**Appendix 1 Interview guide**

**General questions**

* What is your experience as a group participant? Is the group meeting (or not) your expectations?
* Have you gained anything by attending this group? Please explain.
* Is there anything that you liked/disliked about the group? Is there any aspect that you find unproductive?
* How do you feel you are relating (or not) to the other men in the group?
* Please explain whether the group has assisted (or not) in dealing with distress, coping, and your overall mood. Why / why not? How?
* Have you experienced any new life challenges over the past few months? Has any aspect of the group helped you (or not) cope with that?
* Do you expect that you will continue attending the group?
* Anything else, you would like to share or add about your overall experience with the group?

**Targeted questions – specific to Supportive Expressive Therapy (SET)**

* How do you feel the group affects (if at all) your sense of being heard and validated?
* How does your group experience affect your communication and relationship with family and friends? What about communication with your medical team?
* How is the group offering (if at all) a safe place for emotional expression?
* How does the group assist (if at all) in dealing with body changes, life alterations and losses?
* How does the group assist (if at all) in dealing with fears or anxiety surrounding death and dying?
* How is the group helping (if at all) in re-evaluating life values and goals?