Table 2. Critical appraisal of included reviews (N = 15).

|  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Authors (Year)** | **Q1** | **Q2** | **Q3** | **Q4** | **Q5** | **Q6** | **Q7** | **Q8** | **Q9** | **Q10** | **Q11** |
| Alhonkoski et al. (2021) | Y | Y | U | U | N/A | N/A | U | Y | N | N/A | N/A |
| Chen et al. (2020) | N | Y | Y | N | Y | Y | Y | U | Y | Y | Y |
| Choi et al. (2021) | Y | N | Y | N | Y | Y | Y | Y | N | Y | N |
| Coyne et al. (2021) | Y | Y | U | N | Y | Y | Y | Y | N | Y | Y |
| De Gagne et al. (2013) | N | U | U | Y | N/A | N/A | U | Y | N/A | Y | Y |
| Fealy et al. (2019) | N | Y | U | N | Y | Y | Y | N/A | N | Y | N |
| Foronda et al. (2020) | Y | Y | U | N | Y | Y | Y | Y | N | Y | Y |
| Irwin & Coutts (2015) | N | N | N | Y | N | N | N | Y | N | Y | N |
| Jallad & Işık (2021) | Y | Y | U | N | U | U | Y | Y | N | Y | Y |
| Kim et al. (2021) | Y | Y | N | N | N/A | N/A | Y | N | N | Y | Y |
| Plotzky et al. (2021) | Y | Y | Y | Y | Y | U | Y | Y | N | Y | Y |
| Rourke (2020) | Y | Y | U | N | U | N | Y | Y | N | N | N |
| Shin et al. (2019) | Y | N | U | N | Y | Y | Y | Y | N | Y | Y |
| Shorey & Ng (2021) | Y | Y | Y | N | Y | Y | Y | Y | Y | Y | Y |
| Woon et al. (2021) | N | Y | Y | N | Y | Y | Y | Y | Y | Y | Y |
| **Table legend:** Y = yes, N = no, U = unclear, N/A = not applicable.Q1 = Is the review question clearly and explicitly stated?Q2 = Were the inclusion criteria appropriate for the review question?Q3 = Was the search strategy appropriate?Q4 = Were the sources and resources used to search for studies adequate?Q5 = Were the criteria for appraising studies appropriate?Q6 = Was critical appraisal conducted by two or more reviewers independently?Q7 = Were there methods to minimize errors in data extraction?Q8 = Were the methods used to combine studies appropriate?Q9 = Was the likelihood of publication bias assessed?Q10 = Were recommendations for policy and/or practice supported by the reported data?Q11 = Were the specific directives for new research appropriate? |

Note: This table includes the results from the critical appraisal using the JBI Critical Appraisal Checklist for Systematic Reviews and Research Synthesis (Aromataris et al., 2020).