Core Minimal Dataset EN

Please complete the survey below.

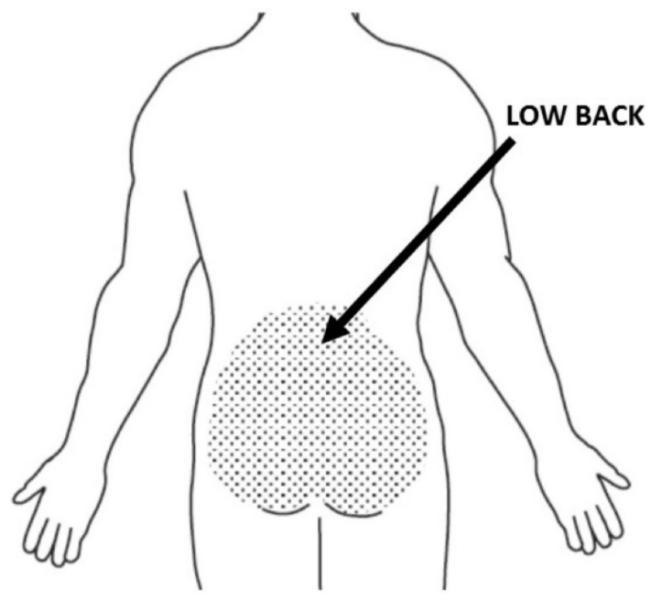
Thank you!

Questionnaire about low-back pain

Are you between 18 and 80 years old?

 \bigcirc Yes \bigcirc No

Please refer to this diagram for the following questions:



In the last 4 weeks, have you had pain in your lower back

(in the area shown on the diagram)?

○ Yes ○ No

If yes, was this pain bad enough to limit your usual activities or change your daily routine for more than one day?	○ Yes ○ No
Did your low back pain begin less than 3 months ago?	○ Yes ○ No
If yes, was this episode of pain preceded by a period of at least 3 months without pain in your lower back?	○ Yes ○ No
How long has low-back pain been an ongoing problem for you?	
Less than a month 1-2 months 3-5 months 6-11 months 1-5 years More than 5 years	
How often has low-back pain been an ongoing problem for you of Every day or nearly every day in the past 6 months At least half the days in the past 6 months Less than half the days in the past 6 months	ver the past 6 months?
In the past 7 days, how would you rate your low-back pain on average $0 = \text{No pain}$ $10 = \text{Worst imaginable pain}$ $0 1 2 3 4 5 6 7 8 0$	
Has low-back pain spread down your leg(s) during the past 2 wee (you can refer to the figure below) Yes No Not sure	eks?

₹EDCap

During the past 4 weeks, how much have you been bothered by									
Stomach pain Pain in your arms, legs, or joints (other than your spine or back)	Not bothered at all	Bothered a little	Bothered a lot						
Headaches	0	0	0						
Widespread pain (pain in most of my body)	0	O	O						
Have you ever had a low-back surge	ery?								
Yes, one surgeryYes, more than one surgeryNo									
If yes, when was your last low-back	surgery?								
Less than 6 months ago6 months or more, but less thanbetween 1 and 2 years agoMore than 2 years ago	1 year ago								
Did any of your low-back surgeries i	nvolve a spinal fusion (also	called an arthrodesis)?							
YesNoNot sure									

REDCap

Pain interference					
In the past 7 days					
	Not at all	A little bit	Somewhat	Quite a bit	Very much
How much did pain interfere with your day-to-day activities?	0	0	O	O	0
How much did pain interfere with work around the home? (e.g., garden work, renovations)	0	0	0	0	0
How much did pain interfere with your ability to participate in social activities	0	0	0	0	0
How much did pain interefere with your household chores? (e.g., house cleaning, vacuuming)	0	0 0		0	0
Have you used any of the fo	llowing treatme	nts for yoเ	ır low-back pa	in?	
	Yes I am currently using this treatment	Yes, I have treatment ir but stop	the past	No	Not sure
Opioids painkillers (prescription medications such as Codeine, Dilaudid, Duragesic, Fentanyl, Hydromorphone, Methadone, Morphine, Oxycodone, Tramadol)	0	0		0	0
Infiltrations/Injections (such as epidural steroids injections, facet injections)	0	C)	0	0
Exercise therapy	\circ	C)	\circ	\circ
Psychological counseling (such ascognitive-behavioral therapy)	0	C)	0	0
The next two questions are	for people who	normally w	ork outside th	e home	
	Yes		No	Do	os not anniv
I have been off work or unemployed for 1 month or more due to low-back pain	O		O	DOG	es not apply



