

Appendix C

Example of Discipline-Specific GAS Goal

PT: Pt. will independently ambulate facing forward on a 20 % graded grassy surface incline for 5 feet without stopping/avoidance or loss of balance 5 time by the end of the week.

OT: Pt. will be able to grasp pants or underwear with each hand and push them down to mid thigh with 3 or less verbal cues 3times by the end of the week.

ST: Pt. will increase his ability to chew on the right side of his mouth by demonstrating repetitive biting/chewing 3 times before swallowing resistant solid food during therapy session with neutral placement and oral control provided by end of the week.

Abbreviations: GAS – Goal Attainment Scale; PT – physical therapy; OT – occupational therapy; ST – speech therapy