**Supplemental Table 1. Sample Characteristics (N = 264)**

| **Characteristics** | **N**a | **%**a |
| --- | --- | --- |
| **Age (Mean=39.9, SD=12.8)** |  |  |
| <25 | 10 | 3.8 |
| 25-34 | 125 | 47.3 |
| 35-44 | 50 | 18.9 |
| 45-54 | 42 | 15.9 |
| 55-64 | 31 | 11.7 |
| 65+ | 3 | 1.1 |
| **Sex** |  |  |
| Male | 28 | 10.6 |
| Female | 235 | 89.0 |
| **Race/Ethnicity** |  |  |
| Non-Hispanic White | 187 | 70.8 |
| Non-Hispanic Black | 11 | 4.2 |
| Hispanic | 4 | 1.5 |
| American Indian/Alaskan Native | 18 | 6.8 |
| Asian/Pacific Islander | 22 | 8.3 |
| Multiracial/Other | 22 | 8.3 |
| **Marital/Relationship Status** |  |  |
| Married/in a relationship | 153 | 58.0 |
| Never married/Divorced/Widowed | 110 | 41.7 |
| Missing | 1 | 0.4 |
| **Degree** |  |  |
| ADA/Diploma | 50 | 18.9 |
| BSN | 160 | 60.6 |
| Master | 37 | 14.0 |
| Doctor | 5 | 1.9 |
| Other | 12 | 4.5 |
| **Hours of workday/shift** |  |  |
| <8 hours | 2 | 0.8 |
| 8 hours | 19 | 7.2 |
| 9-10 hours | 34 | 12.9 |
| 11-12 hours | 35 | 13.3 |
| >12 hours | 174 | 65.9 |
| **Practice Setting** |  |  |
| Point of Care/Bedside | 138 | 52.3 |
| Outpatient | 52 | 19.7 |
| Community/School | 6 | 2.3 |
| Other | 18 | 6.8 |
| **Trusted Health Contracted Nurse** |  |  |
| No | 214 | 81.1 |
| Yes | 25 | 9.5 |

aNumbers may not be added up to the total due to missing values, including 3 (1.1%) for age,

1 (0.4%) for sex, 1 (0.4%) for marital/relationship status, 2 (0.8%) for hours of workday/shift, and 25 (9.5%) for Trusted Health Contracted Nurse status.