

Appendix B

Interview Guide

The parent questionnaire consisted of the following Interview Questions:

1. What has been you, your child's, and your family's experience of having your child participate in this 5 (or 10) day intensive NDT (neurodevelopmental treatment) program?

Probe: Describe the process; tell me what brought you to the program and what instructions or information you were given prior to the process. How did you feel about this program initially?

2. How were you and your child's needs met through this NDT program?

3. What were the hopes for you and your child during this intensive NDT program?

4. What needs or hopes for you or your child were unmet with this intensive NDT program?

5. What could have been done to better help you with this whole experience?

6. What has been the hardest part for you and your child about this program?

7. How have you dealt with any difficulties with the program?

8. What has been easiest part for you and your child about the program?

9. How has this intensive program differed from other therapy your child has received?

(Probe: be sure to inquire regarding the duration and frequency of therapy)

10. Was there anything that happened specifically (positively or negatively) that you would like to share about the intensive NDT program?

11. Describe your experience with the therapists during this program.

12. If there were three top things you could discuss or pass on to other parents about the intensive NDT program -what would they be?

13. What would you do differently or what would you tell other parents or children to help them with this NDT program?

14. How was the home program for you and your family? (this question was only asked if applicable to a family- a few families had participated in an NDT intensive program in previous years. The home program was provided at the conclusion of NDT intensive program so could not have been practiced with the families participating in this research).

15. Is there anything else you would like to add?

Interview Protocol

Interviews were conducted after completion of the intensive NDT program with each interview session following the same protocol. The interview protocol consisted of the following:

1. Introduction from the researcher and a warm welcome to the participant (try to build trust and rapport at entry stage);
2. Before interview begins, review consent, assent (if applicable) and demographic forms to ensure completion of forms and for continued consent for interview;
3. Before the interview begins, ask if participant is comfortable and needs anything;
4. Ask if the participant is ready to begin the interview, and turn the tape recorder on;
5. If a break is needed for the participant, provide this whenever necessary;
6. Ask semi-structured interview questions allowing time for formation of answers and clarifications from participants;
7. Take field notes during the interview including an evaluation report of the researcher's own experiences, thoughts, and feelings;

8. At the end of the semi-structured question format, be sure the participant has nothing else to add for the interview;
9. Turn the tape recorder off, and thank the parent graciously for participating in the research; and
10. Give thank-you gift card to the participant.