I receive or have applied for disability or workers' compensation benefits because I am unable to work due to low-back pain	0	0			0	
Physical function						
	Without any difficulty	With a little difficulty	With some difficulty	With much difficulty	Unable to do	
Are you able to do chores such as vacuuming or yard work?	0	0	0	0	0	
Are you able to go up and down stairs at a normal pace?	0	0	0	\circ	0	
Are you able to go for a walk of at least 15 minutes?	0	\circ	0	0	0	
Are you able to run errands and shop?	0	0 0		0	0	
Depression In the past 7 days						
	Never	Rarely	Sometimes	Often	Always	
I felt worthless	\circ	\circ	\circ	\circ	\circ	
I felt helpless	O	0	0	O	0	
I felt depressed	0	0	O	0	0	
I felt hopeless	0	0	O	0	0	
Sleep disturbance						
In the past 7 days						
My sleep quality was	Very poor	Poor	Fair	Good	Very good	
In the past 7 days						
My sleep was refreshing	Not at all	A little bit	Somewhat	Quite a bit	Very much	



In the past 7 days					
I had a problem with my sleep I had difficulty falling asleep	Not at all	A little bit	Somewhat	Quite a bit	Very much
It's not really safe for a person with	n my low-back p	roblem to be phys	sically active.		
○ Agree○ Disagree					
I feel that my low-back pain is terri	ble and it's neve	er going to get an	y better.		
○ Agree○ Disagree					
Are you involved in a lawsuit or leg	al claim related	to your low-back	problem?		
YesNoNot sure					
In the past year					
have you consumed alcohol or used drugs more than you meant to?	Never	Rarely	y So	metimes	Often
Have you felt you wanted or needed to cut down on your drinking or drug abuse	0	0		0	0
Age (0-120 years) :					
Racial, ethnic or cultural origins (m	ark more than o	one answer if appl	icable) :		
Are you an Aboriginal person, that					
 No, not an aboriginal person Yes, First Nations - North Americ Yes, Métis Yes, Inuk (Inuit) 					

₹EDCap

Ann. 1112
Are you?
 White South asian - e.g., East Indian, Pakistani, Sri Lankan Chinese Black Filipino Latin American Arab Southeast Asian - e.g., Vietnamese, Cambodian, Malaysian, Laotian West Asian - e.g., Iranian, Afghan Korean Japanese Other:
(please specify)
Employment status (mark more than one answer if applicable): Working now full time Working now part-time Looking for work, unemployed Sick leave or maternity leave Disabled due to back pain, permanently or temporarily Disabled for reasons other than back pain Student Temporarily laid off Retired Keeping house Unknown Other: (please specify)



Education level (select the highest level attained):							
 No high school diploma High school (secondary school) diploma or equivalent Registered apprenticeship or other trades certificate or diploma (e.g., hairstyling, cooking, electrician, carpentry, etc.) College, CEGEP or other non-university certificate or diploma (e.g., accounting technology, industrial engineering technology, legal assistant, pre-university program, etc.) University certificate or diploma below bachelor's level (e.g., undergraduate certificate) Bachelor's degree (e.g., B.A., B.A. (Hons.), B.Sc., B.Ed., LL.B.) University certificate or diploma above bachelor's level (e.g., D.E.S.S., Short Graduate Program) Mater's degree (e.g., M.A., M.Sc., M.Ed., M.B.A.) Degree in medicine, dentistry, veterinary medicine or optometry (M.D., D.D.S., D.M.D., D.V.M., O.D.) Doctorate (e.g., Ph.D., Psy.D, Ed.D.) 							
How would you describe your cigarette smoking?							
 Never smoked Current smoker Used to smoke, but have now quit 							
Height:							
In feet/inches (e.g., 5'6):							
Or							
In centimeters (cm):							
Weight:							
In pounds (lbs):							
Or							
In kilograms (kg):							
Questionnaire DN4							
Please complete this questionnaire by ticking one answer for each item in the 2 questions							

