**Supplemental Digital Content 2** *Scores on the Self-Care of Heart Failure Index Subscales (N=195)*

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| **Subscale** | **Range** | **Mean (SD)** | **N (%) ≥ 70***\** |
| Self-Care Maintenance | 17-100 | 65.78 (16.28) | 71 (36.4) |
| Self-Care Confidence | 11-100 | 67.19 (20.93) | 87 (44.6) |
| Self-Care Management | 0-100 | 53.77 (23.31) | 56 (28.7) |
| \* Scores ≥70 on each subscale indicate adequate self-care in that domain | | | |