**Supplemental Digital Content, Questionnaire:**

**Questionnaire: Experienced emotions, Expected emotions, and Emotion work strategies**

**A. Experienced Emotions**

In the virtual reality simulation you played the role of the nurse. Please mark the level of emotions you experienced while playing the role of the nurse in the virtual reality simulation, on a five-point scale ranging from "Not at all" (1) to "To a great extent" (5).

1. Frustration

2. Happiness

3. Fear

4. Pride

5. Anxiousness

6. Curiosity

7. Enjoyment

**B. Expected Emotions**

While playing the role of the nurse in the virtual reality simulation, to what extent do you think that nursing teachers and clinical instructors expect you to feel the following emotions?

Please indicate your answer on a five-point scale ranging from "Not at all" (1) to "To a great extent" (5).

1. Frustration

2. Happiness

3. Fear

4. Pride

5. Anxiousness

6. Curiosity

7. Enjoyment

**C. Emotion Work**

Please circle the number that best describes how you felt while playing the role of the nurse in virtual reality. Please indicate your answer on a four-point scale ranging from "Not at all" (1) to "To a great extent " (4).

1. I took a deep breath to reduce fear

2. I pretended to feel happy, even when I did not feel that way

3. I bit my lip so as not to feel frustrated

4. I reminded myself how important it is these days to use advanced technology in order to evoke a sense of pride

5. I smiled to reduce the sense of anxiety

6. I thought about the professional challenge involved in administering medication, to evoke a sense of curiosity

7. I had a calm expression to reduce the feeling of stress

8. I “put on a mask" to show that I was having fun