Please complete this questionnaire by ticking one answer for each item in the 2 questions below

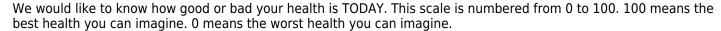
Does the pain have one or more of the following characteristics?

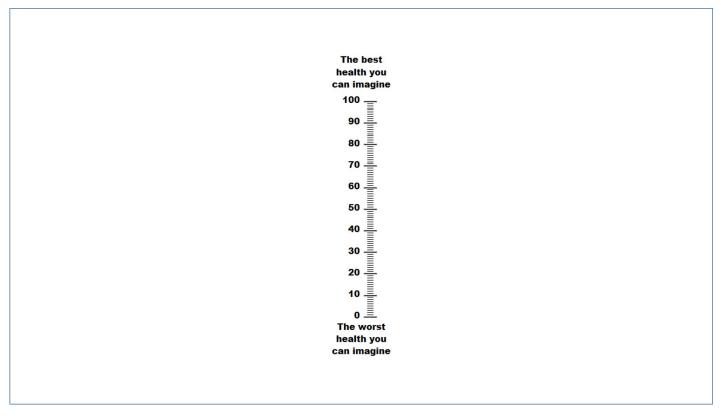
Yes No



Burning	\circ	\bigcirc
Painful cold	\circ	\circ
Electric shocks	0	0
Is the pain associated with one	or more of the following symp	otoms in the same area
	Yes	No
Tingling	\bigcirc	0
Pins and needles	<u> </u>	0
Numbness	0	0
Itching	0	0
Health Questionnaire EQ-5D-5L		
Under each heading, please tic	k the one box that best descril	bes your health TODAY
Mobility		
 ○ I have no problems in walking about ○ I have slight problems in walking als ○ I have moderate problems in walking ○ I am unable to walk about 	oout	
Self-care		
 ○ I have no problems washing or drest ○ I have slight problems washing or d ○ I have moderate problems washing ○ I have severe problems washing or ○ I am unable to wash or dress mysel 	Iressing myself or dressing myself dressing myself	
Usual Activities (e.g. work, study, hous	sework, family or leisure activities)	
 ○ I have no problem doing my usual a ○ I have slight problems doing my usual ○ I have moderate problems doing m ○ I have severe problems doing my u ○ I am unable to do my usual activities 	ual activities y usual activities sual activities	
Pain / Discomfort		
 ○ I have no pain or discomfort ○ I have slight pain or discomfort ○ I have moderate pain or discomfort ○ I have severe pain or discomfort ○ I have extreme pain or discomfort 		
Anxiety / Depression		
 ○ I am not anxious or depressed ○ I am slightly anxious or depressed ○ I am moderately anxious or depressed ○ I am severely anxious or depressed ○ I am extremely anxious or depressed 	l	

₹EDCap





Now, please write the number that indicates how your health is TODAY in the box below:

Common health problems

The following is a list of common problems.

Please indicate if you currently have the problem in the first column.

If you do not have the problem, skip to the next problem.

If you do have the problem, please indicate in the second column if you receive medications of some other type of treatment for the problem. In the third column indicate if the problem limits any of your activities.

Finally indicate all medical conditions that are not listed under "Other medical problem" at the end of the page.

