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| Table 3.Participants’ characteristics (N=137) |
| Variables | LBL group (n=69) | SAL group (n=68) | *p*-value |
| Age, years, mean (SD) | 23.9 (0.7) | 23.9 (0.7) | 0.810a |
| Income (monthly), yuan, mean (SD) | 5901.4 (2120.5) | 6052.6 (2225.9) | 0.732a |
| Gender, n (%) |  |  |  |
|  | Male | 4 (5.8) | 2 (2.9) | 0.414b |
| Female | 65 (94.2) | 66 (97.1) |
| Marital status, n (%) |  |  |  |
|  | Married | 7 (10.1) | 0 (0.0) | 0.007b |
| Unmarried | 62 (89.9) | 68 (100.0) |
| Professional title T2, n (%) |  |  |  |
|  | Junior nurse | 59 (85.5) | 57 (83.8) | 0.784b |
| Senior nurse | 10 (14.5) | 11 (16.2) |
| Work pattern T2, n (%) |  |  |  |
|  | Permanent | 37 (53.6) | 39 (57.4) | 0.732b |
| Temporary | 32 (46.4) | 29 (42.6) |
| Night shift T2, n (%) |  |  |  |
|  | No | 15 (21.7) | 7 (10.3) | 0.119c |
| 1–2 times/week | 27 (39.1) | 25 (36.8) |
| 3 times or more/week | 27 (39.1) | 36 (52.9) |
| Note: LBL, lecture-based learning; SAL, student active learning, SD, standard deviation; T, time.aIndependent sample Mann–Whitney U test, bFisher’s exact test, cPearson’s chi-square test.  |