**Short version of symptoms/functional screening tool**

Current Symptoms/Functional screening:

postural changes in heart rate, chest pain, chest tightness, physical fatigue, fever, weight loss, difficulty with memory or brain fog, headache, mental fatigue, peripheral neuropathy/pin and needles sensation or numbness, dizziness, joint pain, muscle pain, difficulty swallowing, visual changes, changes to voice, loss of taste or smell, depressed mood, anxiety, flashbacks/nightmares, sleep disturbance

Reduced endurance, unable to complete ADLs/household tasks, unable to go up or down stairs, falls, impaired balance, need help with dressing/bathing/grooming/toileting, and need help with driving/cleaning/shopping/working/school or others

Psychosocial Concerns:

-Acute need for housing

-Food insecurity

-Basic needs

-Transportation

-Cultural, language &/or religious navigation of the healthcare system

-Others

Referred to: (Possible referral options)

-Cardiology

-Pulmonology

-Physical Medicine and Rehabilitation (If the patient has a functional decline and is at least 4 weeks out from diagnosis)

-Neurology

-Sleep Medicine (if no improvement with sleep hygiene)

-Ear, Nose and Throat

-Primary Care Behavioral Health

-Physical Therapy

-Occupational Therapy

-Speech Language Pathology

-Complex Case Management (CHW or SW- cultural and language specific navigation of the system, connection to community resources (food insecurity, basic needs, etc.)

-MVNA for Home Health Services (if on supplemental O2 and is homebound

-Nutrition

-The Great Slim Down (Weight management program)

-Neuropsychology (for cognitive changes more than 3 months post COVID, questions about cognitive ability to return to work or previous activities (independent living, etc.))

-Others

**Long version of symptoms/functional screening tool**

**COVID-19 History:**

- Date of Positive COVID-19 test:

- Date of Onset of symptoms:

- Hospitalized for COVID-19:

- Complications:

**Persistent symptoms related to Post-acute sequelae of COVID-19:**

**Cardiovascular Symptoms:**

-Palpitations

-Palpitations with postural change

-Chest pain

-Chest tightness

-None

-Others

**Respiratory Symptoms:**

-Dyspnea on exertion

-Shortness of breath

-Cough

-Requiring O2

-None

-Others

**Generalized Symptoms:**

-Physical fatigue

-Mental fatigue

-Fever

-Weight change

-None

-Others

**Neurological Symptoms:**

-Headache

-Peripheral neuropathy symptoms

-Dizziness

-Dizziness with postural change

-Sleep disturbance

-Difficulty controlling bladder or bowel

-Visual changes

-Cognitive change

-None

-Others

**Musculoskeletal Symptoms:**

-Joint pain

-Muscle pain

-None

-Others

**ENT Symptoms:**

-Difficulty swallowing

-Changes to voice

-Loss of sense of smell

-Loss of sense of taste

-None

-Others

**Psychological Symptoms:**

-Depression

-Anxiety

-Flashbacks or nightmares

-None

**Depression Screening (PHQ-9):**

**Anxiety Disorder Screen – (GAD-7):**

**Psychosocial Concerns:**

-Acute need for housing

-Food insecurity

-Basic needs

-Transportation

-Cultural, language &/or religious navigation of the healthcare system

-Others

-None

**Functional Status Assessment:**

1. Mobility Issues:

-Need to wean oxygen

-Decreased lung capacity

-Weakness

-Deconditioning

-Limited in walking ability or reduced endurance

-Unable to ascend or descend the stairs

-Falls

-Balance issues

-Dizziness

-None

-Others

2. Self Care Issues:

-Needs help with bathing

-Needs help with grooming

-Needs help with toileting

-Needs help with driving

-Needs help with working

-Needs help with cleaning

-Needs help with school

-Needs help with shopping

-Needs help with money management

-Needs help with dressing

-None

-Others

3. Cognition, communication or swallowing issues:

-Swallowing

-Communication

-Voice change

-Cognitive change (memory or concentration problem)

-None

-Others

**Referrals Needed:**

-Cardiology

-Pulmonology

-Physical Medicine and Rehabilitation (If the patient has a functional decline and is at least 4 weeks out from diagnosis)

-Neurology

-Sleep Medicine (if no improvement with sleep hygiene)

-Ear, Nose and Throat

-Primary Care Behavioral Health

-Physical Therapy

-Occupational Therapy

-Speech Language Pathology

-Complex Case Management (CHW or SW- cultural and language specific navigation of the system, connection to community resources (food insecurity, basic needs, etc.)

-MVNA for Home Health Services (if on supplemental O2 and is homebound)--Nutrition

-The Great Slim Down (Weight management program)-

-Neuropsychology (for cognitive changes more than 3 months post COVID, questions about cognitive ability to return to work or previous activities (independent living, etc.))

-Others

-None