I have this problem

I receive treatment for this problem

This problem limits my activities



Heart disease	\circ	\circ	\circ					
High blood pressure	\circ	\circ	\bigcirc					
Lung disease	\circ	\circ	\circ					
Ulcer or stomach disease	\circ	\circ	\circ					
Kidney disease	\circ	\circ	\circ					
Liver disease	\circ	\circ	\circ					
Anemia or other blood disease	\circ	\circ	\circ					
Cancer	\circ	\circ	\circ					
Depression	\circ	\circ	\circ					
Osteoarthritis, degenerative arthritis	0	0	0					
Back pain	\bigcirc	\bigcirc	\bigcirc					
Rheumatoid arthritis	\bigcirc	\bigcirc	\bigcirc					
Other medical problem 1	\circ	\circ	\circ					
Other medical problem 2	0	0	\circ					
If you have indicated that you have other medical problems, please specify:								

Health care and medication use

We would like to know more about your use of health care services (e.g. hospital, clinics and private doctor 's office consultations) and consumption of prescribed medications. In order to collect this information, we are asking for your permission to match your answers on this questionnaire with data from the Régie de l'assurance maladie du Québec (RAMQ) and, if applicable, from your private or group health insurance. Information that will be matched from these databases will remain strictly confidential and will only be used for research purposes.

If you agree, an authorized research team member will provide the RAMQ with your first and last names, date of birth, sex, health insurance number (RAMQ), and information about your private or group health insurance (if applicable). This information will also be sent to reMed, a research team that automatically receives data on medications from electronic service providers of community pharmacies so that patients can be reimbursed for their insurance claims. This will make it possible for us to obtain information regarding your use of health care services and prescribed medications over the past year and over the upcoming year.

All transfers of information will be done via registered mail and secured electronic files. The research team will then match the different databases. In order to protect your identity and confidentiality of your personal information, all identifying information will be permanently removed from the database matching and you will only be identified using a participant ID.



Do you consent to this matching process?
○ Yes ○ No
If yes, please complete the following section:
First name:
Last name:
Date of birth (year-month-day): For example: 1975-02-29
Email adress
Phone number
Please write your health care number, as it appears on your Quebec health insurance card (RAMQ):





Over the previous year, did you have a private or group insurance	e plan for your prescribed medicati	ons?
○ Yes ○ No		
What is the name of your private or group insurance company?		
Please refer to your insurance plan card. What is the insurer 's number (carrier ID, ID Rx (medical prescription) or insurance company number):		
What is the number of your group policy (policy, contract) as it appears on your card?		
What is your personal identification number (certificate, client, or participant number) as it appears on your card?		
How many prescriptions for medication (including renewals) do you typically purchase at the pharmacy per month (that you purchase for yourself only)?		
How many prescriptions for medication (including renewals) do you typically purchase at the pharmacy per year (that you purchase for yourself only)?		

We will contact you soon

Thank you for participating in the study!

REDCap

Supplementary Appendix 2

Administration and psychometric properties of self-reported validated scales included in the Core dataset of the Quebec Back Pain Study

Name of questionnaire	Reference	Domains measured	Target population	Number of items	Type of scale	Window of time covered by the question	Computed scores	Range of scores	Interpretation of scores	Reliability	Validity	French-Canadian version available
National Institutes of Health Research Task Force on Research Standards for Chronic Low Back Pain —	Original questionnaire: ¹ Deyo et al. 2014 Canadian adaptation: ² Lacasse et al.	LBP characteristics (chronicity, frequency, PROMIS intensity scale*, sciatica)	Adults – suffering from low back pain	4	Multiple choice & Likert scale	6m (frequen cy) 7d (intensity) 2wks (sciatica)	n/a	n/a	Answers taken at face value	Not available	Not available	² Lacasse et al. 2017
Canadian cultural adaptation	2017	Comorbid painful conditions		1	Likert scale for each of the 4 sub- items	4wks	n/a	n/a	Answers taken at face value	Not available	Not available	
		History of LBP surgical interventions		3	Multiple choice	n/a	n/a	n/a	Answers taken at face value	Not available	Not available	
		Pain interference (PROMIS scale*)		4	Likert scale	7d	Sum all items	4-20	Higher scores indicate higher levels of pain interference	$\alpha = 0.92^3$	Higher scores among those with high levels of pain catastrophizin g and those on worker's	

