**SDC Table 2.** Risk-of-bias assessment for randomized clinical trials

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| **Assessment**  **Items** | **MacVicar, et al., (2018)** | **Rationale** |
| **Random sequence generation (selection bias)** | Low | Participants were randomly allocated to the intervention or control group using a computer-generated randomization process. Allocation to group was not concealed after the randomization process as intervention participants were located in a specifically designated area. |
| **Allocation concealment**  **(selection bias)** | Moderate | Allocation to group was not concealed after the randomization process as intervention participants were located in a specifically designated area. |
| **Blinding of participants and personnel (performance bias)** | unclear | Not discussed in report. |
| **Blinding of outcome assessment (detection bias)** | unclear | Not discussed in report. |
| **Incomplete outcome data (attrition bias)** | unclear | Not discussed in report. |
| **Selective reporting**  **(reporting bias)** | Low | All variables identified in study aims and purpose were reported. |
| **Other bias** | Moderate | Breastfeeding was liberally defined as feeding at breast, ongoing attempts to latch onto breast, and expressed breastmilk given for >50% of oral intake. |