534 | Other instability of joint (Hand) |
| M2424 | Disorder of ligament (Hand) |
| S63 | Dislocation, sprain and strain of joints and ligaments at wrist and hand level |
| M2444 | Recurrent dislocation and subluxation of joint (Hand) |
|  |  |
| elbow |  |
| M2533 | Other instability of joint (Forearm) |
| M2423 | Disorder of ligament (Forearm) |
| S53 | Dislocation, sprain and strain of joints and ligaments of elbow |
| M2443 | Recurrent dislocation and subluxation of joint (Forearm) |
|  |  |
| shoulder |
| M2531 | Other instability of joint (Shoulder region) |
| M2421 | Disorder of ligament (Shoulder region) |
| S43 | Dislocation, sprain and strain of joints and ligaments of shoulder girdle |
| M2441 | Recurrent dislocation and subluxation of joint (Shoulder region) |

1. **ICD10 Diagnosis for inclusion in Ankle Instability Group**

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| --- | --- |
| ICD10 (start with) | Diagnosis |
| M2537 | Other instability of joint (Ankle and foot) |
| S93 | Dislocation, sprain and strain of joints and ligaments at ankle and foot level |
| M2427 | Disorder of ligament (Ankle and foot) |
| M2447 | Recurrent dislocation and subluxation of joint (Ankle and foot) |