Name of questionnaire	Reference	Domains measured	Target population	Number of items	Type of scale	Window of time covered by the question	Computed scores	Range of scores	Interpretation of scores	Reliability	Validity	French-Canadian version available
		LBP treatments		1	Yes/no/u nsure for each of the 4 sub- items	None specified	n/a	n/a	Answers taken at face value	Not available	compensation (p < 0.001) ³ Not available	
		LBP-related workplace (absenteeism, benefits)		2	Agree/di sagree/ or n/a	1m	n/a	n/a	Answers taken at face value	Not available	Not available	
		Physical function (PROMIS scale*)		4	Likert scale	None specified	Sum all items	4-20	Higher scores indicate higher levels of physical functioning	α = 0.86 ³	Lower scores among those with high levels of pain catastrophizin g and those on worker's compensation (p < 0.001) 3	
		Emotional distress/depression		4	Likert scale	7d	Sum all items	4-20	Higher scores indicate higher levels of emotional distress	α = 0.92 ³	Higher scores among those with high levels of pain catastrophizin g and those on worker's	

Name of questionnaire	Reference	Domains measured	Target population	Number of items	Type of scale	Window of time covered by the question	Computed scores	Range of scores	Interpretation of scores	Reliability	Validity	French-Canadian version available
		Sleep disturbance		4	Likert scale	7d	Sum all items	4-20	Higher scores indicate higher levels of sleep disturbances	$\alpha = 0.81^3$	compensation $(p < 0.001)^3$ Higher scores among those with high levels of pain catastrophizin g and those on worker's compensation $(p < 0.001)^3$	
		Kinesiophobia		1	Agree/di sagree	None specified	n/a	n/a	Present/absent	n/a	Not available	
		Catastrophizing		1	Agree/di sagree	None specified	n/a	n/a	Present/absent	n/a	Not available	
		LBP-related lawsuits and legal claims		1	Agree/di sagree	None specified	n/a	n/a	Present/absent	n/a	n/a	
		Substance abuse		2	Likert scale	1yr	n/a	n/a	n/a	n/a	n/a	
		Sociodemographic profile		6	Multiple choice (except for age)	n/a	n/a	n/a	n/a	n/a	n/a	
		Smoking status		1	Multiple choice	n/a	n/a	n/a	Never, past or current smoker	n/a	n/a	
		Obesity		1	Height/w eight	n/a	Kg/m ²	n/a	Not specified	n/a	n/a	

Name of questionnaire	Reference	Domains measured	Target population	Number of items	Type of scale	Window of time covered by the question	Computed scores	Range of scores	Interpretation of scores	Reliability	Validity	French-Canadian version available
		Impact score		9	open question Likert scale	None specified	Sum all PROMIS items presented previously *	8-50	8-27 = mild impact 28-34 = moderate impact ≥35 = severe impact	Responsivenes s effect size (change/baseli ne) = 0.69 ¹	r = 0.661- 0.806 with measures of pain disability ¹	
Douleur neuropathique en 4 questions - DN4 (7 self- reported items only)	Bouhassira et al. 2015	Neuropathic component of pain	Adults – suffering from pain	7	Yes/no	None specified	Sum all items (Yes = 1; No = 0)	0-7	≥ 4 suggests presence of neuropathic pain	Sensitivity range: 74- 100% Specificity range: 45- 100% ⁴	Satisfactory criterion, content and construct validity ⁴	Original questionnaire in French
EQ-5D-5L	⁵ Herdman et al. 2011	Health related quality of life (mobility, selfcare, usual activities, pain/discomfort, anxiety/depression) and global health state	Adults – general population	6	5-point Likert scales (mobility , self- care, usual activities, pain/disc omfort, anxiety/d epressio n) and 0- 100 visual	Today	An individual health state is defined by combining responses from each of the 5 first items (3125 possible 5-digit code health states). States can then be converted into single index values such as preference weights, preference-based values, utilities, QALY weights	Variable depending on the type of index value chosen	Variable depending on the type of index value chosen	n/a as scores are often interpreted individually per category	Adequate convergent and discriminant validity ⁶	French version for Canada (EuroQol) Group © https://cloudfront.ua lberta.ca/-/media/medicine/de partments/division-of-critical-care/documents/rese arch-documents/canada-french-eq5d5l-paper-self-complete.pdf

Name of questionnaire	Reference	Domains measured	Target population	Number of items	Type of scale	Window of time covered by the question	Computed scores	Range of scores	Interpretation of scores	Reliability	Validity	French-Canadian version available
					analogue scale (global health state)		The 0-100 global health state visual analogue scale can be used directly					
Self- Administered Comorbidity Questionnaire (SCQ)	⁷ Sangha et al. 2003	Presence, treatment and interference of 13 medical conditions (heart disease, high blood pressure, lung disease, ulcer/stomach disease, kidney disease, liver disease, blood disease, cancer, depression, osteoarthritis/degener ative arthritis, back pain, rheumatoid arthritis), and 2 optional other medical problems. Medical conditions were chosen according to their frequency in general practice and commonly used comorbidity	Adults – general population	15	Yes/no	Currently	Sum all items (yes = 1; no = 0) An individual can receive a maximum of 3 points for each medical condition (1 for the presence of the problem, 1 if a treatment is received, 1 if the problem causes a limitation in functioning)	0-45	Higher scores indicate higher impact of comorbidities	Good test- retest reliability (r = 0.81) ⁷	Moderate correlation with the Charlson index $(r = 0.55)$ Good convergence validity (hospitalizatio ns in previous year $r = 0.31$ -0.37; prescription medications $r = 0.50$ -0.57; OTC medications $r = 0.46$ -0.54).	For the purposes of this study, the SCQ was adapted in French using the integral translation of medical conditions. In our opinion, no indepth cross-cultural adaptation was necessary since idiomatic, experiential, and conceptual equivalence were not a challenge with such types of items.

Name of questionnaire	Reference	Domains measured	Target population	Number of items	Type of scale	Window of time covered by the question	Computed scores	Range of scores	Interpretation of scores	Reliability	Validity	French-Canadian version available
		instruments such as the Charlson Index, the Cumulative Illness Rating Scale (CIRS), and the Index of Co- existent Disease (ICED)										

SR: self-report administration; wks: weeks; m: months; d: days; yr: years; n/a: not applicable; *PROMIS = Patient-Reported Outcomes Measurement Information System.

- 1. Deyo RA, Dworkin SF, Amtmann D, et al. Focus article report of the NIH task force on research standards for chronic low back pain. *Clin J Pain.* 2014;30(8):701-712.
- 2. Lacasse A, Roy JS, Parent AJ, et al. The Canadian minimum dataset for chronic low back pain research: a cross-cultural adaptation of the National Institutes of Health Task Force Research Standards. *CMAJ open.* 2017;5(1):E237-e248.
- 3. Deyo RA, Katrina R, Buckley DI, et al. Performance of a Patient Reported Outcomes Measurement Information System (PROMIS) Short Form in Older Adults with Chronic Musculoskeletal Pain. *Pain Med.* 2016;17(2):314-324.
- 4. Mathieson S, Maher CG, Terwee CB, Folly de Campos T, Lin CW. Neuropathic pain screening questionnaires have limited measurement properties. A systematic review. *J Clin Epidemiol*. 2015;68(8):957-966.
- 5. Herdman M, Gudex C, Lloyd A, et al. Development and preliminary testing of the new five-level version of EQ-5D (EQ-5D-5L). Qual Life Res. 2011;20(10):1727-1736.
- 6. Janssen MF, Pickard AS, Golicki D, et al. Measurement properties of the EQ-5D-5L compared to the EQ-5D-3L across eight patient groups: a multi-country study. *Quality of life research :* an international journal of quality of life aspects of treatment, care and rehabilitation. 2013;22(7):1717-1727.
- 7. Sangha O, Stucki G, Liang MH, Fossel AH, Katz JN. The Self-Administered Comorbidity Questionnaire: a new method to assess comorbidity for clinical and health services research. *Arthritis Rheum.* 2003;49(2):156-163.